



Cycling Explanatory Guide

August 2019

ABOUT THIS SPORT EXPLANATORY GUIDE

Published in August 2019, the series of Sport Explanatory Guides offer an introduction to each sport and discipline at Tokyo 2020 and provide a variety of information to help teams in their planning and preparation for the Games. This guide is divided into several sections:

- an introduction to Tokyo and the Games of the XXXII Olympiad
- sport-specific details such as competition format, schedule, venue descriptions, rules and qualification criteria
- general information regarding accreditation, ticketing, accommodation, medical services, doping control and transport
- a directory of contact details, maps and the daily competition schedule for all sports

All information provided in this Sport Explanatory Guide was correct at the time of publication, but some details may have changed prior to the Games.

NOC representatives are advised to regularly check the IOC's NOCnet and Tokyo 2020 Connect for the latest updates, especially regarding competition schedules.

Team Leaders' Guides explaining Games-time plans for sports in greater detail will be distributed to NOCs in July 2020.

WELCOME



On behalf of the Tokyo 2020 Organising Committee I am delighted to present the Cycling Explanatory Guide for the Games of the XXXII Olympiad.

In line with the growing global focus on sustainability, Tokyo 2020 will make this publication available to clients in an electronic-only format.

We are planning to provide facilities and services which will allow everyone involved in the Games to achieve all three of Tokyo 2020's core concepts: achieving personals bests, unity in diversity, and connecting to tomorrow.

The Olympic Village, Olympic Sailing Village and Olympic Cycling Village will greet athletes with comfort and warmth to allow them to perform at their peak while still enjoying Japan's traditions.

By adopting the best of Japanese culture and innovation, we aim to deliver world class venues ranging from state-of-the-art facilities, locations steeped in the history and legacy of Tokyo 1964, and spiritual homes of Japanese sport for athletes to provide a wonderful sporting spectacle for the world to share.

This guide was produced with the generous cooperation of the Union Cycliste Internationale and IOC Sport, and we trust it will assist you in your preparations for the Games.

And when you arrive in Tokyo in July 2020 we promise to welcome you with our famous *omotenashi* (Japanese spirit of hospitality).

Kind regards,

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Koji MUROFUSHI Sport Director, Tokyo 2020

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1 Introduction

Welcome to Tokyo 2020

The Olympic Games Tokyo 2020 will be a celebration of diversity and unity, traditions and technologies, reform and transformation, sustainability and the future. The following pages offer a brief introduction to Tokyo, Japan's Olympic heritage, and how Japan as a mature society will harness the power of sport and bring positive changes that will benefit the host city, the nation and the world.

Tokyo, then and now

Tokyo is a city with 400 years of history and tradition. Ever since the Edo Shogunate was established in 1603 it has developed as the centre of politics in Japan and at the beginning of the 18th century, it became one of the world's largest cities with a population of over 1 million people. After the Meiji Restoration, Tokyo became the capital of Japan. Although it was reduced to ashes twice; first by the Great Kanto Earthquake of 1923 and then by the bombings of the World War II, it was always able to rebuild itself and has continued to evolve. Tokyo maintains excellent public safety and a high-quality living environment. While the city disseminates cutting-edge technologies and new culture and trends such as anime and fashion to the world, the chic culture of Edo is still very much alive. Such a unique blend of tradition and sophistication is the allure of Tokyo. The city has many faces - if you leave the centre with its rows of skyscrapers and visit the suburbs, you will find beautiful scenery abundant with greenery and water. The islands in the Pacific Ocean, particularly the Ogasawara Islands which were added to UNESCO's World Heritage List in 2011, are yet another face of Tokyo.

©Tokyo Metropolitan Government

Climate

Tokyo has a humid subtropical climate with warm, wet summers. From late July to early September, the average daily high is 29.2-31.1 degrees Celsius (84.6-88.0 degrees Fahrenheit) and the average low is 21.8-23.3 degrees Celsius (71.2-73.9 degrees Fahrenheit), with relative humidity from approximately 60 per cent to approximately 80 per cent. The average monthly rainfall during August is 168 millimetres. The prevailing winds are from the south-west. Gale-force winds (34 knots or more for a period of 10 minutes, or gusts exceeding 43 knots) are rare, and mostly caused by typhoons. The average daylight hours in Tokyo at Games time (July to September) are from 05:00 to 18:00. Earthquakes perceptible to most people walking, or stronger, are rare, occurring on average less than once a year between 1998 and 2017 in Tokyo. More detailed 'Weather Information by Venue Zone' is available on Tokyo 2020 Connect and plans for heat countermeasures will be made available in the Team Leaders' Guides.

Tokyo in 2020

Population:

13,843,403 (est. Oct 2018)

Official language:

Japanese

Currency:

JPY (Japanese yen)

Local time

Greenwich Mean Time (GMT) +9 hrs

Area

2,191 km² (Japan: 377,972 km²)

Latitude and longitude:

35°39'29" N, 139°44'28" E

Altitude:

24m

Government:

Tokyo Metropolitan Government [www.metro.tokyo.jp/english/index.html]

The city's Olympic heritage

On 10 October 1964, the Games of the XVIII Olympiad began with the Opening Ceremony at Kasumigaoka National Stadium after which 5,133 athletes from 93 nations and regions demonstrated their exceptional abilities in 163 events across 20 sporting competitions. It was the first ever Olympic Games held in Asia and was an enormous success. In conjunction with this momentous event, Tokyo experienced dramatic development from its post-war infrastructure, including the construction of the Metropolitan Expressway and the Tokaido Shinkansen railway (the original "bullet train"). This type of major progress in its capital served as a stepping stone for an era of rapid economic growth in Japan and demonstrated to the world its miraculous restoration.

In 2020 Tokyo will become the first city to host the Paralympic Games for the second time and the Games will serve as a wonderful opportunity to embrace diversity. People from all over the world, with and without impairments, will gather in Tokyo. The Tokyo 2020 Paralympic Games will enable many people to witness the dynamic and breath-taking performances of the Para athletes, gain a real understanding of the rights and dignity of all people, and serve as a catalyst for Japan to become a fully-inclusive society.

Tokyo 2020

The Olympic Games in Brief

Sports:

33

Disciplines:

50

Medal events:

339

Athletes: 11.090

Competition venues:

42

Days of competition:

19

Competition sessions:

768*

Olympic Village official opening:

14 July 2020

Opening ceremony:

24 July 2020

Closing ceremony:

9 August 2020

*estimated

Competition venues

Many existing venues will be used for the Tokyo 2020 Games including several legacy venues from the Tokyo 1964 Games. A total of 42 venues in Tokyo and around Japan will be used for the 2020 Games.

Infinite Excitement

The venue plan for the Olympic and Paralympic Games Tokyo 2020 consists predominantly of two thematic and operational zones: the Heritage Zone which houses several iconic venues used at Tokyo 1964 and further sustain its enduring legacy; and the Tokyo Bay Zone which serves as a model for innovative urban development and symbolises the exciting future of the city. These two zones expand across the city to form an 'infinity' symbol with the Athletes' Village positioned at the point where the two zones intersect - at the physical and spiritual heart of the Games. The 'infinity' symbol embodies the boundless passion, commitment and inspiration of the world's elite athletes, the limitless potential of future generations, and the lasting legacy that will be passed on to the people of Tokyo, Japan and the world.

Heritage Zone

1 Olympic Stadium
Opening and Closing Ceremonies
Athletics
Football

- **2 Tokyo Metropolitan Gymnasium** Table Tennis
- **3 Yoyogi National Stadium** Handball
- 4 Nippon Budokan Judo Karate
- 5 Imperial Palace Garden Athletics (Race Walk)
- **6 Tokyo International Forum** Weightlifting
- **7 Kokugikan Arena**Boxing
- **8 Equestrian Park** Equestrian (Dressage, Eventing, Jumping)
- Musashino Forest Sport Plaza Badminton Modern Pentathlon (Fencing)
- Tokyo Stadium
 Football
 Rugby Sevens
 Modern Pentathlon (Swimming, Fencing, Riding, Laser-Run)
- Musashinonomori Park Cycling Road

Tokyo Bay Zone

- Ariake Arena Volleyball
- (3) Ariake Gymnastics Centre Gymnastics (Artistic, Rhythmic, Trampoline)
- Ariake Urban Sports Park Cycling (BMX Freestyle, BMX Racing) Skateboarding
- **(b)** Ariake Tennis Park
 Tennis
- **6 Odaiba Marine Park**Aquatics (Marathon Swimming)
 Triathlon
- **17** Shiokaze Park
 Beach Volleyball
- **13 Aomi Urban Sports Park** 3x3 Basketball Sport Climbing
- 19 Oi Hockey Stadium Hockey
- Sea Forest Cross-Country Course Equestrian (Eventing)
- 2 Sea Forest Waterway Canoe Sprint, Rowing
- Kasai Canoe Slalom Centre
 Canoe Slalom
- Yumenoshima Park Archery Field Archery
- Tokyo Aquatics Centre Aquatics (Swimming, Diving, Artistic Swimming)
- Tatsumi Water Polo Centre
 Aquatics (Water Polo)
- Makuhari Messe Hall A
 Taekwondo
 Wrestling
- Makuhari Messe Hall B Fencing

Other Venues

- Tsurigasaki Surfing Beach Surfing
- Saitama Super Arena Basketball
- Asaka Shooting Range Shooting
- **3** Kasumigaseki Country Club Golf
- Enoshima Yacht Harbour Sailing
- 3 Izu Velodrome Cycling Track
- Izu MTB Course Cycling Mountain Bike
- § Fuji International Speedway Cycling Road
- Fukushima Azuma Baseball Stadium Baseball Softball
- **yokohama Stadium**Baseball
 Softball
- Sapporo Dome Football
- Miyagi Stadium Football
- 4 Ibaraki Kashima Stadium Football
- 4) Saitama Stadium Football
- International Stadium Yokohama Football

READY STEADY TOKYO

Tokyo 2020 test events are branded as "READY STEADY TOKYO" and aim to express the excitement that continues to build as the Olympic and Paralympic Games Tokyo 2020 edge closer. The events began in autumn 2018 and will run until May 2020. Fifty-six test events in total will be held - some during scheduled international sporting events already taking place in Japan during the build-up to the Tokyo 2020 Games, with others comprising dedicated Olympic and Paralympic test competitions organised by Tokyo 2020.

The test events will give organisers and the Japanese public the opportunity to experience sporting events in the Olympic and Paralympic venues, in some cases for the first time. Other events will allow the Japanese public to get a glimpse of the world's best athletes in those disciplines, including potential Olympic and Paralympic Games competitors, in an exciting chance to discover new sports and new heroes ahead of the Games.

For Tokyo 2020, the objective of the test events will be to provide its management and operational staff with hands-on experience of running events and allow them to collaborate with delivery partners to ensure the smooth operation of the Games.

The test event calendar will be implemented in three waves, with the first focusing on outdoor sports and due to be held between June and September 2019. A second series of test events will be held from October 2019 to February 2020, with a final series taking place between March and May 2020, which will primarily focus on the confirmation of communication and reporting lines.

For more details, see https://tokyo2020.org/en/games/sport/testevents/

Tokyo 2020 Cultural Olympiad

The Olympic and Paralympic Games are not only a celebration of sport, they are also a cultural festival. As the grand finale of the Tokyo 2020 Participation Programme the Tokyo 2020 Organising Committee aims to increase momentum and excitement to the highest levels by hosting the Tokyo 2020 NIPPON Festival, which will promote Japan's diverse culture to domestic and global audiences.

The Tokyo 2020 NIPPON Festival is the official Cultural Olympiad of the Tokyo 2020 Games and will be held from April to September 2020 when the eyes of the world will be on Tokyo and Japan. Along with expressing Japanese culture, the festival will serve as an opportunity to engage a diverse array of people and encourage a wide range of interactions as part of its aim to realise a fully-inclusive society, engage as many people as possible in the Tokyo 2020 Games through cultural and artistic activities, and raise expectation levels for the Games.

After the Games

The Tokyo 2020 Games are more than a sporting tournament. The success of the Games also depends on the positive legacies that the Games will leave Japan and the world in a diverse variety of fields other than sport.

The Tokyo 2020 Organising Committee is collaborating with multiple stakeholders to promote a range of projects that will leave a host of enduring legacies based on the five core themes that make up the Tokyo 2020 Action and Legacy Plan: Sport and Health; Urban Planning and Sustainability; Culture and Education; Economy and Technology; and Recovery, Nationwide Benefits and Global Communication. With a successful delivery of the Games, the Tokyo 2020 Organising Committee will leave a wealth of lasting legacies across a broad range of areas to future generations.

2 Cycling overview

Cycling at the Olympic Games

Cycling was on the programme at the first modern Olympic Games in 1896 and is one of only five sports to have featured at every Olympic Games. There are currently five cycling disciplines on the Olympic programme.

BMX Racing began to take off in the late 1960s in California, USA, around the time that motocross became popular in the USA. The sport was integrated into the organisational framework of the International Cycling Union (UCI) in 1993, 15 years before BMX Racing made its first Olympic appearance at the Beijing 2008 Olympic Games.

At Tokyo 2020, the discipline of BMX Freestyle will make its debut on the Olympic programme. BMX Freestyle (Park) is a high action crowd-pleasing event, which takes place on a 'Park Course' consisting of ramps, embankments, walls and other obstacles of varying heights and sizes. Competitors are judged on tricks performed and their general movement throughout the course. Amongst other criteria, difficulty, originality, style and execution are all major factors in a riders' over-all impression score.

Mountain Bike originated in California in the 1970s when cyclists took old bikes out exploring the trails and tracks north of San Francisco. In 1976, these riders created a race that resulted in adaptations and modifications to existing bikes and from there the modern mountain bike was born. From its low-key beginnings, the sport quickly spread around the world. Cross-country Mountain Bike made its Olympic debut at Atlanta 1996 and has since featured at every Olympic Games.

Road Cycling emerged as a sport at the end of the 19th century. According to popular belief, the first ever bicycle race was held in Paris in 1868. The sport featured at the first modern Olympic Games in 1896 and since Stockholm 1912 has been included on every Olympic programme, with the individual time trial making its Olympic debut at Atlanta 1996.

Track Cycling has been around since at least 1870. When cycling was in its infancy, wooden indoor tracks were built, resembling the velodromes of today. With the exception of 1912, the discipline has been featured at every Olympic Games since Athens 1896.

Key personnel

Cycling Sport Manager: Ukyo Katayama

Cycling BMX Racing Union Cycliste Internationale (UCI)

IF Technical Delegate: Kevin MacCuish (CAN) BMX Racing Advisor: Yvan Lapraz (SUI)

Tokyo 2020 Competition Management

Cycling BMX Discipline Manager (Racing):
Max Mager (SGP)
Cycling BMX Services Manager (Racing): TBD
Cycling BMX Technical Operations Manager
(Racing): Hiroshi Takahashi (JPN)

Cycling BMX Freestyle Union Cycliste Internationale (UCI)

IF Technical Delegate: Kevin MacCuish (CAN) BMX Freestyle Advisor: Bart de Jong (NED)

Tokyo 2020 Competition Management

Cycling BMX Discipline Manager (Freestyle):
John 'Van' Homan (USA)
Cycling BMX Services Manager (Freestyle):
TBD
Cycling BMX Technical Operations Manager

(Freestyle): Hiroshi Uehara (JPN)

Cycling Mountain Bike Union Cycliste Internationale (UCI)

IF Technical Delegate: Simon Burney (GBR)

Tokyo 2020 Competition Management

Cycling Mountain Bike Discipline Manager:
Paul Davis (GBR)
Cycling Mountain Bike Services Manager:
TBD
Cycling Mountain Bike Technical Operations
Manager: Beatriz Akemi de Rezende (BRA)

Cycling Road

Union Cycliste Internationale (UCI)

IF Technical Delegate: Steve Peterson (AUS)

Tokyo 2020 Competition Management

Cycling Road Discipline Manager:
William Clinch (AUS)
Cycling Road Services Manager:
Hajime Kitta (JPN)
Cycling Road Technical Operations Manager:
Hiroki Kojima (JPN)
Cycling Road Field of Play Coordinator:
Takuya Sato (JPN)

Cycling Track

Union Cycliste Internationale (UCI)

IF Technical Delegate: TBD

Tokyo 2020 Competition Management

Cycling Track Discipline Manager: Walter Yue (HKG) Cycling Track Services Manager: TBD Cycling Track Technical Operations Manager: Katsuhiko Yamada (JPN)

For details of how to contact Tokyo 2020, IOC, UCI and JCF, see p66 (Directory).



Ukyo Katayama Cycling Sport Manager, Tokyo 2020

Born in Tokyo, Ukyo Katayama is a Japanese former racing driver and team manager, most notable for competing in Formula One for six years. He participated in 97 Grand Prix races after debuting in 1992 and scored a total of five championship points, all of them for the Tyrrell team in the 1994 season. Katayama also competed in the 24 Hours of Le Mans race in 1999, finishing second overall and first in the GTP class. In 2000 he founded Team UKYO which competed in the 500 class of the Japan Grand Touring Car series in 2001-2002 and took part in five Paris Dakar Rally races between 2002 and 2007. Katayama currently serves as the team manager for GOODSMILE Racing in the Super GT 300 class series and his Team UKYO Cycling team began competing on the UCI Continental circuit in 2012. Team UKYO has won numerous team and individual titles on the Japan Pro Tour as well as general classification victories in events such as the Tour of Japan, Tour de Taiwan and Tour de Kumano. Katayama joined the Tokyo 2020 sport management team in early 2019.



