

Tokyo 2020 - Olympic Session Competition Schedule v11 for Stakeholders

Venue	Sports/Discipline	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
		21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun	
Olympic Stadium	Opening and Closing Ceremonies				20:00 - 23:00																20:00 - 23:00
	Athletics											09:00 - 12:30	09:00 - 12:00	09:10 - 12:00	09:00 - 11:55	09:00 - 12:35	09:00 - 12:25	09:00 - 15:05			
												19:00 - 21:00	19:00 - 21:55	19:00 - 21:55	19:00 - 22:00	19:00 - 21:55	18:30 - 22:00	19:00 - 21:45	19:50 - 22:55	19:00 - 22:20	
	Football											M/W/Mix/F	M/W/Mix/S/F/F	M/W/Mix/S/F/F	M/W/S/F/F	M/W/S/F/F	M/W/S/F/F	M/W/S/F/F	M/W/F	M/W/F	
Tokyo Metropolitan Gymnasium	Table Tennis				09:00 - 12:45	10:00 - 12:00	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	11:00 - 13:00				10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	11:00 - 14:00			
					14:15 - 17:15	14:00 - 17:45	14:30 - 17:30	14:30 - 17:30	15:00 - 18:00	15:00 - 17:00				14:30 - 17:30	14:30 - 17:30	14:30 - 17:30	14:30 - 17:30	14:30 - 17:30	11:00 - 14:00		
					19:30 - 22:30	20:00 - 22:00	20:00 - 22:10	19:30 - 22:30	20:00 - 22:00	20:00 - 22:10	20:00 - 22:10	20:00 - 22:10		19:30 - 22:30	19:30 - 22:30	19:30 - 22:30	19:30 - 22:40	19:30 - 22:40	19:30 - 22:40		
					M/W/Mix	M/W/Mix/Q/F/S/F	M/W/Mix/F	M/W	M/W/Q/F	M/W/S/F/F	M/F		M/W	M/W/Q/F	M/W/Q/F/S/F	M/W/S/F	W/F	M/F			
Yoyogi National Stadium	Handball				09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:30 - 11:30	09:30 - 11:30					11:00 - 13:00
					14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	14:15 - 17:45	13:15 - 15:15	13:15 - 15:15					15:00 - 17:30
					19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	19:30 - 23:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	
															20:45 - 22:45	20:45 - 22:45	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	
Nippon Budokan	Judo				M	W	M	W	M	W	M	W	M	W	M/Q/F	W/Q/F	M/S/F	W/S/F	M/F	W/F	
					11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30								
					17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40	17:00 - 19:40								
	Karate																	10:00 - 14:45	10:00 - 14:45		
Tokyo International Forum	Weightlifting				09:50 - 12:00	11:50 - 14:00		11:50 - 14:00				11:50 - 14:00		11:50 - 14:00							
					13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	13:50 - 16:00	15:50 - 18:00	
					19:50 - 22:00	19:50 - 22:00	19:50 - 22:00	19:50 - 22:00	19:50 - 22:00	19:50 - 22:00			19:50 - 22:00	19:50 - 22:00	19:50 - 22:00	19:50 - 22:00	19:50 - 22:00				
					W/F	M/F	W/F	W/F	M/F	M/F			M/F	W/F	W/F	M/F	M/F				
Kokugikan Arena	Boxing				11:00 - 14:30	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:10	11:00 - 14:10	11:00 - 13:55	11:00 - 13:40		11:00 - 13:40	14:00 - 16:10	14:00 - 16:10	14:00 - 15:40	14:00 - 15:55	14:00 - 15:55	
					17:00 - 20:30	17:00 - 20:45	17:00 - 20:45	17:00 - 20:45	17:00 - 20:45	17:00 - 20:10	17:00 - 20:10	17:00 - 19:55	17:00 - 19:40		17:00 - 19:40						
					M/W	M/W	M/W	M/W	M/W/Q/F	M/W	M/W/Q/F	M/W/Q/F/S/F	M/W/Q/F/S/F		M/W/Q/F/S/F	M/W/S/F/F	M/W/S/F/F	M/W/S/F/F	M/W/F	M/W/F	
Equestrian Park	Equestrian				17:00 - 22:15	17:00 - 22:15		17:00 - 22:40	17:30 - 21:25												
					Mix	Mix		Mix/F	Mix/F												
	Equestrian														19:00 - 22:45	19:00 - 21:40					
															Mix	Mix/F		Mix	Mix/F		
Musashino Forest Sport Plaza	Equestrian											08:30 - 11:00	08:30 - 11:00								
												17:30 - 20:10		17:00 - 22:25							
	Badminton				09:00 - 14:30	10:00 - 15:30	10:00 - 15:30	10:00 - 15:30	09:00 - 14:30	09:00 - 15:30	09:00 - 12:30	09:00 - 16:00		13:00 - 16:00	13:00 - 15:30						
Tokyo Stadium	Football	17:30 - 19:30	17:00 - 19:00																		
		20:30 - 22:30	20:00 - 22:00																		
	Rugby	W	M					09:00 - 12:00	09:00 - 12:00	09:00 - 12:00	09:00 - 12:00	09:00 - 12:00	09:00 - 12:00								
Tokyo Stadium	Modern Pentathlon							16:30 - 19:30	16:30 - 19:30	16:30 - 19:00	16:30 - 19:30	16:30 - 19:30	16:30 - 19:00								
								M	M/Q/F	M/S/F/F	W	W/Q/F	W/S/F/F								
																		14:30 - 18:40	14:30 - 18:40		
																		19:30 - 20:15	19:30 - 20:15		
																		W/F	M/F		