Max Mager (SGP)
Cycling BMX Discipline Manager (Racing), Tokyo 2020

Max Mager began his involvement in the sport of Cycling in 1999 as a volunteer for the Singapore Cycling Federation. He then went on to assume the role of Vice President (MTB) from 2001-2002 before being appointed to a paid position as General Manager from 2002-2005. Mager is a qualified UCI International Commissaire and tutor in BMX and MTB and has also served as Event Director at many regional and international Cycling competitions. He was Competition Manager at the inaugural 2010 Youth Olympic Games in Singapore and an International Technical Official at both the London 2012 and Rio 2016 Olympic Games. Mager joined the Tokyo 2020 sport management team in late 2018.



John 'Van' Homan (USA) Cycling BMX Discipline Manager (Freestyle), Tokyo 2020

John Homan, better known as 'Van', found his love for BMX in 1992 after entering his first BMX race when he was twelve years old. Eventually he went on to ride and compete professionally in BMX dirt, street and park events. In recent years Van has been active as a judge, head judge and consultant at many of today's major BMX Freestyle events including the UCI BMX Freestyle World Cup. He also hosts his own 'Uncovered' amateur series along with fellow BMX rider Brian Kachinsky which aims to help up-and-coming riders be discovered. Van joined the Tokyo 2020 competition management team in late 2018.



Paul Davis (GBR)
Cycling Mountain Bike Discipline Manager, Tokyo 2020

Paul Davis began Cycling at the age of 13 when delivering newspapers in his local community. His enthusiasm for Cycling continued to grow and he raced Mountain Bike, BMX and Road disciplines for nearly 30 years before finally retiring from competition in 2014. Davis left school at the age of 16 to work full-time in the construction industry as a plasterer, and after 25 years turned his attention to working in cycle retail and Cycling events as his passion for the sport grew. Initially he was involved in regional Cycling events before moving on to major national level competitions such as The Dalby Forest MTB World Cup, The Tour of Britain, The Women's Tour and Mallorca 312 before finally gaining enough expertise to work on the London 2012 Olympic Games. He followed up with a competition manager role at Rio 2016, and in late 2018 continued his journey and joined the Tokyo 2020 sport management team.



William Clinch (AUS)
Cycling Road Discipline Manager, Tokyo 2020

William Clinch began cycling competitively at the age of 12 and became president of his local cycling club in Taree, New South Wales, Australia, when he was 19. A painter by trade, Clinch continued in the role for 13 years. While still regularly racing, he gained a Referee Certificate in 1982, qualified as a UCI Continental National Commissaire in 1990 and five years later became the first Australian to get an A pass in the course to become a UCI International Commissaire. He has officiated at events in many countries since then, and been employed in Cycling competition management roles at the Doha 2006 Asian Games as well as three consecutive Commonwealth Games - Delhi 2010, Glasgow 2014 and Gold Coast 2018. Clinch also worked as a Technical Official at the Sydney 2000 Olympic Games and the Melbourne 2006 Commonwealth Games, and in 2016 was awarded a Medal of the Order of Australia (OAM) for services to Cycling. He joined the Tokyo 2020 sport management team in April 2019.



Walter Yue (HKG)
Cycling Track Discipline Manager, Tokyo 2020

Walter Yue started working in Cycling in 1992 and became an UCI International Commissaire of both Cycling Road and Cycling Track in 1995. He is the National Commissaire instructor for Cycling Road and Cycling Track in Hong Kong and was the Executive Director of the Cycling Federation of Hong Kong from 1999 to 2012. Yue has also been a race organiser for various major international cycling events in Hong Kong including Cycling Track World Cups and World Championships, and the Cycling Road Hammer Series. Apart from his background in Cycling he is a certified arborist in horticulture industry. Yue joined the Tokyo 2020 competition management team in early 2019.

Rules

All Cycling competitions will be held in accordance with the editions of the documents that are in force at the time of the Games.

UCI Cycling Regulations

[www.uci.ch/inside-uci/rules-and-regulations/regulations]

The Olympic Charter

[www.olympic.org/documents/olympic-charter]

In accordance with Rule 46 of the IOC Olympic Charter, the UCI will be responsible for the technical control and direction of the Cycling competitions at the Tokyo 2020 Olympic Games.

Clothing and equipment

Clothing and equipment used by athletes and other participants in all Cycling competitions at the Olympic Games must comply with the documents listed below.

UCI Cycling Regulations

[www.uci.ch/inside-uci/rules-and-regulations/regulations]

The Olympic Charter

<u>(www.olympic.org/documents/olympic-charter)</u> with particular reference to Rule 50: Advertising, Demonstrations, Propaganda and Bye-law to Rule 50

Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020 (distributed by the IOC to all NOCs)

Cycling competition

The sport of Cycling at the Olympic Games comprises Cycling BMX, Cycling Mountain Bike, Cycling Road and Cycling Track.

Cycling BMX

Cycling BMX is made up of two medal disciplines - BMX Racing and the newly added BMX Freestyle event which will be part of the Olympic programme for the first time at Tokyo 2020. The Cycling BMX competition will consist of four [4] medal events, summarised below:

Medal Events

| Men (2) | Women (2) |
|---------------|---------------|
| BMX Racing | BMX Racing |
| BMX Freestyle | BMX Freestyle |

Cycling BMX Racing

BMX Racing competition

The BMX Racing competition at Tokyo 2020 will be held on Thursday 30 July and Friday 31 July 2020 at the Ariake Urban Sports Park.

A total of 48 athletes may take part in the BMX Racing competition. This figure comprises 23 male and 23 female athletes, plus two (2) places - one (1) man and one (1) woman - allocated to the host country. For details of the qualification requirements, see p65 (Sport entries and qualification).

BMX Racing competition format

| Event | Event Phase | Progression | Competition Format |
|--------------------|--------------------------------------|---------------|--------------------|
| Men's BMX Racing | Quarterfinals Semifinals Final | | Bracket |
| Women's BMX Racing | Quarterfinals Semifinals Final | Qualification | Bracket |

Quarterfinals and semifinals

- Quarterfinals and semifinals are each held over three runs. There are four heats of a maximum six riders in the quarterfinals and two heats of a maximum eight riders in the semifinals. The quarterfinals are seeded using the latest UCI BMX Racing individual rankings
- For each run, points are awarded according to each rider's finish position (first scores 1 point, second scores 2 points, and so on)
- Scores of each run are added together and the four riders with the lowest total number of points in each heat qualify for the next phase
- Riders who 'Did Not Finish' (DNF) a run receive a score equal to the number of riders who started the run and remain eligible to qualify
- Riders who are 'Relegated' (REL) receive a score equal to the number of riders who started the run plus two points and remain eligible to qualify
- Riders who 'Did Not Start' (DNS) a run receive a score equal to the number of riders in the start list of the run plus two points
- Riders who fail to start more than one run within the same phase are not eligible to progress in the competition
- Riders who are 'Disqualified' (DSQ) are excluded from the competition and are not ranked

Final

- The final is held over a single run. Every rider receives a rank, with the exception of disqualified riders
- If the photo-finish cannot break ties on the finish line, riders will share the same rank

Gate selection order

- For each run, riders can select a preferred gate
- For the first run in the quarterfinals, the riders within each heat can select a gate start position in order of seeding within their heat
- \bullet The gate selection order for all other runs is determined by the time from the previous run
- If two or more riders have the same time in the previous run, ties are broken by the seeding order for the quarterfinals
- If two or more riders have received a results mark (i.e. DNF, REL, DNS) in the previous run, the gate selection order is DNF, REL, DNS
- If two or more riders have received the same results mark in the previous run, the gate selection order is decided by the seeding order for the quarterfinals

BMX Racing competition schedule

| Day 6 | | Thu 30 Jul | | | |
|---------------|-------|--|-------------------|----------------------------|--|
| Session BMX01 | | Start:10:00 | End:12:00 | Ariake Urban Sports Park | |
| Time | Total | Event name | | | |
| 10:00 - 10:20 | 0:20 | Men's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4 | | | |
| 10:20 - 10:40 | 0:20 | Women's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4 | | | |
| 10:40 - 11:00 | 0:20 | Men's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4 | | | |
| 11:00 - 11:20 | 0:20 | Women's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4 | | | |
| 11:20 - 11:40 | 0:20 | Men's Racing | Quarterfinals, R | un 3 - Heat 1 to Heat 4 | |
| 11:40 - 12:00 | 0:20 | Women's Rac | ing Quarterfinals | , Run 3 - Heat 1 to Heat 4 | |

| Day 7 | | Fri 31 Jul | | |
|---------------|-------|---|---------------------|--------------------------|
| Session BMX02 | | Start:10:00 | End:12:20 | Ariake Urban Sports Park |
| Time | Total | Event name | | |
| 10:00 - 10:08 | 0:08 | Men's Racing | Semifinals, Run 1 | - Heat 1 to Heat 2 |
| 10:08 - 10:16 | 0:08 | Women's Rac | ing Semifinals, Rui | n 1 - Heat 1 to Heat 2 |
| 10:30 - 10:38 | 0:08 | Men's Racing Semifinals, Run 2 - Heat 1 to Heat 2 | | |
| 10:38 - 10:46 | 0:08 | Women's Racing Semifinals, Run 2 - Heat 1 to Heat 2 | | |
| 11:00 - 11:08 | 0:08 | Men's Racing Semifinals, Run 3 - Heat 1 to Heat 2 | | - Heat 1 to Heat 2 |
| 11:08 - 11:16 | 0:08 | Women's Rac | ing Semifinals, Rui | n 3 - Heat 1 to Heat 2 |
| 11:40 - 11:45 | 0:05 | Men's Racing Final | | |
| 11:48 - 11:53 | 0:05 | Women's Racing Final | | |
| 11:58 - 12:08 | 0:10 | Men's Racing | Victory Ceremony | |
| 12:08 - 12:18 | 0:10 | Women's Rac | ing Victory Ceremo | ny |

Competition venue

Ariake Urban Sports Park

1-7 Ariake Koto-ku Tokyo Japan

The Ariake Urban Sports Park is one of the Tokyo Bay Zone venues and will have a gross capacity of 5,000 for BMX Racing competition at Tokyo 2020. The BMX Racing track will be between 400m and 450m long.

Facilities

- lounge for athletes including refreshments, internet access (wireless and cabled), chairs, tables, sofas and a television
- changing rooms with toilets and showers
- bike maintenance and repair Shimano Neutral Service will be available on all training and competition days
- mixed zone where accredited media interview athletes after competition
- doping control station (p62 Anti-Doping)
- medical services (p60 Medical services)
- sport information desk (p64 Sport information)

Training venue

Ariake Urban Sports Park

1-7 Ariake Koto-ku Tokyo Japan

Training will also take place at the Ariake Urban Sports Park, which will be open to athletes for BMX Racing training from Sunday 26 July 2020 to Wednesday 29 July 2020.

Facilities

- lounge for athletes including refreshments, wireless and cabled internet access, chairs, tables, sofas and a television
- changing rooms with toilets and showers
- bike maintenance and repair Shimano Neutral Service will be available on all training and competition days
- doping control station
- medical services
- sport information desk

Cycling BMX Freestyle

BMX Freestyle competition

The BMX Freestyle Park competition at the Tokyo 2020 Olympic Games will be held on Saturday 1 August 2020 and Sunday 2 August 2020 at the Ariake Urban Sport Park.

A total of 18 athletes may take part in the BMX Freestyle Park competition. This figure comprises eight (8) men and eight (8) women, plus two (2) places - one (1) man and one (1) woman - allocated to the host country. For details of the qualification requirements, see p65 (Sport entries and qualification).

BMX Freestyle competition format

| Event | Event Phase | Progression | Competition Format |
|----------------------------|-------------|--------------|--------------------|
| Men's BMX Freestyle Park | Seeding | Seeding | In-line |
| | Final | Single phase | In-line |
| Women's BMX Freestyle Park | Seeding | Seeding | In-line |
| | Final | Single phase | In-line |

The competition for each gender is divided into the following phases: Seeding and Final

• There are five judges who score each rider between 0.00 and 99.99 points for a particular run. The official score for a run is calculated as the average of the scores given by each judge.

Seeding

- The purpose of the Seeding phase is to determine the start order for the Final
- The start order for the Seeding is in reverse order of the latest UCI BMX Freestyle Park individual ranking (the higher ranked rider starting later)
- During the Seeding phase, each rider makes two (2) runs of one (1) minute
- All riders do their first run in seeding order, after which all riders go for their second run in the same order
- The total score for the Seeding phase is calculated as the average score from both runs (average of official score run 1 and official score run 2)
- Any rider not starting in both runs of the Seeding phase shall be scored as Did Not Start (DNS) and shall not advance to the Final phase, unless excused by the Official Doctor due to an injury suffered earlier during the Seeding phase. In that case, the rider shall receive a score based upon the riding completed, if any.

Final

- During the Final each rider makes two (2) runs of one (1) minute
- All riders do their first run in reverse order of the results of the Seeding phase, after which all riders go for their second run in the same order
- The total score for the Final is calculated as the best score from both runs (highest of official scores for each run)

BMX Freestyle competition schedule

| Day 8 | | Sat 1 Aug | |
|---------------|-------|--------------------------------|--------------------------|
| Session BMX03 | | Start:10:10 End:12:20 | Ariake Urban Sports Park |
| Time | Total | Event name | |
| 10:10 - 11:10 | 1:00 | Women's Freestyle Park Seedin | g Run |
| 11:20 - 12:20 | 1:00 | Men's Freestyle Park Seeding R | un |

| Day 9 | | Sun 2 Aug | | |
|---------------|-------|---------------|--------------------|--------------------------|
| Session BMX04 | | Start:10:10 | End:12:45 | Ariake Urban Sports Park |
| Time | Total | Event name | | |
| 10:10 - 11:1 | 1:00 | Women's Fre | estyle Park Final | |
| 11:20 - 12:2 | 1:00 | Men's Freesty | yle Park Final | |
| 12:25 - 12:3 | 0:10 | Women's Fre | estyle Park Victo | ry Ceremony |
| 12:35 - 12:4 | 0:10 | Men's Freesty | yle Park Victory (| Ceremony |

Competition venue

Ariake Urban Sports Park

1-7 Ariake Koto-ku Tokyo Japan

The Ariake Urban Sports Park is one of the Tokyo Bay Zone venues and will have a gross capacity of 6,600 for BMX Freestyle competition at Tokyo 2020. The field of play is a BMX Freestyle Park which is 35m wide and 50m long.

Facilities

- lounge for athletes including refreshments, wireless and cabled internet access, chairs, tables, sofas and a television
- changing rooms with toilets and showers
- bike maintenance and repair Shimano Neutral Service will be available on all training and competition days
- mixed zone where accredited media conduct interviews with athletes after competition
- doping control station (p62 Anti-Doping)
- medical services (p60 Medical services)
- sport information desk (p64 Sport information)

Training venue

Ariake Urban Sports Park

1-7 Ariake Koto-ku Tokyo Japan

The competition venue at Ariake Urban Sports Park will be open to athletes for BMX Freestyle Park training from Monday 27 July to Friday 31 July 2020.

Facilities

- lounge for athletes including refreshments, wireless and cabled internet access, chairs, tables, sofas and a television
- changing rooms with toilets and showers
- bike maintenance and repair Shimano Neutral Service will be available on all training and competition days
- doping control station
- medical services
- sport information desk

Cycling Mountain Bike

Cycling Mountain Bike competition

The Cycling Mountain Bike competition at Tokyo 2020 will be held on Monday 27 and Tuesday 28 July 2020 at the Izu MTB Course in Izu City, Shizuoka. The competition will consist of two (2) medal events, summarised below:

Medal Events

| Men (1) | Women (1) |
|---------------|---------------|
| Cross-country | Cross-country |

A total of 76 athletes may take part in the Cycling Mountain Bike competition. This figure comprises 37 male and 37 female athletes, plus two (2) places - one (1) man and one (1) woman - allocated to the host country. For details of the qualification requirements, see p65 (Sport entries and qualification).

Competition format

The Cycling Mountain Bike events for both men and women are mass start events. Riders will be seeded into a starting grid according to their current UCI ranking and will then complete one (1) start loop, plus a specified number of laps of the course. The first rider across the line will be declared the winner. The number of laps for each event will be confirmed at the Team Managers' meeting in order to ensure a winning time of between 1hr 20mins and 1hr 40 mins. The number of laps may be changed up to two (2) hours before the start of the race, depending on the track and weather conditions.

Competition schedule

| Day 3 | | Mon 27 Jul | |
|--------------------|-------|--------------------------------------|----------------|
| Session MTB(| 1 | Start:15:00 End:17:00 | Izu MTB Course |
| Time | Total | Event name | |
| 15:00 - 17:00 2:00 | | Men's Cross-country | |
| | | Men's Cross-country Victory Ceremony | |

Victory Ceremony will take place within 5mins of the field of play being called clear and will last c.10mins

| Day 4 | | Tue 28 Jul | |
|--------------------|-------|--|----------------|
| Session MTB02 | | Start:15:00 End:17:00 | Izu MTB Course |
| Time | Total | Event name | |
| 15:00 - 17:00 2:00 | | Women's Cross-country | |
| | | Women's Cross-country Victory Ceremony | |

Victory Ceremony will take place within 5mins of the field of play being called clear and will last c.10mins

Competition venue

Izu MTB Course

1826 Oono Izu-shi Shizuoka Japan

The Cycling Mountain Bike competition will be held at the Izu MTB Course. The course is laid out over 150 hectares near Shuzenji in Izu City and is part of an existing cycling sports park with facilities suitable for all types of cyclists, ranging from professionals to families and young children. The Izu MTB Course will have a gross capacity of 11,500 for the Tokyo 2020 competition.

Field of play

The Izu MTB Course for Tokyo 2020 is 4.1km long, including a 1.3km start loop. The course will have a mix of some man-made rock features but will utilise the natural environment of trees and roots, and the undulating terrain. It has an elevation change of 85m, a maximum track width of 8m and a minimum track width of 1m.

Facilities

- lounge for athletes including refreshments, wireless internet access, chairs, tables, sofas and a television
- bike wash with hoses and power washers located in the athletes' area
- changing rooms with toilets and showers (separate facilities for men and women)
- bike maintenance and repair Shimano Neutral Service will be available on all training and competition days
- mixed zone where accredited media interview athletes after competition
- doping control station (p62 Anti-Doping)
- medical services (p60 Medical services)
- sport information desk (p64 Sport information)
- team tents each NOC will be allocated a 5m x 5m lockable tent, with access to power, water, tables and chairs
- a limited number of rollers will also be available

Training venue

Izu MTB Course

1826 Oono Izu-shi Shizuoka Japan

Training for the Cycling Mountain Bike competition will take place at the competition venue, the Izu MTB Course.

The venue will be open for training from Thursday 23 July to Sunday 26 July 2020.

Facilities

- changing rooms and showers (separate facilities for men and women)
- lounge area
- catering services
- medical services

Cycling Road

Cycling Road competition

The Cycling Road competition at Tokyo 2020 will be held on Saturday 25 July, Sunday 26 July and Wednesday 29 July 2020. The competition will consist of four (4) medal events, summarised below:

Medal Events

| Men (2) | Women (2) | | |
|-----------------------|-----------------------|--|--|
| Road Race | Road Race | | |
| Individual Time Trial | Individual Time Trial | | |

A total of 197 athletes may take part in the Cycling Road competition. This number comprises 130 male and 67 female athletes with four (4) places – two (2) men and two (2) women – allocated to the host country. For details of the qualification requirements, see p65 (Sport entries and qualification).

Cycling Road competition format

The Road Race is a mass start event, and the first rider in each event to cross the finish line will be declared the winner. For the Individual Time Trial, riders will start at fixed intervals, and the fastest rider over the course in each event will be declared the winner.

Draw

The confirmation of riders and technical meetings will be held either two (2) days before the Road Race or on the day before the first competition day. The same process will be followed for the Individual Time Trial competitions.

Cycling Road competition schedule

| Day 1 | | Sat 25 Jul | | |
|---------------|-------|----------------------------------|-----------------------------|--|
| Session CRD01 | | Start:11:00 End:18:15 | Fuji International Speedway | |
| Time | Total | Event name | | |
| 11:00 - 18:00 | 7:00 | Men's Road Race | | |
| 18:00 - 18:15 | 0:15 | Men's Road Race Victory Ceremony | | |

| Day 2 | | Sun 26 Jul | | |
|---------------|-------|------------------------------------|-----------|-----------------------------|
| Session CRD02 | | Start:13:00 | End:17:35 | Fuji International Speedway |
| Time | Total | Event name | | |
| 13:00 - 17:20 | 4:20 | Women's Road Race | | |
| 17:20 - 17:35 | 0:15 | Women's Road Race Victory Ceremony | | |

| Day 5 | | | Wed 29 Jul | | |
|---------|---------|-------|--|-----------|-----------------------------|
| Session | CRD03 | | Start:11:30 | End:12:55 | Fuji International Speedway |
| Tii | me | Total | Event name | | |
| 11:30 | - 12:55 | 1:25 | Women's Individual Time Trial | | |
| | | | Women's Ind. Time Trial Victory Ceremony | | |

| Session CRD04 | | Start:14:00 | End:17:20 | Fuji International Speedway |
|---------------|-------|--|-----------|-----------------------------|
| Time | Total | Event name | | |
| 14:00 - 17:20 | 3:20 | Men's Individual Time Trial | | |
| | | Men's Ind. Time Trial Victory Ceremony | | |

Victory Ceremony will take place within 5mins of the field of play being called clear and will last c.10mins

Competition venues

Musashinonomori Park

3 Asahicho Fuchu-shi Tokyo Japan

Located west of central Tokyo, Musashinonomori Park will be the starting point of the Road Cycling road race events. The park is home to a large number of cherry and maple trees which provide magnificent displays of colour in spring and autumn in the Japanese capital.

Fuji International Speedway

694 Nakahinata Oyama-cho Sunto-gun Shizuoka Japan

Fuji International Speedway is a motor racing circuit south-west of Tokyo, and is set in the shadows of the majestic Mt Fujiyama. The circuit, used by a number of international motorsport series, boasts the latest technology and facilities required at a world-class sporting event, and will serve as the venue of the Cycling Road time trial events and the finish of the Olympic road races. It will have a gross capacity of 22,000 for the Olympic Games Tokyo 2020. The venue will also be the site of the Cycling Road events for the Paralympic Games.

Individual Time Trial

Men's: distance 44.2km, elevation gain 846m (approx.)

Women's: distance 22.1km, elevation gain 423m (approx.)

Start/Finish: Fuji International Speedway

Time Trial course description

Fuji International Speedway circuit: 22.1km

Start: Start/Finish line of Fuji International Speedway

Start (elevation 591m); descent of 4.9km, exiting Fuji International Speedway track after 2.7km, until lowest point of 455m; 5.4km climb to highest point 676m; 5.2km descent to Fuji International Speedway track entrance at 15.5km mark; 2.0km climb to Pit Lane at 590m; slight 2.5km descent; slight 2.1km climb to finish (elevation 591m).

Finish: Start/Finish line of Fuji International Speedway

Facilities

Facilities at the start/finish areas of both the Road Race and the Individual Time Trial events will include:

- changing rooms (separate facilities for men and women)
- lounges for athletes and officials
- catering services
- space for bicycle maintenance and repair services
- team tent and preparation areas
- warm-up area with rollers
- mixed zone where accredited media interview athletes after competition
- sport information desk (p64 Sport information)
- medical services (p60 Medical services)
- doping control station (p62 Anti-Doping)

Training venue

Fuji International Speedway

694 Nakahinata Oyama-cho Sunto-gun Shizuoka Japan

Facilities

Facilities at the venue for training will include:

- changing rooms (separate facilities for men and women)
- lounges for athletes and officials
- catering services
- space for bicycle maintenance and repair services
- team tent and preparation areas
- warm-up area with rollers
- mixed zone where accredited media interview athletes after competition
- sport information desk (p64 Sport information)
- medical services (p60 Medical services)
- doping control station (p62 Anti-Doping)

Cycling Track

Cycling Track competition

The Cycling Track competition at Tokyo 2020 will be held from Monday 3 August to Sunday 9 August 2020 at the Izu Velodrome in Izu City, Shizuoka. The competition will include twelve (12) medal events, summarised below:

Medal Events

| Men (6) | Women (6) |
|--------------|--------------|
| Team Sprint | Team Sprint |
| Sprint | Sprint |
| Keirin | Keirin |
| Team Pursuit | Team Pursuit |
| Omnium | Omnium |
| Madison | Madison |

A total of 189 athletes (98 men and 91 women) may take part in Cycling Track competition. For details of the qualification requirements, see p65 (Sport entries and qualification)

Cycling Track competition format

The Olympic Cycling Track programme features six (6) events each for men and women, contested separately. The competition format for all events is the same for each gender unless stated otherwise.

Team Sprint

The Team Sprint event consists of three (3) phases: qualifying, first round and finals. For men the qualifying round is run over three (3) laps by teams of three (3), who must each lead for one (1) lap of the race. For women it is run over two (2) laps by teams of two (2), who must each lead for one (1) lap of the race.

The qualifying round determines the eight (8) best teams based on times, and these times are used to set the start lists for the first round. The four (4) winning teams in the first round will qualify for the finals. The teams with the two (2) best times ride the final for gold, and the other two (2) teams compete for bronze.

The four losing teams from the first competition round shall dispute the finals for places 5-8. The teams having made the 5th and 6th fastest time shall ride the final for places 5-6 and the other two teams shall ride the final for places 7-8.

In case of a tie (to the closest one-thousandth of a second), the team with the fastest time over the last lap will be declared the winner.

Keirin

The Keirin event consists of five (5) stages: first round, first round repechages, second round, third round and finals.

The Keirin is a race in which riders complete a three (3) lap sprint after first riding three (3) laps in a bunch behind a motorcycle pacer in order to progressively reach a specific speed. The pacer starts at 30km/h and gradually increases to 50km/h before leaving the track with three (3) laps remaining.

There are 30 riders in five (5) heats of six (6) riders, with ten (10) athletes (the first two from each heat) qualifying for the second round. The 20 riders who do not qualify from the first round are divided into four (4) heats of five (5) riders for the first round repechage. The first two (2) of each heat join the other ten (10) riders in the second round.

In the second round, the 18 riders are divided into three (3) heats of six each. The first four (4) athletes of each heat proceed to the semifinals.

The 12 riders in the semifinals are divided into two (2) heats of six. The first three (3) athletes of each heat proceed to the final and the six (6) losers compete for places 7-12.

Sprint

The Sprint competition consists of 10 phases: qualifying, 1/32 finals, 1/32 finals repechages, 1/16 finals, 1/16 finals repechages, 1/8 finals, 1/8 finals repechages, quarterfinals, semifinals and finals.

During the qualifying phase all riders will complete a 200m flying start (time trial after two-and-a-half build-up laps) to determine the fastest 24 riders for the Sprint competition and the seeding order for the 1/32 finals.

From the 1/32 finals onwards it is a head-to-head competition. The winners proceed to the 1/16 finals while losers go to the 1/32 repechages for a second chance to compete in the next phase.

In the 1/16 finals, the winners of the eight (8) heats qualify for the 1/8 finals. The four (4) remaining 1/8 final places will be filled by the winners of the 1/16 repechages.

In the 1/8 finals, the winners of the six (6) heats qualify for the quarterfinals. The two (2) remaining quarterfinal places will be filled by the winners of two (2) 1/8 final repechages which will have three riders each.

From the quarterfinals onwards, two-up matches over two (2) races (with a third deciding race, if necessary) will be held. Winners of the quarterfinals advance to the semifinals while losers ride for places 5-8.

Winners of the semifinals will compete for the gold medal while the losers ride for bronze.

In the case of a tie (to the closest one-thousandth of a second) in the 200m flying start, the riders concerned will be classified according to the best time in the last 100m. If the last 100m time cannot be recorded or if the riders are still tied, the riders concerned will be classified by drawing lots.

Team Pursuit

The Team Pursuit is raced by men and women over 4,000m.

The Team Pursuit will begin with a qualifying round. The eight (8) teams that record the best times in the qualifying rounds will be matched up in the first round as follows:

- heat 1: sixth fastest against seventh fastest
- heat 2: fifth fastest against eighth fastest
- heat 3: second fastest against third fastest
- heat 4: first fastest against fourth fastest

The winners of heats three (3) and four (4) in the first round then race in the final for the gold medal.

The remaining six (6) teams are ranked by times in the first round and paired as follows:

- two (2) fastest teams ride the for the bronze medal
- next two (2) fastest teams ride for fifth and sixth places
- last two (2) teams ride for seventh and eighth places

Omnium

The Omnium is a combined competition in which riders must compete in four (4) races in the following order: scratch race, tempo race, elimination race and points race.

For the first three [3] races, the winner of each race scores 40 points, the second 38, third 36 and so on. Riders start the fourth race (the points race) with all points gained over the first three [3] events. In addition, they have all points accrued in sprints or by taking laps during the points race also considered. The winner of the Omnium is the rider who has accumulated the most points overall.

Scratch

A bunch race run over 10km for men and 7.5km for women.

Tempo race

Men cover 10km and women cover 7.5km. The placing is determined according to accumulated points won by riders:

- After the first 4 laps, sprints shall be conducted every lap. The first rider in each sprint shall be awarded 1 point, including for the final sprint.
- Any rider that gains a lap on the main field is awarded 20 points.
- Any rider that loses a lap on the main field is deducted 20 points.

Elimination race

A bunch race during which the last rider crossing the line at each intermediate sprint (every 2 laps) is eliminated.

Points race

Men cover 25km and women cover 20km. The final placing is determined according to accumulated points won by riders:

- Sprints occur every 10 laps, with points awarded as follows: five (5) points for first, three (3) points for second, two (2) points for third and one (1) point for fourth. Points awarded in the last sprint after the full distance are doubled (10 points, 6 points, 2 points).
- Any rider that gains a lap on the main field will be awarded 20 points.
- Any rider that loses a lap on the main field will have 20 points deducted.

In the event of a tie in the final ranking, the places in the final sprint of the points race shall break the tie.

Madison

A relay race for teams of two riders compete over 50km (200 laps) for men and 30km (120 laps) for women. While one team member races, the other slows down, recovers and continues to circle above the uppermost blue marking on the track known as the stayer's line.

The riders take turns to join hands and sling their teammate into the race. Teams score points in intermediate sprints held every 10 laps. The first team in each intermediate sprint is awarded 5 points, second 3 points, third 2 points and fourth 1 point. Final sprints are awarded double points. Teams gain 20 points for taking a lap and are deducted 20 points for losing a lap. The team with the most points accumulated at the finish wins.

Competition schedule

| Day 10 | | Mon 3 Aug | |
|---------------|-------|--|---------------|
| Session CTR01 | | Start:15:30 End:18:30 | Izu Velodrome |
| Time | Total | Event name | |
| 15:30 - 15:54 | 0:24 | Women's Team Sprint - Qualifying | |
| 15:54 - 16:50 | 0:56 | Women's Team Pursuit - Qualifying | |
| 16:50 - 17:02 | 0:12 | Women's Team Sprint - First Round | |
| 17:02 - 17:58 | 0:56 | Men's Team Pursuit - Qualifying | |
| 18:00 - 18:12 | 0:12 | Women's Team Sprint - Finals | |
| 18:20 - 18:28 | 0:08 | Women's Team Sprint - Victory Ceremony | |

| Day 11 | | Tue 4 Aug |
|---------------|-------|---|
| Session CTR02 | | Start:15:30 End:18:10 Izu Velodrome |
| Time | Total | Event name |
| 15:30 - 15:58 | 0:28 | Women's Team Pursuit - First Round |
| 15:58 - 16:22 | 0:24 | Men's Team Sprint - Qualifying |
| 16:22 - 16:50 | 0:28 | Men's Team Pursuit - First Round |
| 16:50 - 17:02 | 0:12 | Men's Team Sprint - First Round |
| 17:05 - 17:33 | 0:28 | Women's Team Pursuit - Finals |
| 17:35 - 17:47 | 0:12 | Men's Team Sprint - Finals |
| 17:47 - 17:57 | 0:10 | Women's Team Pursuit - Victory Ceremony |
| 17:57 - 18:07 | 0:10 | Men's Team Sprint - Victory Ceremony |

| Day 12 | | Wed 5 Aug | |
|---------------|-------|---|---------------|
| Session CTR03 | | Start:15:30 End:19:00 | Izu Velodrome |
| Time | Total | Event name | |
| 15:30 - 16:10 | 0:40 | Men's Sprint - Qualifying | |
| 16:10 - 16:35 | 0:25 | Women's Keirin - First Round | |
| 16:35 - 17:11 | 0:36 | Men's Sprint - 1/32 Finals | |
| 17:11 - 17:31 | 0:20 | Women's Keirin - First Round Repechages | |
| 17:31 - 17:43 | 0:12 | Men's Sprint - 1/32 Finals Repechages | |
| 17:45 - 18:13 | 0:28 | Men's Team Pursuit - Finals | |
| 18:13 - 18:37 | 0:24 | Men's Sprint - 1/16 Finals | |
| 18:37 - 18:47 | 0:10 | Men's Team Pursuit - Victory Ceremony | |
| 18:47 - 18:59 | 0:12 | Men's Sprint - 1/16 Finals Repechages | |