Venue	Sports/Discipline		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
			21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun		
Musashinomori Park	Cycling	Road(Road Race [Start])				11:00 - (18:15)	13:00 - (17:35)																
						M/F	W/F																
Ariake Arena	Volleyball	Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:00	09:00 - 11:00					09:00 - 11:00	
						14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:30 - 15:30	13:30 - 16:00	
						19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	17:00 - 19:00	17:00 - 19:00						
																21:30 - 23:30	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:15 - 23:45			
Ariake Gymnastics Centre	Gymnastics	Artistic Gymnastics				10:00 - 12:30	10:00 - 13:35																
						14:30 - 17:00	15:10 - 18:45																
						19:30 - 22:00	20:20 - 22:00	19:00 - 22:00	19:45 - 22:00	19:15 - 22:00	19:50 - 22:00				17:00 - 20:00	17:00 - 19:15	17:00 - 19:15						
						M	W	M	W	M	W	M	W	M	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F		
	Gymnastics	Rhythmic Gymnastics																		10:20 - 13:15	10:00 - 12:40	11:00 - 12:55	
																			W	W/F	W/F		
	Gymnastics	Trampoline Gymnastics											13:00 - 15:25	13:00 - 15:25									
Ariake Urban Sports Park	Cycling	BMX Freestyle													10:10 - 12:20	10:10 - 12:45							
															M/W	M/W/F							
	Cycling	BMX Racing											10:00 - 12:00	10:00 - 12:20									
	Skateboarding	Street				09:00 - 13:55	09:00 - 13:55		Reserve day				M/W/QF	M/W/SF/F									
	Skateboarding	Park															09:00 - 13:40	09:00 - 13:40		Reserve day			
Ariake Tennis Park	Tennis				Center Court	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00								
					Court 1	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00										
					Court 2	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00												
					Court 3-11	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00													
						M/W	M/W	M/W	M/W/QF	M/W/Mix/QF/SF	M/W/Mix/QF/SF	M/Mix/SF/F	M/W/Mix/F	M/W/Mix/F									
Odaiba Marine Park	Aquatics	Marathon Swimming															06:30 - 9:10	06:30 - 9:10					
								06:30 - 09:00	06:30 - 09:05						07:30 - 09:25								
	Triathlon						M/F	W/F			Reserve day			Mix/F									
Shiokaze Park	Volleyball	Beach Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	10:00 - 12:50	10:00 - 12:50			
						15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	13:00 - 14:50	13:00 - 14:50								
						20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	17:00 - 18:50	17:00 - 18:50								
														21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	21:00 - 22:50					
Aomi Urban Sports Park	Basketball	3 x 3 Basketball				M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/W	M/W	W/QF	M/QF	M/W/SF	W/F	M/F		
						10:15 - 12:25	10:15 - 12:25	10:15 - 12:25															
						14:00 - 15:50	14:00 - 15:50	14:00 - 15:50	13:30 - 15:30														
						17:30 - 19:30	17:30 - 19:30	17:30 - 19:30	17:00 - 18:50	17:00 - 19:10													
						21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	20:30 - 22:50	20:45 - 23:25													
	Sport Climbing																17:00 - 22:40	17:00 - 22:40	17:30 - 22:20	17:30 - 22:20	Reserve day		
Oi Hockey Stadium	Hockey				North pitch	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:45	09:30 - 13:45	10:30 - 12:15	10:30 - 12:15	10:30 - 12:15	10:30 - 12:15				
						18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:45	18:30 - 22:45	19:00 - 20:45	19:00 - 20:45	19:00 - 21:10	19:00 - 21:10				
					South pitch	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45										
						19:00 - 22:45	19:00 - 22:45	19:00 - 22:45		19:00 - 22:45	19:00 - 22:45	19:00 - 22:45											
					M/W	M/W	M/W	M	M/W	M/W	M/W	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F					
Sea Forest Cross-Country Course	Equestrian	Eventing[cross-country]												07:45 - 11:10									
Sea Forest Waterway	Canoe	Sprint													09:30 - 13:00	09:30 - 13:15	09:30 - 12:40	09:30 - 13:05	09:30 - 11:40	09:30 - 12:50			
															M/W/QF	M/W/SF/F	M/W/QF	M/W/SF/F	M/W/QF	M/W/SF/F	Reserve day		
	Rowing				08:30 - 12:10	08:30 - 12:30	09:00 - 11:40	09:00 - 11:20	08:30 - 12:00	08:30 - 11:40	08:30 - 11:50	8:45 - 10:55											
					M/W	M/W	M/W	M/W/QF/SF	M/W/SF/F	M/W/SF/F	M/W/F	M/W/F		Reserve day									