| Day 13 | | Thu 6 Aug | |
|---------------|-------|---------------------------------------|---------------|
| Session CTR04 | | Start:15:30 End:18:50 | Izu Velodrome |
| Time | Total | Event name | |
| 15:30 - 15:48 | 0:18 | Men's Omnium - Scratch Race 1\4 | |
| 15:48 - 16:06 | 0:18 | Men's Sprint - 1/8 Finals | |
| 16:06 - 16:21 | 0:15 | Women's Keirin - Second Round | |
| 16:21 - 16:27 | 0:06 | Men's Sprint - 1/8 Finals Repechages | |
| 16:27 - 16:45 | 0:18 | Men's Omnium - Tempo Race 2\4 | |
| 16:45 - 16:57 | 0:12 | Men's Sprint - 1/4 Finals (1st) | |
| 16:57 - 17:07 | 0:10 | Women's Keirin - Third Round | |
| 17:07 - 17:25 | 0:18 | Men's Omnium - Elimination Race 3\4 | |
| 17:25 - 17:37 | 0:12 | Men's Sprint - 1/4 Finals (2nd) | |
| 17:37 - 17:42 | 0:05 | Women's Keirin - Final places 7 to 12 | |
| 17:45 - 17:50 | 0:05 | Women's Keirin - Finals | |
| 17:50 - 17:53 | 0:03 | Men's Sprint - 1/4 Finals (3rd i.r.) | |
| 17:55 - 18:27 | 0:32 | Men's Omnium - Points race 4\4 | |
| 18:27 - 18:30 | 0:03 | Men's Sprint - Final places 5 to 8 | |
| 18:30 - 18:38 | 0:08 | Women's Keirin - Victory Ceremony | |
| 18:38 - 18:46 | 0:08 | Men's Omnium Victory Ceremony | |

| Day 14 | | | Fri 7 Aug | | | | | | | | |
|---------|---------|-------|----------------|--|---------------|--|--|--|--|--|--|
| Session | CTR05 | | Start:15:30 | End:19:15 | Izu Velodrome | | | | | | |
| Tir | me | Total | Event name | | | | | | | | |
| 15:30 | - 16:10 | 0:40 | Women's Spri | nt - Qualifying | | | | | | | |
| 16:10 | - 16:16 | 0:06 | Men's Sprint - | Men's Sprint - 1/2 Finals (1st) | | | | | | | |
| 16:16 | - 16:52 | 0:36 | Women's Spri | nt - 1/32 Finals | | | | | | | |
| 16:52 | - 16:58 | 0:06 | Men's Sprint - | n's Sprint - 1/2 Finals (2nd) | | | | | | | |
| 16:58 | - 17:10 | 0:12 | Women's Spri | omen's Sprint - 1/32 Finals Repechages | | | | | | | |
| 17:10 | - 17:13 | 0:03 | Men's Sprint - | Men's Sprint - 1/2 Finals (3rd i.r.) | | | | | | | |
| 17:15 | - 17:57 | 0:42 | Women's Mad | lison - Final | | | | | | | |
| 18:00 | - 18:06 | 0:06 | Men's Sprint - | Final places 3-4 & 1-2 (1st) | | | | | | | |
| 18:06 | - 18:30 | 0:24 | Women's Spri | nt - 1/16 Finals | | | | | | | |
| 18:35 | - 18:41 | 0:06 | Men's Sprint - | Final places 3-4 & 1-2 (2nd) | | | | | | | |
| 18:41 | - 18:49 | 0:08 | Women's Mad | dison - Victory Ceremony | | | | | | | |
| 18:50 | - 18:53 | 0:03 | Men's Sprint - | Final places 3-4 & 1-2 (3rd i.r.) | | | | | | | |
| 18:53 | - 19:05 | 0:12 | Women's Spri | nt - 1/16 Finals Repechages | | | | | | | |
| 19:05 | - 19:13 | 0:08 | Men's Sprint - | Victory Ceremony | | | | | | | |

| Day 15 | | Sat 8 Aug | |
|---------------|-------|--|---------------|
| Session CTR06 | | Start:15:30 End:18:25 | Izu Velodrome |
| Time | Total | Event name | |
| 15:30 - 15:48 | 0:18 | Women's Sprint - 1/8 Finals | |
| 15:48 - 16:13 | 0:25 | Men's Keirin - First Round | |
| 16:13 - 16:19 | 0:06 | Women's Sprint - 1/8 Finals Repechages | |
| 16:19 - 16:39 | 0:20 | Men's Keirin - First round Repechages | |
| 16:39 - 16:51 | 0:12 | Women's Sprint - 1/4 Finals (1st) | |
| 16:55 - 17:55 | 1:00 | Men's Madison - Final | |
| 17:55 - 18:07 | 0:12 | Women's Sprint - 1/4 Finals (2nd) | |
| 18:07 - 18:15 | 0:08 | Men's Madison - Victory Ceremony | |
| 18:15 - 18:21 | 0:06 | Women's Sprint - 1/4 Finals (3rd i.r.) | |

| Day 16 | | Sun 9 Aug | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|
| Session CTR07 | | Start:10:00 End:13:15 Izu Velodrome | | | | | | | | |
| Time | Total | Event name | | | | | | | | |
| 10:00 - 10:18 | 0:18 | Women's Omnium - Scratch Race 1\4 | | | | | | | | |
| 10:18 - 10:24 | 0:06 | Women's Sprint - 1/2 Finals (1st) | | | | | | | | |
| 10:24 - 10:39 | 0:15 | Men's Keirin - Second Round | | | | | | | | |
| 10:39 - 10:45 | 0:06 | Women's Sprint - 1/2 Finals (2nd) | | | | | | | | |
| 10:45 - 11:03 | 0:18 | Women's Omnium - Tempo Race 2\4 | | | | | | | | |
| 11:03 - 11:06 | 0:03 | Women's Sprint - 1/2 Finals (3rd i.r.) | | | | | | | | |
| 11:06 - 11:09 | 0:03 | Women's Sprint - Final places 5 to 8 | | | | | | | | |
| 11:09 - 11:19 | 0:10 | Men's Keirin - Third Round | | | | | | | | |
| 11:20 - 11:26 | 0:06 | Women's Sprint - Final places 3-4 & 1-2 (1st) | | | | | | | | |
| 11:26 - 11:44 | 0:18 | Women's Omnium - Elimination Race 3\4 | | | | | | | | |
| 11:45 - 11:51 | 0:06 | Women's Sprint - Final places 3-4 & 1-2 (2nd) | | | | | | | | |
| 11:51 - 11:56 | 0:05 | Men's Keirin - Final places 7 to 12 | | | | | | | | |
| 12:00 - 12:05 | 0:05 | Men's Keirin - Final 1 - 6 | | | | | | | | |
| 12:05 - 12:08 | 0:03 | Women's Sprint - Final places 3-4 & 1-2 (3rd i.r.) | | | | | | | | |
| 12:15 - 12:23 | 0:08 | Men's Keirin - Victory Ceremony | | | | | | | | |
| 12:25 - 12:55 | 0:30 | Women's Omnium - Points Race 4\4 | | | | | | | | |
| 12:55 - 13:03 | 0:08 | Women's Sprint - Victory Ceremony | | | | | | | | |
| 13:05 - 13:13 | 0:08 | Women's Omnium - Victory Ceremony | | | | | | | | |

i.r. = if required

Competition venue

Izu Velodrome

1826 Oono Izu-shi Shizuoka Japan

The Izu Velodrome will host the Cycling Track events at Tokyo 2020. The venue is part of an extensive cycling sports park near Shuzenji in Izu City and the gross capacity for Tokyo 2020 competition will be 3,600.

The track and all equipment will be presented in accordance with the UCI Cycling Regulations.

Facilities

- lounge for athletes including refreshments, internet access, chairs, tables, sofas and a television
- changing rooms including toilets and showers (separate facilities for women and men)
- bike maintenance and repair Shimano Neutral Service will be available to competing athletes on all training and competition days
- doping control station (p62 Anti-Doping)
- medical services (p60 Medical services)
- sport information desk (p64 Sport information)
- catering services
- team cabins each NOC will be allocated a lockable container, water, tables and chairs limited number of rollers and turbo trainers will be available
- cycle racks
- mixed zone where accredited media interview athletes after competition
- facilities for team meetings

Training venue

Izu Velodrome

1826 Oono Izu-shi Shizuoka Japan

Training for the Cycling Track competition will also take place at the Izu Velodrome, which will be open for training from Tuesday 14 July to Sunday 9 August 2020. The facilities at Izu Velodrome during training session times will include:

- lounge for athletes including refreshments, internet access, chairs, tables, sofas and a television
- changing rooms and showers (separate facilities for women and men)
- bike maintenance and repair Shimano Neutral Service will be available to competing athletes on all training and competition days
- medical services
- physiotherapy area
- sport equipment storage

General information

Accreditation

Overview

The National Olympic Committees are responsible for completing the registration process for all members of its delegation. This includes:

- athletes
- team management
- team officials including veterinarians, grooms, caddies and Olympic Village administrative personnel
- alternate athletes, training partners and personal coaches
- NOC office holders
- dignitaries
- guests
- horse owners
- drivers
- press
- recipients of Olympic Village Guest Passes
- recipients of Training Venues Passes

The registration process for all populations will be completed using the Accreditation, Sport Entries and Guest Pass functionalities of the Tokyo 2020 Games Management System (GMS).

The Olympic Identity and Accreditation Card (OIAC) is the official document that identifies each person participating in the Olympic Games, and ensures they are granted appropriate access to Games venues to fulfil their roles. The accreditation process also ensures that Games participants are granted entry to Japan for the period of the Games.

Full details of the accreditation process for the Tokyo 2020, including categories, quotas, entitlements and policies will be published in the NOC Accreditation Manual in November 2019. The IOC's 'Accreditation at the Olympic Games Detailed Specifications' (early 2019 version) is a useful reference document.

Sport Entries is a fundamental part of the registration process for athletes. The number of athletes in an NOC delegation determines the number of accreditations available to the NOC for many other populations, especially for team officials.

Below is the accreditation timeline for NOCs:

| Date | Activity |
|---------------------|---|
| Nov 2019 | Tokyo 2020 publishes NOC Accreditation Manual and associated registration materials on Tokyo 2020 Connect |
| 2 Dec 2019 | Accreditation functionality of Tokyo 2020 GMS opens (NOCs will only be provided with access after completing and returning Responsible Organisation Undertaking and User Account Request forms) |
| 10 Apr 2020 | Deadline for NOCs to submit all applications for accreditation (all categories) through Tokyo 2020 GMS |
| Apr - May 2020 | Pre-Delegation Registration Meetings (Pre-DRMs) |
| May - Jun 2020 | Tokyo 2020 produces and dispatches Pre-Valid Cards (PVCs) to NOCs |
| 24 Apr - 6 Oct 2020 | PVCs valid as an entry document for Japan |
| 6 Jul 2020 | Deadline for NOCs to submit Sport Entries through Tokyo 2020 GMS |
| 8-22 Jul 2020 | Delegation Registration Meetings (DRMs) at the Olympic Village Team Processing Centre |
| 12 Jul 2020 | Start of PVC validation for NOC delegation members at Tokyo International Airport (Haneda) and Narita International Airport, and at other accreditation facilities (participants will only be able to validate after completion of their NOC's DRM) |
| 24 Jul - 9 Aug 2020 | Olympic Games Tokyo 2020 |

Application process

It is the NOC's responsibility to appropriately register athletes, team officials, dignitaries and press from its territory, in compliance with the Olympic Charter and according to a defined role detailed in the IOC's Accreditation at the Olympic Games Detailed Specifications (early 2019 version).

Applications for accreditation for all NOC delegation members must be submitted to Tokyo 2020 no later than 10 April 2020 to ensure Pre-Valid Cards (PVCs) can be produced and dispatched for delivery to NOCs before the departure of delegates travelling to the Games.

NOCs should collect and submit required personal information from all potential members of the NOC delegation, including all athletes and team officials on the 'long list' through the Tokyo 2020 GMS Accreditation functionality.

A complete application for accreditation consists of the personal information required on the application form and a digital photograph of the applicant that meets specifications. A document explaining details of the required data fields, acceptable identity documents and photograph specifications can be found on Tokyo 2020 Connect.

Conditions of Participation

As required by the IOC and in accordance with Rule 40 of the Olympic Charter, all NOC delegation members must complete and sign a Conditions of Participation form, acknowledging their compliance with the IOC and International Federation (IF) rules regarding Games participation and the World Anti-Doping Code.

Each individual applicant must provide their original signature onto a hard-copy of the Conditions of Participation form. The form will be available in English and French. The NOC President, Secretary General or Chef de Mission must countersign each form (electronic signatures and signature stamps will not be accepted). Each form must also contain the NOC's official stamp.

Only original signed (and countersigned as appropriate) copies of the Conditions of Participation form will be accepted by Tokyo 2020, and must be received at, or prior to, each NOC's Delegation Registration Meeting (DRM). However, NOCs are strongly encouraged to return the forms to Tokyo 2020 by secure/tracked post, or in person if the opportunity arises, such as an NOC visit to Tokyo or the Pre-DRMs. Submitting the completed forms prior to the DRM will ensure that the accreditation section of the DRM can be completed promptly and that delegation members will not be delayed when validating their accreditation and entering the Olympic Village. Accreditation cannot be validated until the Conditions of Participation form has been received and confirmed in the Tokyo 2020 GMS.

A parent or legal guardian of all participants who have not reached 18 years of age (or the age of majority in their country where this is greater than 18 years) on the date of signing the Conditions of Participation form must also complete and sign a Parent/Legal Guardian Acknowledgement of Consent for Minors form. Without a signed form, underage athletes will not be able to compete, and underage officials will not be eligible for accreditation at Tokyo 2020.

Pre-Valid Cards and entry into Japan

The Tokyo 2020 Accreditation team will produce Pre-Valid Cards (PVCs) for all NOC delegates whose attendance at the Games has been confirmed during the Pre-DRMs. The production and distribution process will commence as soon as the Pre-DRMs have been completed.

PVCs will be dispatched to a single location, usually the NOC's head office. It is the responsibility of each NOC to distribute the PVCs to their delegation members before they travel to Japan for the Games.

The OIAC in the PVC format will serve as an entry document to Japan when accompanied by a valid passport or travel document from 24 April to 6 October 2020, for a maximum stay of 90 consecutive days. The OIAC will facilitate entry into Japan only; accredited Games participants coming to Japan via another country are responsible for obtaining the necessary documentation for entry/transit into that country if required for their nationality.

The PVC/OIAC is valid for multiple entries between these dates. The same passport or travel document used in the application for accreditation should be presented with the PVC/OIAC upon every entry into Japan.

The PVC/OIAC is valid in this way for all nationalities, through all ports of entry. Delegation members should travel with their PVC in their hand luggage ready for inspection with their passport or travel document by their airline, airport and immigration authorities if required during departure, transit and arrival. Accredited Games participants arriving with their PVC will be entitled to use dedicated or priority lanes at immigration and customs when entering Japan through selected Official Ports of Entry.

Tokyo 2020 and the relevant Japanese Government authorities will work with airlines and immigration services worldwide to ensure that all necessary authorities are aware that the PVC can be used as a visa waiver to travel to Japan for the Games.

Tokyo 2020 strongly recommends that all accredited Games participants travel with their PVC even if they would not normally need a visa to enter Japan due to their nationality. This is to demonstrate to airline, airport and immigration authorities the reason for travel, as well as to facilitate a smooth journey through the airport upon arrival in Japan and onward travel to accommodation.

All non-Japanese nationals will be required to complete a Disembarkation Card for Foreign Nationals and present it at the immigration counter. The cards are usually distributed by airlines during inbound flights to Japan. A separate card is required for each individual.

Accredited Games participants with requirements to stay in Japan for more than 90 consecutive days will be required to obtain a Certificate of Eligibility prior to departure from their country of residence, and present this to the immigration authorities alongside the PVC and valid passport or travel document upon entry to Japan. For more information and detailed instructions on how to obtain the Certificate of Eligibility, please refer to the Tokyo 2020 Visa and Entry Guide which can be found on Tokyo 2020 Connect.

Tokyo 2020 may not be able to produce and dispatch PVCs for individuals whose application for accreditation is submitted after the deadline. In such cases it will be the responsibility of the NOC and the individual to obtain an entry visa for Japan (if required for their nationality) through the normal process. This also applies to all non-accredited NOC personnel including recipients of Training Venue Passes and Olympic Village Guest Passes. Further information on the normal entry and visa processes can be found in the Tokyo 2020 Visa and Entry Guide.

Accreditation validation and Games-time operations

Individuals arriving in Japan through Tokyo International Airport (Haneda, HND) or Narita International Airport (NRT) will be able to validate their PVCs at the airport, provided their NOC's DRM has been completed.

Individuals arriving through other Ports of Entry should proceed to the appropriate main accreditation centre to complete the accreditation validation process.

Each individual must attend an accreditation facility in person to complete the validation process. Individuals should bring their PVC and the valid identity document that was provided to Tokyo 2020 in the accreditation application.

The Tokyo 2020 Accreditation team will be present at all competition venues, as well as operating the main accreditation centres in the relevant locations for each stakeholder group.

The table below lists all accreditation facilities and the services provided.

| Location | PVC validation | Card production | Transfer requests | Lost - stolen replacement | Help desk |
|--|----------------|--------------------|----------------------|---------------------------|-----------|
| Tokyo Narita Airport (NRT) | Yes | No | No | No | No |
| Tokyo Haneda Airport (HND) | Yes | No | No | No | No |
| Olympic Village Accreditation Centre (at the Team Processing Centre) | Yes | Yes | Yes | Yes | Yes |
| Olympic Family Accreditation Centre (at Okura Hotel) | Yes | Yes | No | Yes | Yes |
| Main Press Centre (MPC) Accreditation Centre | Yes | Yes | No | Yes | Yes |
| International Broadcast Centre (IBC) Accreditation Centre | Yes | Yes Yes No | | Yes | Yes |
| Olympic Sailing Village Accreditation Centre | Yes | Yes No | | Yes | Limited* |
| Olympic Cycling Village Accreditation Centre | Yes | Yes Yes No | | Yes | Limited* |
| Miyagi Stadium Venue Accreditation Office (VAO) | Yes | Yes No | | Yes | Limited* |
| Sapporo Dome VAO | Yes | Yes | No | Yes | Limited* |
| Izu Velodrome and MTB Course VAO | Yes | Yes | No | Yes | Limited* |
| Enoshima Yacht Harbour VAO | Yes | Yes | No | Yes | Limited* |
| Fukushima Azuma Baseball Stadium VAO | Yes | Yes | No | Yes | Limited* |
| VAOs at all other competition venues | Yes | No | No | Yes | No |

^{*} In some cases, help may be provided remotely by the Accreditation team from the Olympic Village

Ticketing and accredited seating

Games-time ticket sales

At Games time, available tickets may be purchased through https://tokyo2020.org/ or at any of the following locations:

- Olympic Village (ticket box office at the Village Plaza)
- competition venues (ticket box offices operate on competition days at relevant venues)

Complimentary sport tickets

Athletes and officials may access the athletes' stand during competition for their own discipline(s) without a ticket, upon presentation of their Olympic Identity and Accreditation Card (OIAC). In order to watch competitions at venues in disciplines other than their own, athletes and officials will require a ticket.

NOC Chefs de Mission may request complimentary sport tickets called DDA (Different Discipline Athlete) tickets for their delegation members before the event through the DDA ticket request system provided by Tokyo 2020. DDA tickets will be limited in number, and demand is expected to exceed supply for many venues.

NOC Services will allocate DDA tickets according to factors such as seating capacity, delegation size, NOC participation in a relevant discipline or sport, and so on. Chefs de Mission or their ticketing proxy card holders will be able to collect DDA tickets from the NOC Services Centre in the Olympic Village.

Accommodation

During the Tokyo 2020 Olympic Games, the Olympic Village will accommodate 18,000 athletes and team officials. Additional residential facilities will be provided in the Olympic Sailing and Cycling Villages, specific grooms' accommodation, Football accommodation, Baseball and Softball accommodation and Additional Team Officials' (ATOs') accommodation.

A brief summary of the Olympic Village follows below.

Olympic Village

The Olympic Village is in the Harumi district on Tokyo's waterfront. It will officially open at 08:00 on Tuesday 14 July 2020 and close at 18:00 on Wednesday 12 August 2020.

It is conveniently located to allow access to competition venues in both the Heritage Zone and Tokyo Bay Zone, as well as famous tourist landmarks of Tokyo.

The Satellite Villages are located outside Tokyo: the Olympic Sailing Village in Oiso-cho, Kanagawa Prefecture and the Olympic Cycling Village in Izu city, Shizuoka Prefecture.

Commencing from 08:00 on Tuesday 14 July 2020, once DRMs and Inventory & Inspections (I&Is)

have been completed for an NOC, all athletes and team officials from that NOC residing in the Olympic Village can proceed to the Team Processing Centre (TPC, formerly known as the Welcome Centre), where luggage and equipment will be screened.

Accommodation

The Olympic Village has 3,800 apartment units in 21 residential buildings of 14 to 18 floors each. The buildings are divided into four residential areas and the Village is surrounded by ocean on three sides. Apartments will contain two to eight beds and include bedrooms and a common space. The number of bathrooms per apartment will depend on the number of residents, and some apartments will contain a combined bedroom/common space. Free-of-charge wi-fi services will be available in residential buildings.

Please note, in Japan the ground floor is called "first floor" and it continues to the second and third floor onwards. Buttons in lifts start from 1 and continue to 2, 3, 4 onwards.

Residential Centre

To service the four residential areas in the Olympic Village, there are five residential centres. Four residential centres will operate 24 hours a day with the fifth open from 07:00 to 22:00. Each residential centre will have a front desk to assist resolving issues related to accommodation services in the Village, including housekeeping requests, maintenance issues and lost keys. The residential centres will also provide general information services, Info terminals, internet access, and lounge and meeting facilities.

Multi-Function Complex (MFC)

The Multi-Function Complex (MFC) in the Olympic Village is a building of three floors which houses a number of services including the Polyclinic, casual dining facilities, recreation rooms, fitness centre, gymnasium and multi-faith centre.

Food services

The Main Dining Hall will be located in the Residential Zone adjacent to the Athlete Transport Mall and will operate on a 24-hour basis from Tuesday 14 July to Wednesday 12 August 2020. A menu, rotated on an eight-day cycle, will provide a wide range of meal choices and cater to all nutritional needs.

Additional dining options in the Olympic Village will include 'grab-and-go' stations in the residence areas, casual dining in the MFC area as well as the Village Plaza Cafe in the Village Plaza.

From Tuesday 14 July to Sunday 9 August 2020, Athlete Venue Meals (AVMs) will be available for athletes and officials who will be away from the Olympic Village for longer than four hours due to competition or training.

AVMs must be ordered from the Sport Information Centre (SIC) at the Olympic Village in advance. Meals will be prepared at the venue and available for collection from the Athletes' Lounge.

AVMs will be cold packed meals consisting of sandwiches, salads, fruits, desserts, yogurt, etc. Vegetarian meals are available but need to be specified when ordering.

Fitness Centre

The fitness centre and gymnasium is located on the third floor of the MFC. The facility is open 24 hours a day except when temporarily closed for cleaning or maintenance. There will be a significant

selection of cardiovascular equipment and weights (benches and free weights), power racks, space for stretching and warming-up/down, and conditioning space for flexibility exercises. The shower and sauna areas are separated by gender and will be available for all residents.

Athletes' Lounges

The Athletes' Lounges, including socialising areas and TV lounge, are located in residential buildings and will be an area where athletes can congregate and relax.

Electronic Games Room

Arcade games and TV games are available in the electronic games room located on the second floor of the MFC and open between 10:00 and 24:00. Other recreation facilities besides those described above will be communicated in the Chefs de Mission Manual.

Multi-faith Centre

Tokyo 2020 will provide a multi-faith centre for worship and meditation on the third floor of the MFC. It will contain representatives of the following religions: Buddhism, Christianity, Hinduism, Islam and Judaism and will open between 07:00 and 22:00.

Village Plaza

The Village Plaza, located next to the main entrance of the Olympic Village, is designed as a communication spot for athletes, team officials, guests and media. The Village Plaza comprises a number of retail outlets with Tokyo 2020 commodities, bank, cafe, etc.

Sustainably constructed from locally-sourced timber, the materials will be re-used after the Games by various local governments to build legacy facilities.

The Village Plaza is a one-story temporary building with accessible toilet facilities.

Olympic Sailing Village

The Olympic Sailing Village is located in Oiso in Kanagawa Prefecture, approximately 21km away from the Sailing competition venue and 70km from the Olympic Village. All athletes and team officials involved in the Tokyo 2020 Sailing competition will stay at the Olympic Sailing Village.

The Olympic Sailing Village uses an existing hotel (Oiso Prince Hotel), which is located in an outstanding location on Sagami Bay. In addition, there is a hot spring facility adjacent to the hotel and a popular outdoor pool called Oiso Long Beach. These facilities can be used for a fee. This hotel is also a legacy facility which was used as the Sailing Village at Tokyo 1964 Games.

Olympic Cycling Village

The Olympic Cycling Village is located in Izu in Shizuoka Prefecture, about 20km from the cycling competition site and 160km from the Olympic Village. All Tokyo 2020 Cycling Track and Cycling Mountain Bike athletes and team officials will stay at the Olympic Cycling Village.

The Olympic Cycling Village will use an existing resort hotel (Laforet Resort Shuzenji) which is surrounded by forest. Mt. Fuji can be seen from the premises and it is an ideal environment for athletes to relax as it includes natural hot springs.

Transport

During the Tokyo 2020 Olympic Games, the TA (Transport for Athletes) system will provide transport services for athletes and team officials (Aa, Ac, Ao and P alternate athletes) and their accompanying luggage and personal sport equipment from Tuesday 14 July to Wednesday 12 August 2020. The TA bus system will provide the following transport services:

- arrival and departure services from/to Tokyo International Airport (Haneda)/Narita International Airport to/from the Olympic Village
- arrival and departure services from/to Tokyo International Airport (Haneda)/Narita International Airport to/from the Olympic Sailing Village/Olympic Cycling Village
- arrival and departure services from/to the airports or stations in the Football co-host cities to/from the official hotels
- arrival and departure services from/to the stations in the Baseball/Softball co-host cities to/from the official hotels
- transport between the Olympic Village and official competition/training venues
- transport between the Olympic Sailing Village/Olympic Cycling Village and official competition/ training venues
- transport between the official hotels and official competition/training venues in the Football co-host cities
- transport between the official hotels and official competition/training venues in the Baseball/ Softball co-host cities
- Inter Village Connection Service (IVCS) connecting the Olympic Village, the Olympic Cycling Village and the Olympic Sailing Village
- Internal Village Transport Service (IVTS) operating inside the Olympic Village
- Different Discipline Athlete (DDA) spectator services
- Ceremony transport services between Villages (Olympic Village Olympic Sailing Village/ Olympic Village Olympic Cycling Village)

TA training and competition services

Transport services for athletes and team officials for training and competition have been planned and developed in consultation with the international federations and in accordance with the requirements for each sport. TA system vehicles will vary in size, seating capacity and model.

Regularly scheduled transport services will connect athletes to designated training venues. The service will commence on Tuesday 14 July 2020 and will continue until the close of each sport's individual training sessions/competition schedule end.

On competition days, the number of buses serving competition venues will be reduced during hours of competition as demand is expected to be low. Peak periods are the three (3)-hour period before competition begins and the two (2)-hour period after the end of the competition.

Inter Village Connection Service (IVCS)

The Inter Village Connection Service (IVCS) will connect the Olympic Village and the satellite Villages daily. Athletes and team officials will be able to move between the Olympic Villages as well as connect with other transport services departing from the Village Transport Mall. This service will operate between Tuesday 14 July and Monday 10 August 2020. Operational hours and frequency will be communicated in January 2020 on Tokyo 2020 Connect.

Internal Village Transport Service (IVTS)

The Internal Village Transport Service (IVTS) shuttle will operate inside the Olympic Village and will connect the main points of the Village including the transport mall and the Main Dining Hall in the Residential Zone.

The operational information will be communicated in the Chefs de Mission Manual.

Equipment transfers

Tokyo 2020 Logistics will operate a scheduled free service for transferring athlete sport equipment between the Olympic Village and competition and training venues. Please note this service does not include transfers to and from non-competition venues other than the Olympic Village.

NOCs can request assistance with inter-venue transfers from the Logistics desk at the NOC Services Centre in the Olympic Village.

Public transport (TP)

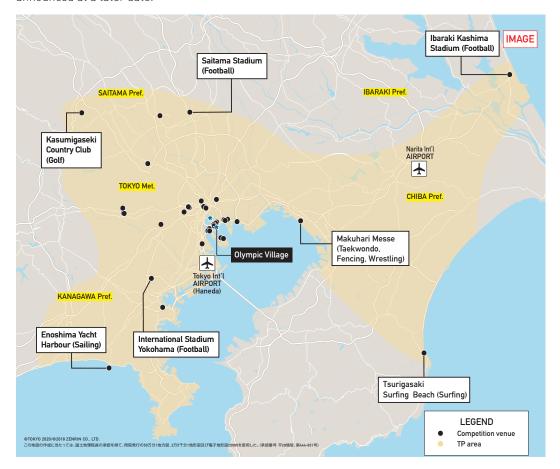
Accreditation holders will be provided with a public transport card, which can be used an unlimited number of times to travel free of charge on railway, subway and monorails between Friday 10 July and Wednesday 12 August 2020.

Transport cards will be provided upon validation of Pre-Valid Card (PVCs), except at accreditation validation counters located outside of the transport card service area.

The service area will include competition venues, training venues and official hotels in the Tokyo area, and Narita and Tokyo (Haneda) International Airports (for details, see map below).

Users will need to pay additional fees if they go beyond the service area, use limited express trains or make seat reservations.

The public transport card is not transferable. Some details are currently under consideration, such as use of transport cards on buses, and procedures for loss and reissue. More information will be announced at a later date.



Medical services

Public health services, including disease surveillance, communicable disease control, food and water quality control and air quality monitoring will be in place throughout Japan during the Games.

There are no vaccination requirements for entering Japan, but all NOC representatives are advised to consult their local physician prior to travelling to Japan to ensure up to date vaccinations for all Vaccine Preventable Diseases according to pre-travel advice.

A basic summary of medical services at the Games is given below. Full details will be provided in the Healthcare Guide which will be distributed to NOCs by Tokyo 2020 no later than six (6) months before the Games

Olympic Village Polyclinic

The Village Polyclinic will be located in the Residential Zone of the Olympic Village and will be the main treatment provider for athletes and NOC team officials during the Games. The Village Polyclinic will be open from Tuesday 14 July to Wednesday 12 August 2020 from 07:00 to 23:00, with emergency services operating 24 hours a day.

Services in the Polyclinic will include:

- emergency services
- orthopaedics (primary care and sports medicine for injury)
- internal medicine (primary care and sports medicine for illness)
- female athlete medicine (sports medicine for female athletes)
- dentistry
- ophthalmology
- specialised medical services
- physical therapy including cryotherapy (icing, ice baths)
- laboratory services
- imaging
- pharmacy

NOC doctors

NOC team doctors must register in advance with Tokyo 2020 to provide medical services to members of their delegation during the Games. Registration is free of charge. Full details of the registration process will be sent to NOCs in August 2019.

In cases where it is necessary for NOC delegation members to be transferred to a hospital, an NOC team doctor may accompany the patient and discuss clinical management with the hospital medical team. The hospital medical team will provide treatment as the NOC team doctor is not permitted to practice at hospitals in Japan. The clinical responsibility reverts to the NOC team doctor upon discharge from the hospital.

NOC team doctors will be able to prescribe medicine at the pharmacy in the Olympic Village Polyclinic and request imaging and laboratory testing.

Olympic Sailing Village

The Olympic Sailing Village medical station will operate from Tuesday 14 July to Saturday 8 August 2020 and will provide primary care and physical therapy services.

Olympic Cycling Village

The Olympic Cycling Village medical station will operate from Tuesday 14 July to Tuesday 11 August 2020 and will provide primary care and physical therapy services.

Venue medical services

Medical facilities will be provided at competition, training and other official venues. Athlete and spectator medical facility services will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical staff. Ambulance units will be stationed at all official Tokyo 2020 competition venues and some training venues.

Ambulance teams will comprise of three staff. One or more paramedics must be on hand and all ambulance teams in Japan are ALS (Advanced Life Support) compliant according to the law.

Competition and training venues

At least one dedicated athlete medical station will be present at all official Tokyo 2020 competition and training venues. Each medical station will provide services such as first aid and emergency care to athletes, team officials and technical officials. Athlete medical stations will be equipped with essential first aid and emergency equipment.

Field of play

Field of play (FOP) response teams will provide first aid and emergency services to athletes and officials on the FOP should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical station, Village Polyclinic or designated hospital as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective International Federation.

Spectator medical services

All official Tokyo 2020 competition venues will have at least one spectator medical station that will provide first aid and emergency medical services to all other client groups, including spectators, workforce, media, sponsors, volunteers, contractors, VIPs and Olympic Family. There will also be first responders circulating throughout venues to respond to any medical situation that occurs.

Designated Games hospitals

If the necessary medical services cannot be provided at the Olympic Village Polyclinic or at the venue medical station, the athlete or team official will be transferred to designated Games hospitals in central Tokyo or the co-host city. Details of Designated Games hospitals will be released at a later date.

Any patient suffering from a life-threatening condition at any of the venue zones will be taken to the nearest hospital.

Anti-Doping

Anti-Doping Programme

Tokyo 2020 is committed to delivering a world-class anti-doping programme during the Tokyo 2020 Olympic Games. Under the direction of the International Testing Authority (ITA), to which the IOC has delegated authority over the programme, the Tokyo 2020 anti-doping programme will ensure the integrity of sport is upheld and protect the rights and health of the athletes.