Venue	Sports/Discipline		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
			21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun		
Kasai Canoe Slalom Centre	Canoe	Slalom					13:00 - 16:45	14:00 - 16:45	14:00 - 17:00	13:00 - 16:45	14:00 - 16:45	14:00 - 17:00	Reserve day										
						M/W	M/SF/F	W/SF/F	M/SF/F	M/SF/F													
Yumenoshima Park Archery Field	Archery				09:00 - 11:00	09:30 - 12:05	09:30 - 11:05	09:30 - 11:05	09:30 - 13:25	09:30 - 13:25	09:30 - 13:25	09:30 - 11:15											
					13:00 - 15:00	14:15 - 17:25	13:45 - 17:25	13:45 - 17:25	16:00 - 19:55	16:00 - 18:40	16:00 - 18:40	14:45 - 17:20	14:45 - 17:20										
Tokyo Aquatics Centre	Aquatics	Swimming			M/W	Mix/QF/SF/F	W/QF/SF/F	M/QF/SF/F	M/W	M/W	M/W	W/QF/SF/F	M/QF/SF/F		10:30 - 12:25								
	Diving																10:00 - 11:30		10:00 - 11:30		10:00 - 11:30		
	Artistic Swimming																						
Tatsumi Water Polo Centre	Aquatics	Water Polo					10:00 - 12:50		10:00 - 12:50		10:00 - 12:50		10:00 - 12:50		10:00 - 12:50						09:30-12:20	09:30-12:20	
Makuhari Messe Hall A	Wrestling	Freestyle Greco-Roman													11:00 - 13:00	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30		
	Taekwondo																						
Makuhari Messe Hall B	Fencing																						
Tsurigasaki Surfing Beach	Surfing *																						
Saitama Super Arena	Basketball	Basketball																					
Asaka Shooting Range	Shooting	(Rifle & Pistol)																					
		(Shotgun)																					
Kasumigaseki Country Club	Golf																						
Enoshima Yacht Harbour	Sailing																						
Izu Velodrome	Cycling	Track																					
Izu MTB Course	Cycling	Mountain Bike																					
Fuji International Speedway	Cycling	Road(Road Race(Finish), Individual Time Trial)																					
Fukushima Azuma Baseball Stadium	Baseball/Softball	(Baseball)																					
		(Softball)																					
Yokohama Baseball Stadium	Baseball/Softball	(Baseball)																					
		(Softball)																					

Venue	Sports/Discipline		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
			21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun		
Sapporo Odori Park	Athletics	(Marathon)																			7:00 - 10:15	7:00 - 9:45	
		(Race Walk)																				W/F	M/F
																		16:30 - 18:05	16:30 - 18:15				
Sapporo Dome	Football		16:30 - 18:30	16:30 - 18:30		16:30 - 18:30	16:30 - 18:30			17:30 - 19:30													
			19:30 - 21:30	19:30 - 21:30		19:30 - 21:30	19:30 - 21:30			20:30 - 22:30													
			W	M		W	M			M													
Miyagi Stadium	Football		17:00 - 19:00			17:00 - 19:00			17:00 - 19:00	17:00 - 19:00													
			20:00 - 22:00			20:00 - 22:00			20:00 - 22:00	20:00 - 22:00				17:00 - 20:00	17:00 - 20:00								
			W			W			W	M			W/QF	M/QF									
Ibaraki Kashima Stadium	Football			17:00 - 19:00			17:00 - 19:00		17:00 - 19:00														
				20:00 - 22:00			20:00 - 22:00		20:00 - 22:00					18:00 - 21:00	18:00 - 21:00		17:00 - 20:00	17:00 - 20:00		17:00 - 20:00			
				M			M		W				W/QF	M/QF		W/SF	M/SF		W/B				
Saitama Stadium	Football				17:30 - 19:30	17:00 - 19:00			17:00 - 19:00														
						20:30 - 22:30	20:00 - 22:00		20:30 - 22:30	20:00 - 22:00				19:00 - 22:00	19:00 - 22:00		20:00 - 23:00			20:00 - 23:00			
						W	M		W	M			W/QF	M/QF		M/SF			MB				
International Stadium Yokohama	Football			17:30 - 19:30			17:30 - 19:30			17:30 - 19:30													
							20:30 - 22:30		20:30 - 22:30	20:30 - 22:30				20:00 - 23:00	20:00 - 23:00		20:00 - 23:00				20:30 - 23:30		
				M			M		W	M			W/QF	M/QF		W/SF						M/F	

This session competition schedule is subject to amendments up until the conclusion of Olympic Games Tokyo 2020.

* Surfing Festival will be held from Day 2 to Day 9. Starting from 25 July, the schedule will depend on the wave conditions.