Tokyo 2020's anti-doping programme will:

- share intelligence mainly with ITA, but also with the World Anti-Doping Agency (WADA), International Sport Federations (IFs), National Anti-Doping Organisations (NADOs) and law enforcement agencies;
- conduct testing anytime and anywhere without prior notice from the opening of Olympic Village on Tuesday 14 July 2020 to the Closing Ceremony on Sunday 9 August 2020;
- implement in-Competition testing (commencing 12 hours before an athlete's scheduled competition until the end of sample collection processes related to such competition) and out-of-competition testing (anytime outside of the in-competition testing period) as stipulated in the World Anti-Doping Code, International Standards and IOC Anti-Doping Rules;
- collect urine and blood samples;
- perform state-of-the-art analysis at WADA-accredited laboratory dedicated to the Games.

Pre-Games Education

Tokyo 2020 encourages each NOC to provide anti-doping education to their athletes, athlete support personnel (such as coaches) and any medical staff in close collaboration with their NADOs and/or Regional Anti-Doping Organisations. Each NOC should make sure to inform the above stakeholders of the following information:

- 1. anti-doping rules and procedures that will be in place during the Games*
- 2. 2020 Prohibited List International Standard*
- 3. risks associated with supplement use
- 4. athlete whereabouts requirements*
- 5. International Standard for Therapeutic Use Exemption (ISTUE)*
- 6. basic principles of anti-doping in preserving the values of Olympism and sport
- * The IOC will release the anti-doping rules one year before the Games. Detailed procedures for TUE and athlete whereabouts will accompany these rules.

In addition, all NOC medical doctors participating in the Games will be required to complete the WADA's Sports Physician's Tool Kit.

Games-time Operations

Transportation from the competition venue to the Olympic Village will be available for athletes and representatives once they have completed doping control.

If an athlete is residing outside the Olympic Village, it will be the responsibility of the NOC to provide transport for the athlete back to his/her accommodation.

Therapeutic Use Exemptions

Athletes competing at the Olympic Games must have a TUE certificate for permission to use substances or methods contained in the Prohibited List for therapeutic purposes. A TUE for the Games will be granted and recognised in accordance with IOC Anti-Doping Rules.

Further details are available in the Chefs de Mission Dossier and will be available in the Doping Control Guidebook scheduled for publication at the beginning of 2020.

Sport information

The Sport Information Centre (SIC) will be located in the NOC Services Centre building in the Olympic Village and will provide key sport-specific information to teams through dedicated Sport Information Desks (SIDs). SIDs will also be available at every competition venue. A variety of services and information will be available at the SIC/SID, including:

- general competition-related information and sport-related communications from Tokyo 2020 sport competition teams or International Federations
- distribution of results, draws, start lists, daily training schedules and other key information
- booking of Games-time training slots and allocation of training sessions at competition and training venues for selected sports
- transport information and scheduling of team sport buses
- Athlete Venue Meal (AVM) bookings (SIC only)

The SIC will be open every day from Tuesday 14 July to Wednesday 12 August 2020 between the hours of 07:00 and 22:00. Hours may change depending on demand.

Please note, athletes are not permitted in the SIC/SID. To ensure the best possible service levels, only properly accredited NOC team officials will be allowed into SIC/SID spaces.

Info

Info is the official Games-time intranet for the Olympic Family. It will be available in all competition and non-competition venues from the day the Olympic Village opens on Tuesday 14 July 2020 and will contain the following information in English (with limited content also available in French).

| | Info Content and Details | | | | | | |
|-------------|---|--|--|--|--|--|--|
| Background | Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions | | | | | | |
| Biographies | Athlete biographies and team, coach, referee, umpire, judge and NOC profiles | | | | | | |
| Ceremonies | Details about Opening Ceremony, Closing Ceremony and medal ceremonies, including timings and participants | | | | | | |
| Games News | Flash quotes, press conference highlights, sport previews, news articles, statistic-driven reports, media communications and IOC news | | | | | | |
| Medals | Medal standings by sport, overall medal standings, and medallists by day, sport and event | | | | | | |
| Records | World and Olympic records, including current records, record holders and new/equalled records | | | | | | |
| Results | Competition results viewable by sport, date and NOC. Includes entry lists, start lists, results and additional sport-specific reports | | | | | | |
| Schedules | Competition and non-competition schedules, including press conferences, IOC activities and Cultural Olympiad | | | | | | |

Info terminals will be available at NOC offices in the Olympic Village.

myInfo is the online version of Info and is available for users with an internet connection and login account (username and password) from anywhere in the world. myInfo provides additional features not available on Info, such as:

- customisation (ability for users to create their own schedules by selecting only those sports and events of interest to them)
- news/event alerts via email
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IOC and IFs
- downloadable results books
- copy and paste functionality

Medals and diplomas

Medals and diplomas will be awarded in each event in accordance with the IOC Olympic Charter (Rule 56: Victory, Medal and Diploma Ceremonies) and the IOC Protocol Guide (Article 5.4).

First place: a gold (silver gilt) medal, a diploma, an Olympic medallist's pin and a medal box

Second place: a silver medal, a diploma, an Olympic medallist's pin and a medal box

Third place: a bronze medal, a diploma, an Olympic medallist's pin and a medal box

Fourth, fifth, sixth, seventh and eighth places: a diploma

Sport entries and qualification

Entries to the Olympic Games are the responsibility of the National Olympic Committees (NOCs), upon recommendations provided by their respective National Federations (NFs) and based on qualification systems defined by the International Federations (IFs) and approved by the IOC. Detailed sport-by-sport qualification systems are available and will be regularly updated on the IOC's NOCNet.

Directory

The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020)

Tokyo won the right to stage the Games of the XXXII Olympiad on 7 September 2013. The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020) is a private, not-for-profit sports association that was officially formed on 24 January 2014. Spearheaded by former prime minister of Japan, Yoshiro Mori, as president, the organising committee is composed of members from various organisations including the Japanese Olympic Committee (JOC), Japanese Paralympic Committee (JPC), Tokyo Metropolitan Government (TMG) and the national government of Japan.

Tokyo 2020 was assigned its mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Japanese law.

Tokyo 2020 works in cooperation with Olympic and Paralympic Worldwide Partners, Gold Partners, Official Partners and Official Supporters.

Tokyo 2020

Harumi Triton Square 1-8-11 Harumi Chuo-ku 104-0053 Tokyo

Tel: +81-(0)570-09-2020 (general enquiries)

Online enquiries: https://enquiry.tokyo2020.org/CPR_Enquiry

URL: https://tokyo2020.org

President: Yoshiro Mori

Chief Executive Officer:

Toshiro Muto

Chief Operations Officer:

Yukihiko Nunomura

Games Delivery Officer:

Hidemasa Nakamura

Sports Director:

Koji Murofushi

Olympic & Paralympic Village Director:

Kazuhiko Yashima

NOC/NPC Relations & Services Director:

Toru Kobayashi

email: noc.svc@tokyo2020.jp

Cycling Sport Manager:

Ukyo Katayama

email: ukyo.katayama@tokyo2020.jp

International Olympic Committee (IOC)

The International Olympic Committee was created on 23 June 1894. Less than two years later, on 6 April 1896, the first Olympic Games of the modern era opened in Athens, and the Olympic Movement has not stopped growing ever since. The Olympic Movement encompasses organisations, athletes and other persons who agree to be guided by the principles of the Olympic Charter. The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport practised without discrimination of any kind, in a spirit of friendship, solidarity and fair play.

International Olympic Committee

Chateau de Vidy CH-1007 Lausanne Switzerland Tel: +41 21 621 6111

Fax: +41 21 621 6216 URL: www.olympic.org

President: Thomas Bach Chairman of the Coordination Commission for the Games of the XXXII Olympiad:

John Coates

Olympic Games Executive Director: Christophe Dubi

Sports Director: Kit McConnell

NOC Relations Director: James Macleod

Union Cycliste Internationale (UCI)

The Union Cycliste Internationale was founded in Paris in 1900 and is the international governing body for all Cycling sports, counting with 194 national federations. The UCI administers and promotes all nine Cycling disciplines, including the Olympic disciplines of BMX, Mountain Bike, Road and Track, with a mission to develop and promote Cycling at all levels, including competitive racing, healthy recreation and a means of transport.

Union Cycliste Internationale

Chemin de la Mêlée 12 CH-1860 Aigle Switzerland Tel: +41 24 468 5811

Fax: +41 24 468 5812 email: <u>admin@uci.ch</u> URL: <u>www.uci.ch</u>

President:

David Lappartient

Vice President:

Dr Mohamed Wagih Azzam

Vice President:

Renato Di Rocco

Vice President:

José Manuel Pelaez

Japan Cycling Federation (JCF)

In 1995 the former amateur and professional cycling federations in Japan merged to form the Japan Cycling Federation (JCF). The JCF promote bicycle sport through holding All Japan Championships and sending representative teams abroad to international competitions. The JCF is a member of the Japan Olympic Committee (JOC) and has been represented by Japanese athletes since the Helsinki 1952 Olympic Games.

Japan Cycling Federation

Bicycle Comprehensive Building 5F 3-3-1 Kamiosaki Shinagawa-ku Tokyo Japan

Tel: +81 3 6277 2690 Fax: +81 3 6277 2691 email: <u>info@jcf.or.jp</u> URL: <u>https://jcf.or.jp</u>

President:

Seiko Hashimoto

1st Vice President:

Tatsuo Hayashi

2nd Vice President:

Shigemitsu Sakuma

Tokyo 2020 - Olympic Daily Competition Schedule V5.00 This competition schedule is subject to amendments up until the conclusion of Tokyo 2020 Olympic Games.

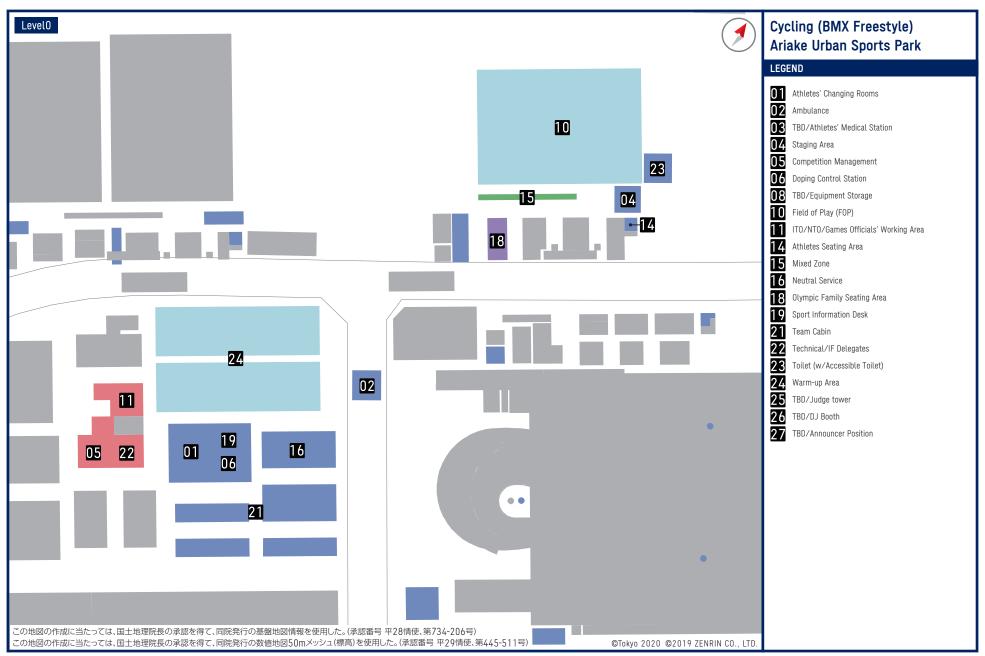
| Venue | Sports/Discipline | | 22 Jul Wed -2 | 23 Jul Thu -1 | 24 Jul Fri 0 | 25 Jul Sat 1 | 26 Jul Sun 2 | 27 Jul Mon 3 | 28 Jul Tue 4 | 29 Jul Wed 5 | 30 Jul Thu 6 | 31 Jul Fri 7 | 1 Aug Sat 8 | 2 Aug Sun 9 | 3 Aug Mon 10 | 4 Aug Tue 11 | 5 Aug Wed 12 | 6 Aug Thu 13 | 7 Aug Fri 14 | 8 Aug Sat 15 | 9 Aug Sun 16 |
|---------------------------------|-------------------|-----------------------------|---------------------|---------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| | Opening and Clo | osing Ceremonies | | | | | | | | | | | | | | | | | | | |
| Olympia Chadiyan | Athlatica | | | | | | | | | | | 8 | 8 | Y | \dots | A | V O | Y | 8 | A | |
| Olympic Stadium | Athletics | (Marathon) | | | | | | | | | | | | Y | | | | | | | • V |
| | Foo | tball | | | | | | | | | | | | | | | | | V | | |
| Tokyo Metropolitan Gymnasium | Table | Tennis | | | | | | Y | | | V | Y | | | | | | Y | Y | | |
| Yoyogi National Stadium | Han | dball | | | | | | | | | | | | | | | | | | Y | A |
| NI D. L. | Ju | ıdo | | | | Y | Y | Y | Y | V | V | Y | Y | | | | | | | | |
| Nippon Budokan | Karate | Kata Kumite | | | | | | | | | | | | | | | | Y | Y | Y | |
| Imperial Palace Garden | Athletics | (Race Walk) | | | | | | | | | | Y | | | | | | | Y | Y | |
| Tokyo International Forum | Weigh | tlifting | | | | V | V | V V | Y | V V | | | Y | Y | V | V V | Y | | | | |
| Kokugikan Arena | Вох | ing | | | | | | | | | | | | | | V | V/ | V/ | Y | V | W V |
| | | Dressage | | | | | | | Y | Y | | | | | | | | | | | |
| Equestrian Park | Equestrian | Jumping | | | | | | | | | | | | | | | Y | | | V | |
| | | Eventing | | | | | | | | | | | | | Y | | | | | | |
| Musashino Forest | Badn | ninton | | | | | | | | | | Y | Y | Y | V | | | | | | |
| Sport Plaza | Modern Pentathlon | [Fencing Ranking Round] | | | | | | | | | | | | | | | | | | | |
| | Football | | | | | | | | | | | | | | | | | | | | |
| Tokyo Stadium | Ru | gby | | | | | | | | Y | | | Y | | | | | | | | |
| Modern Pentathlon | | | | | | | | | | | | | | | | | | Y | Y | | |
| Musashinonomori Park | Cycling | Road (Road Race [Start]) | | | | Y | Y | | | | | | | | | | | | | | |
| Ariake Arena | Volleyball | Volleyball | | | | | | | | | | | | | | | | | | Y | V |

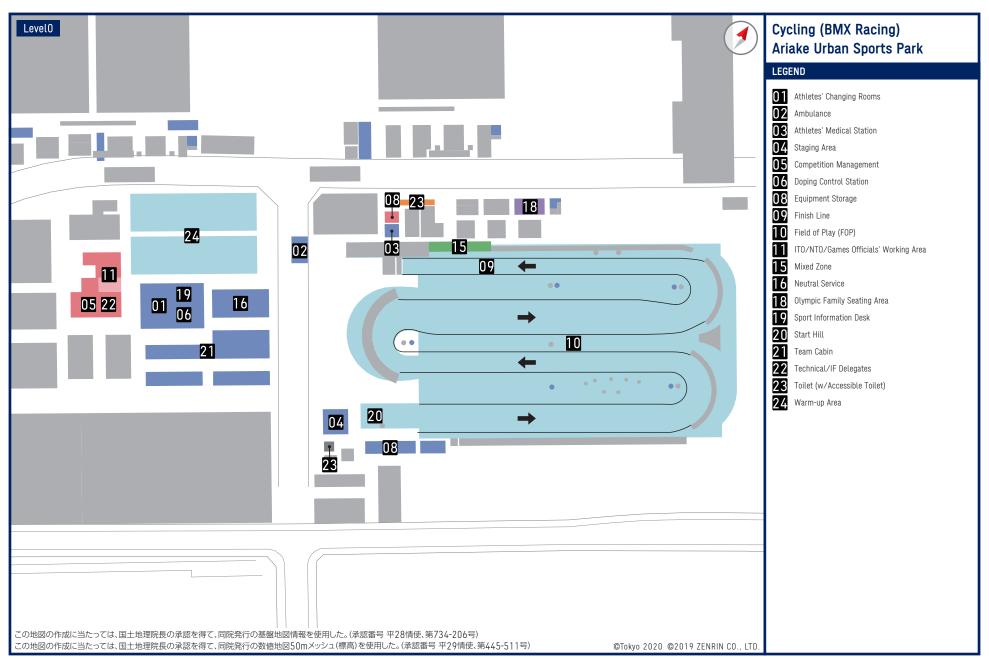
| Venue | Sports/Discipline | | 22 Jul Wed -2 | 23 Jul Thu -1 | 24 Jul Fri 0 | 25 Jul Sat 1 | 26 Jul Sun 2 | 27 Jul Mon 3 | 28 Jul Tue 4 | 29 Jul Wed 5 | 30 Jul Thu 6 | 31 Jul Fri 7 | 1 Aug Sat 8 | 2 Aug Sun 9 | 3 Aug Mon 10 | 4 Aug Tue 11 | 5 Aug Wed 12 | 6 Aug Thu 13 | 7 Aug Fri 14 | 8 Aug Sat 15 | 9 Aug Sun 16 |
|------------------------------------|-------------------|-----------------------------|---------------------|---------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|---------------------------------------|--------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| Ariake Gymnastics Centre | Gymnastics | Artistic Gymnastics | | | | | | Y | Y | A | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | | | Y | Y | V | | | | | |
| | | Rhythmic Gymnastics | | | | | | | | | | | | | | | | | | 8 | V |
| | | Trampoline Gymnastics | | | | | | | | | | Y | W O | | | | | | | | |
| Ariake Urban Sports Park - | Cycling | BMX Freestyle | | | | | | | | | | | | Y | | | | | | | |
| | Cycling | BMX Racing | | | | | | | | | | Y | | | | | | | | | |
| | Chatabaandina | Street | | | | | Y | A | | | | | | | | | | | | | |
| | Skateboarding | Park | | | | | | | | | | | | | | | \frac{1}{2} | V V | | | |
| Ariake Tennis Park | Tennis | | | | | | | | | | | V | V O | V | | | | | | | |
| Odaiba Marine Park | Aquatics | Marathon Swimming | | | | | | | | | | | | | | | Y | Y | | | |
| | Triathlon | | | | | | | Y | Y | | | | Y | | | | | | | | |
| Shiokaze Park | Volleyball | Beach Volleyball | | | | | | | | | | | | | | | | | Y | Y | |
| Aomi Urban Sports Park - | Basketball | 3x3 Basketball | | | | | | | | V V | | | | | | | | | | | |
| | Sport (| Sport Climbing | | | | | | | | | | | | | | | | Y | Y | | |
| Oi Hockey Stadium | Hockey | | | | | | | | | | | | | | | | | V/ | V | | |
| Sea Forest Cross-Country Course | Equestrian | Eventing [cross-country] | | | | | | | | | | | | | | | | | | | |
| Sea Forest Waterway | Canoe | Sprint | | | | | | | | | | | | | | Y | | Y | | Y | |
| | Rowing | | | | | | | | Y | Y | V | Y | | | | | | | | | |
| Kasai Canoe Slalom Centre | Canoe | Slalom | | | | | | Y | Y | | V | Y | | | | | | | | | |
| Yumenoshima Park Archery Field | Archery | | | | | Y | Y | Y | | | | Y | Y | | | | | | | | |
| Tokyo Aquatics Centre | | Swimming | | | | | Y | Y | Y | V V | V O | Y | Y | Y | | | | | | | |
| | Aquatics | Diving | | | | | Y | Y | Y | Y O | | | | Y | | A | | Y | | Y | |
| | | Artistic Swimming | | | | | | | | | | | | | | | 8 | | | Y | |

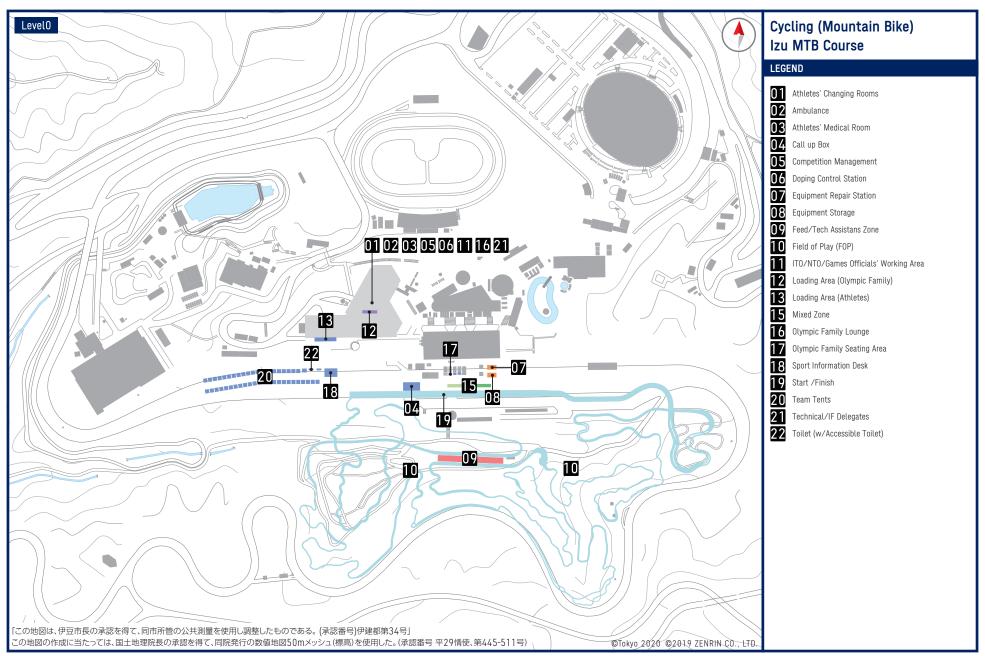
| Venue | Sports/Discipline | | 22 Jul Wed -2 | 23 Jul Thu -1 | 24 Jul Fri 0 | 25 Jul Sat 1 | 26 Jul Sun 2 | 27 Jul Mon 3 | 28 Jul Tue 4 | 29 Jul Wed 5 | 30 Jul Thu 6 | 31 Jul Fri 7 | 1 Aug Sat 8 | 2 Aug Sun 9 | 3 Aug Mon 10 | 4 Aug Tue 11 | 5 Aug Wed 12 | 6 Aug Thu 13 | 7 Aug Fri 14 | 8 Aug Sat 15 | 9 Aug Sun 16 |
|-----------------------------------|-------------------|---|---------------------|---------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| Tatsumi Water Polo Centre | Aquatics | Water Polo | | | | | | | | | | | | | | | | | | V | A |
| Makuhari Messe Hall A | Wrestling | Freestyle Greco- Roman | | | | | | | | | | | | | V • | V | Y | Y | Y | V • | |
| | Taekwondo | | | | | Y | Y | Y | Y | | | | | | | | | | | | |
| Makuhari Messe Hall B | Fencing | | | | | Y | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | |
| Tsurigasaki Surfing Beach | Surfing * | | | | | | | | | Y | * | * | * | * | | | | | | | |
| Saitama Super Arena | Basketball | Basketball | | | | | | | | | | | | | | | | | | V | V |
| | Shooting | (Rifle & Pistol) | | | | V 6 | Y | | Y | | | Y | Y | | V 6 | | | | | | |
| Asaka Shooting Range | | (Shotgun) | | | | | | V/ | | | Y | | V | | | | | | | | |
| Kasumigaseki Country Club | Golf | | | | | | | | | | | | | Y | | | | | | V | |
| Enoshima Yacht Harbour | Sailing | | | | | | | | | | | | Y | V • | Y | V | Y | | | | |
| Izu Velodrome | Cycling | Track | | | | | | | | | | | | | V | V | Y | Y | Y | V | Y |
| Izu MTB Course | Cycling | Mountain Bike | | | | | | Y | Y | | | | | | | | | | | | |
| Fuji International Speedway | Cycling | Road (Road Race [Finish], Individual Time Trial) | | | | Y | Y | | | Y | | | | | | | | | | | |
| Fukushima Azuma | Baseball/Softball | (Baseball) | | | | | | | | | | | | | | | | | | | |
| Baseball Stadium | | (Softball) | | | | | | | | | | | | | | | | | | | |
| Yokohama | Baseball/Softball | (Baseball) | | | | | | | | | | | | | | | | | | V | |
| Baseball Stadium | | (Softball) | | | | | | | Y | | | | | | | | | | | | |
| Sapporo Dome | Football | | | | | | | | | | | | | | | | | | | | |
| Miyagi Stadium | Football | | | | | | | | | | | | | | | | | | | | |
| Ibaraki Kashima Stadium | Football | | | | | | | | | | | | | | | | | | | | |
| Saitama Stadium | Football | | | | | | | | | | | | | | | | | | | | |
| International Stadium Yokohama | Football | | | | | | | | | | | | | | | | | | | V V | |

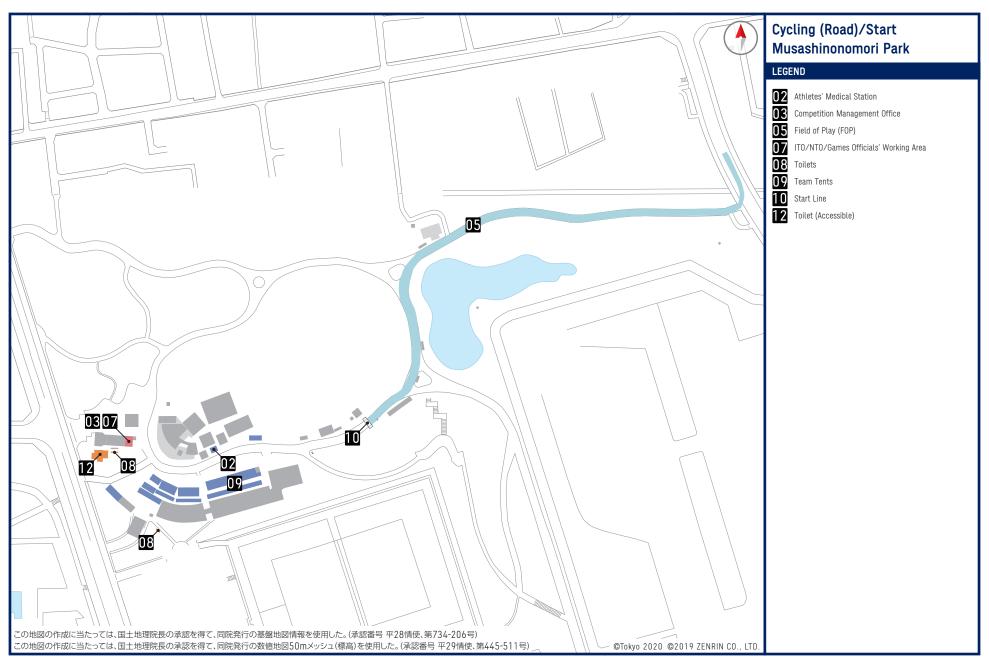
^{*} Surfing Festival will be held from Day 2 to Day 9. Starting from 26 July, the schedule will depend on the wave conditions.

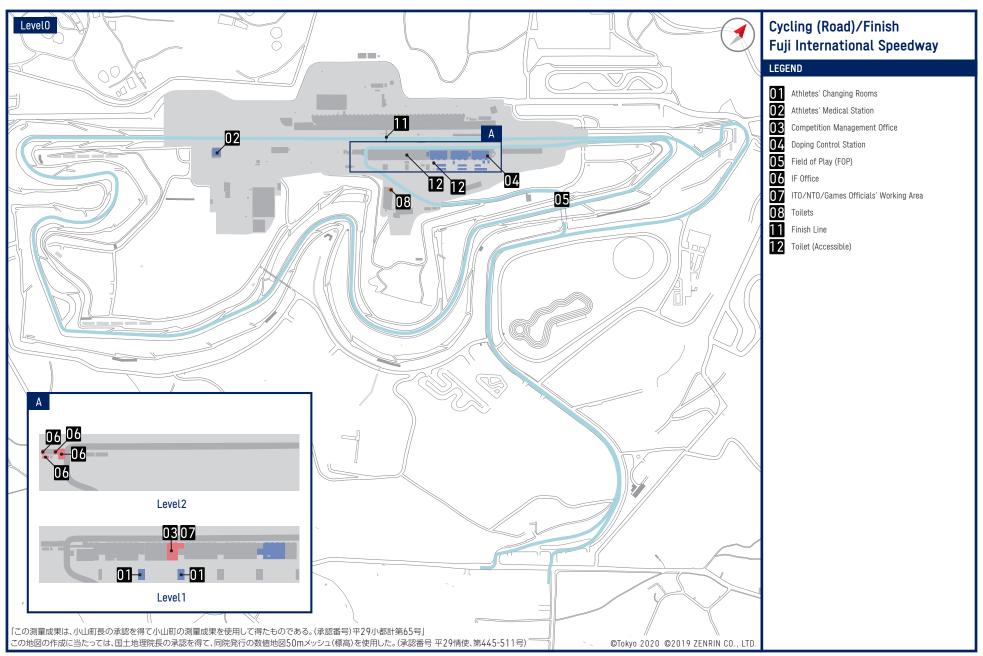
Maps for Cycling

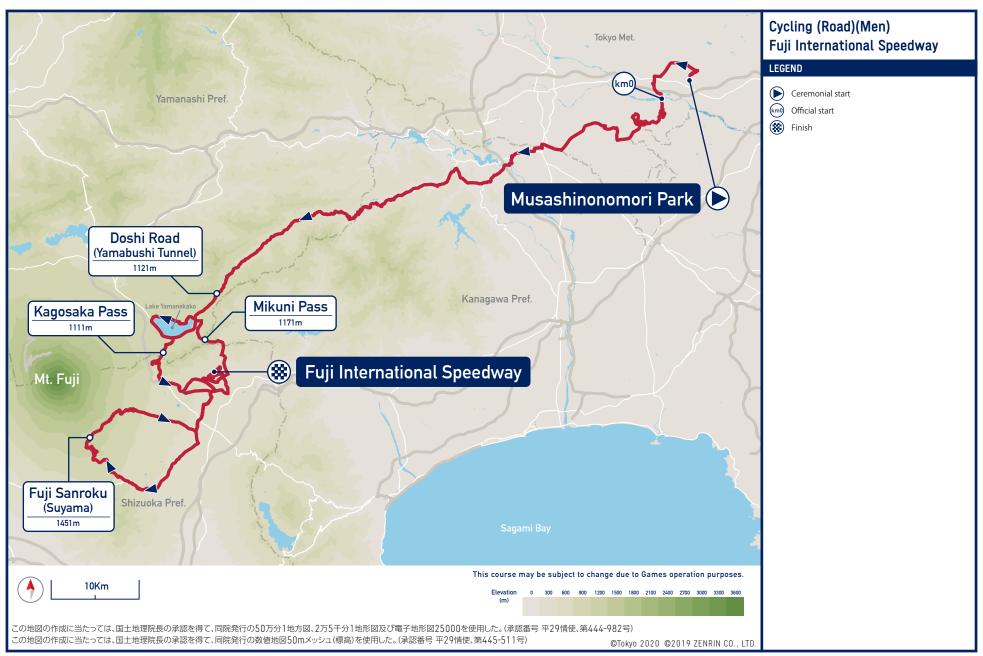


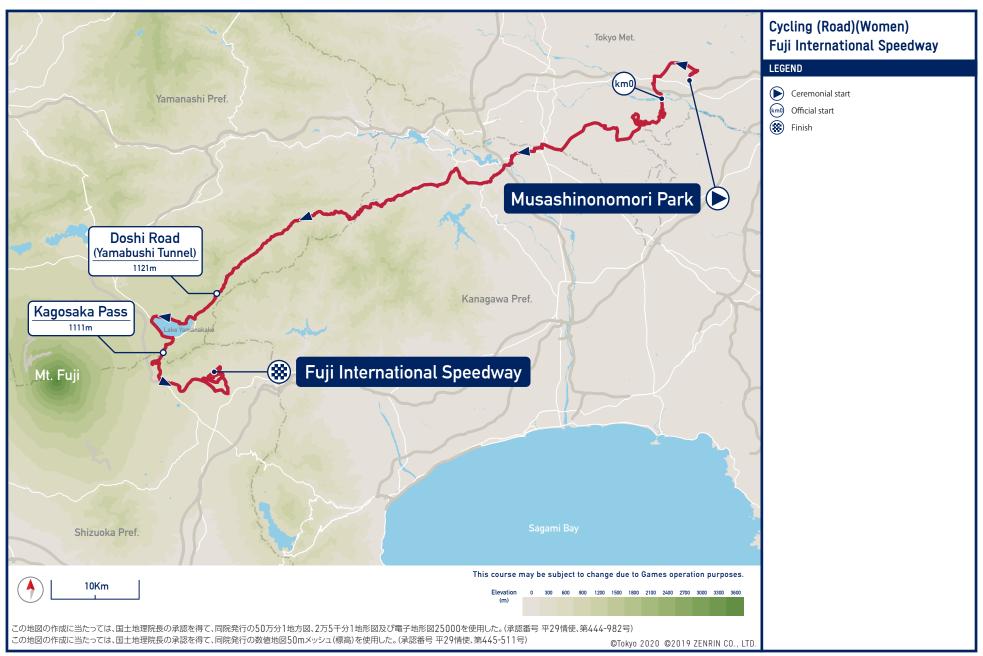


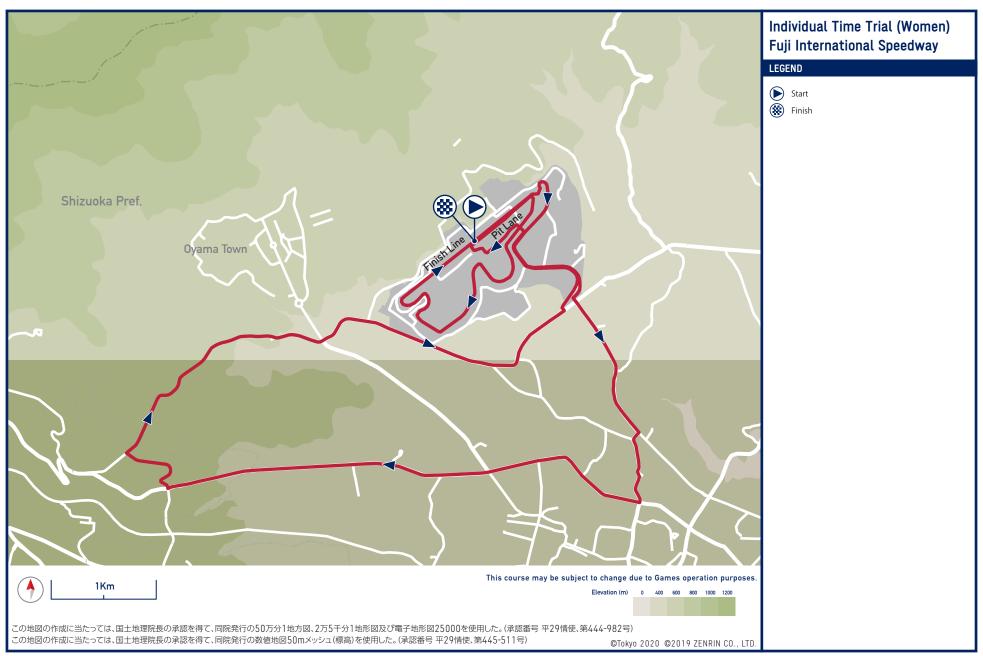


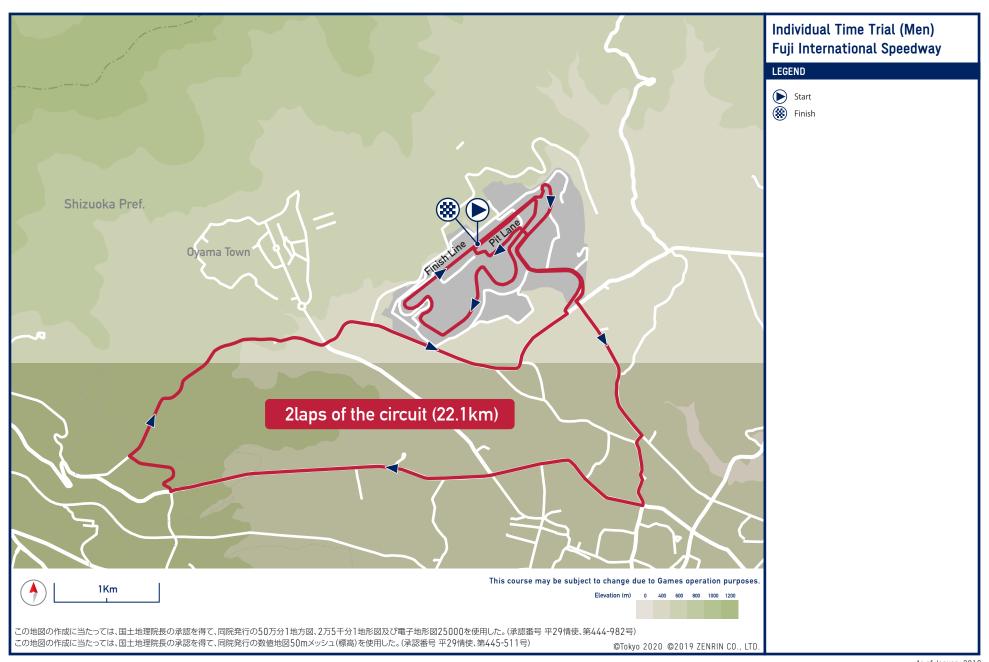


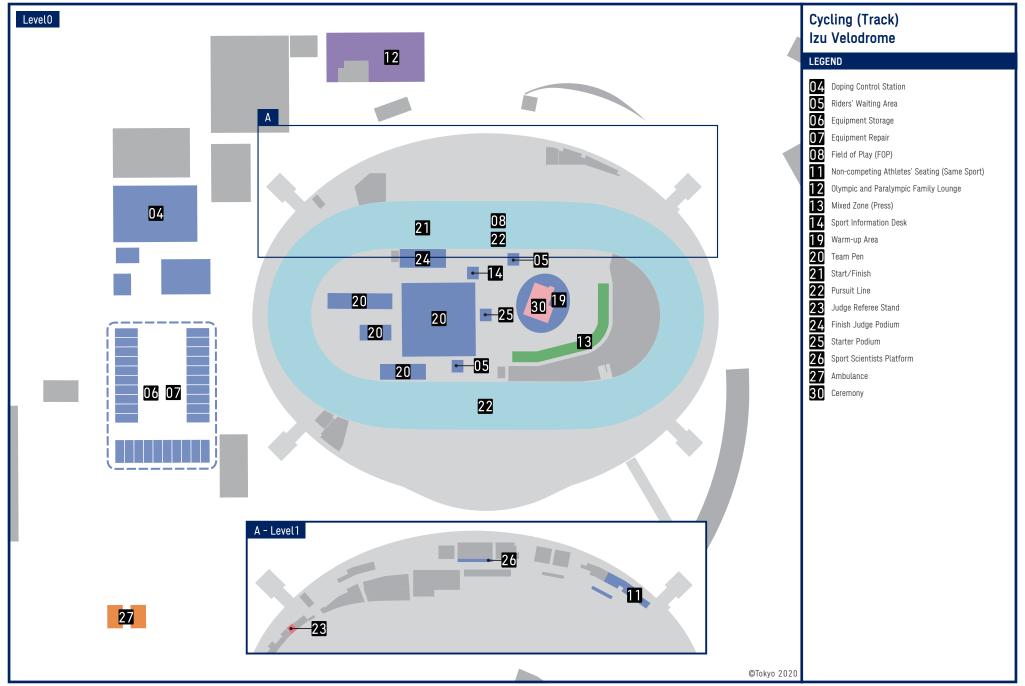


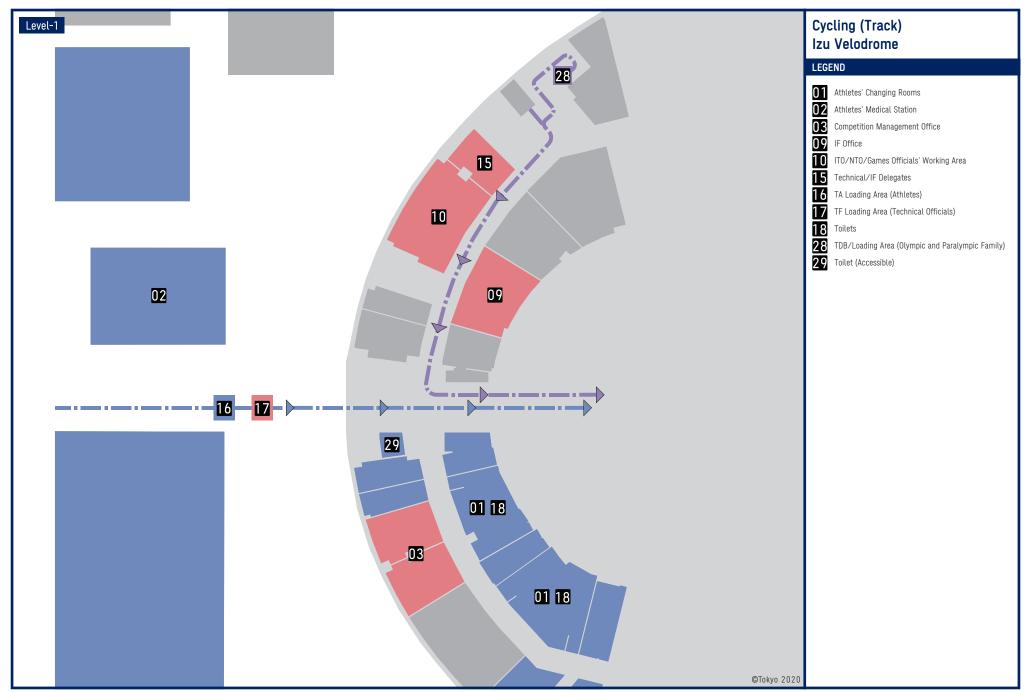












Olympic Games Venue Master Plan as of February 2019

HERITAGE ZONE

Opening and Closing Ceremonies
Olympic Stadium

Athletics Olympic Stadium

Football
Olympic Stadium

2 Table Tennis
Tokyo Metropolitan Gymnasium

Handball
Yoyogi National Stadium

4 Judo Nippon Budokan

KarateNippon Budokan

6 Athletics (Race Walk) Imperial Palace Garden

6 WeightliftingTokyo International Forum

BoxingKokugikan Arena

8 Equestrian (Dressage) Equestrian Park

8 Equestrian (Eventing)
Equestrian Park

8 Equestrian (Jumping)
Equestrian Park

Badminton
 Musashino Forest Sport Plaza

Modern Pentathlon
 Musashino Forest Sport Plaza

Football
Tokyo Stadium

Rugby
Tokyo Stadium

Modern Pentathlon
Tokyo Stadium

Cycling (Road)
Musashinonomori Park

TOKYO BAY ZONE

Volleyball (Volleyball)
Ariake Arena

GymnasticsAriake Gymnastics Centre Cycling (BMX Freestyle)
Ariake Urban Sports Park

Cycling (BMX Racing)
Ariake Urban Sports Park

Skateboarding
Ariake Urban Sports Park

Tennis
Ariake Tennis Park

4 Aquatics (Marathon Swimming)
Odaiba Marine Park

Triathlon Odaiba Marine Park

Volleyball (Beach Volleyball)
Shiokaze Park

3x3 Basketball Aomi Urban Sports Park

B Sport Climbing
Aomi Urban Sports Park

Hockey
Oi Hockey Stadium

OTHER VENUES

Surfing
Tsurigasaki Surfing Beach

Basketball (Basketball)
Saitama Super Arena

30 Golf Kasumigaseki Country Club

Sailing
Enoshima Yacht Harbour

33 Cycling (Track)

Shooting
Asaka Shooting Range

Equestrian (Eventing (Cross Country))
Sea Forest Cross-Country Course

Canoe (Sprint)
Sea Forest Waterway

Rowing
Sea Forest Waterway

Canoe (Slalom)
Kasai Canoe Slalom Centre

Archery Yumenoshima Park Archery Field

Aquatics (Swimming)
Tokyo Aquatics Centre

Aquatics (Diving)
Tokyo Aquatics Centre

Aquatics (Artistic Swimming)
Tokyo Aquatics Centre

Aquatics (Water Polo)
Tatsumi Water Polo Centre

Taekwondo Makuhari Messe Hall A

Wrestling Makuhari Messe Hall A

Fencing
Makuhari Messe Hall B

Baseball/Softball
Fukushima Azuma Baseball Stadium

37 Baseball/Softball Yokohama Baseball Stadiur

Football
Sapporo Dome

Football
Miyagi Stadium

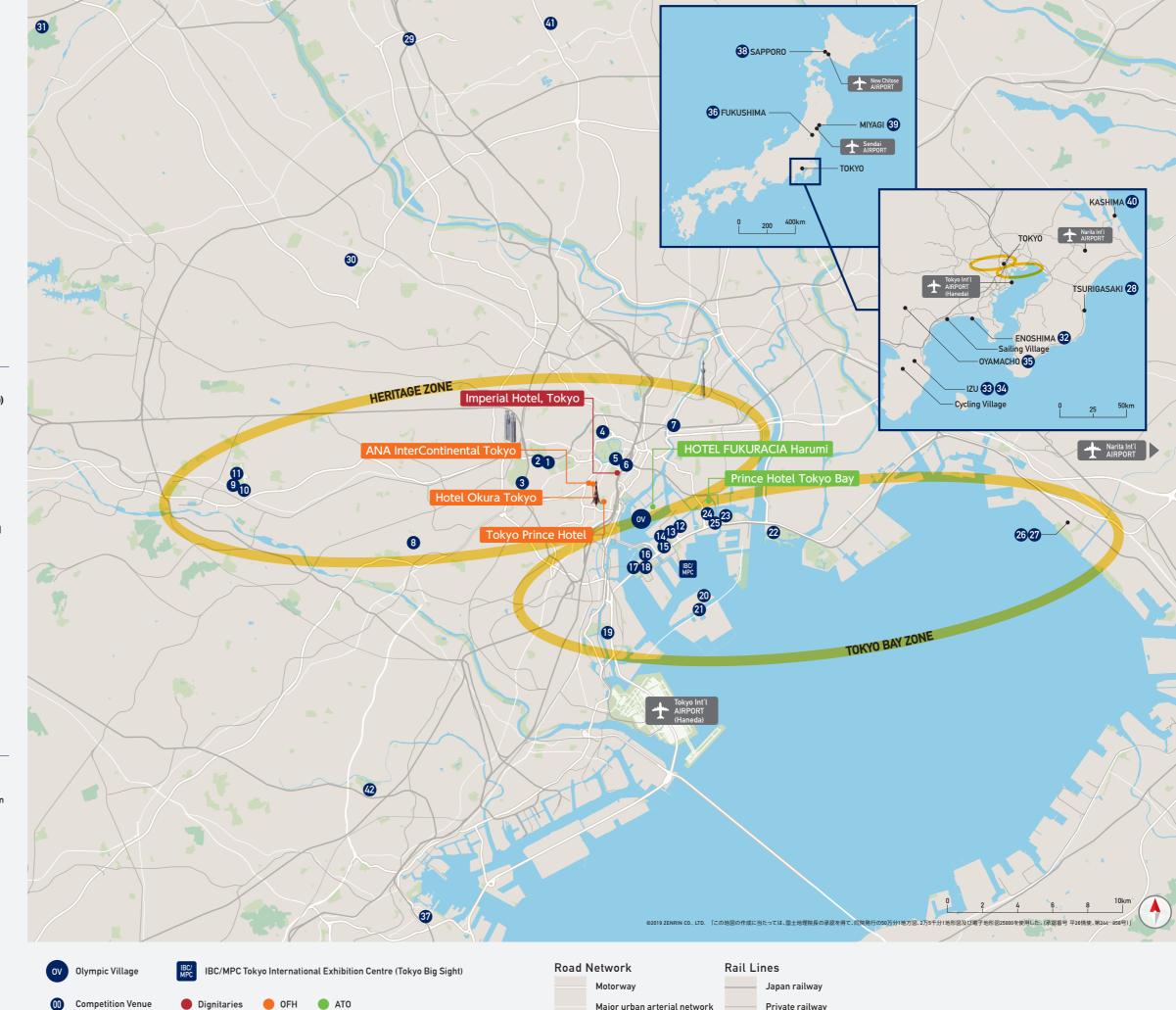
Cycling (Mountain Bike)Izu MTB Course

35 Cycling (Road)Fuji International Speedway

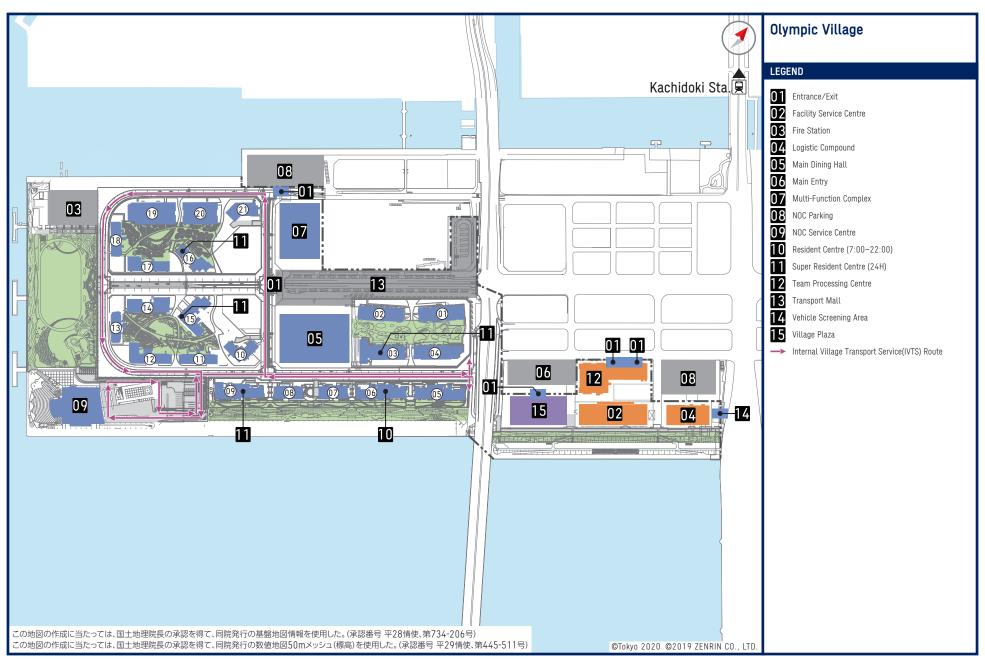
Football
Ibaraki Kashima Stadium

Football
Saitama Stadium

Football International Stadium Yokohama



The Tokyo Organising Committee of the Olympic and Paralympic Games





The Worldwide Olympic Partners





















SAMSUNG





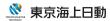
Tokyo 2020 Olympic Gold Partners































Tokyo 2020 Olympic Official Partners

































































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