

# Asuncion 2025 Junior Pan American Games

## Individual Sports

#	Sport	Discipline	No.	Quota	Age Category
1	Aquatics	Diving	1	60	Sub 23 (Born between 2003 or after)
		Swimming	2	272	Sub 23 (Born between 2003 - 2009)
		Open Water Swimming	3	40	Sub 23 (Born between 2003 - 2007)
		Artistic Swimming	4	90	Sub 21 (Born between 2005 - 2010) Sub 20 (Born between 2006 - 2010)
2	Archery		5	68	Sub 21 (Born in 2005 or after)
3	Athletics		6	496	Sub23 (Born between 2003 - 2007)
4	Badminton		7	64	Sub 23 (Born in 2003 or after)
5	Canoe/Kayak	Sprint	8	96	Sub 22 (Born between 2004 - 2009)
6	Cycling	BMX - Race	9	38	Sub 23 (Born between 2003 - 2008)
		BMX - Freestyle	10	36	Sub 19 (Born between 2007 - 2010)
		Mountain bike	11	42	Sub 23 (Born between 2003 - 2007)
		Road	12	66	Sub 23 (Born between 2003 - 2007) Women Sub 23 (Born between 2003 - 2006) Men
		Track	13	86	Sub 23 (Born between 2003 - 2007)
7	Fencing		14	96	Sub 21 (Born between 2005 - 2012)
8	Gymnastics	Artistic	15	114	Sub 19 (Born between 2007 - 2010) Men Sub 16 (Born between 2010 - 2011) Women
		Rhythmic	16	60	Sub 16 (Born between 2010 - 2011)
		Trampoline	17	24	Sub 22 (Born between 2004 - 2008)
9	Golf		18	64	Sub 21 (Born 2005 or after)
10	Judo		19	112	Sub 21 (Born between 2005 - 2010)
11	Karate	Kumite	20	80	Sub 21 (Born between 2005 - 2007)
12	Rowing		21	100	Sub 23 (Born in 2003 or after)
13	Sailing		22	64	Sub 23 (Born in 2003 or after)
14	Shooting	Rifle	23	80	Sub 21 (Born in 2005 or after)
		Pistol			
		Shotgun		24	
15	Skating	Artistic	24	32	Sub 23 (Born between 2003 - 2013)
		Speed	25	42	Sub 23 (Born between 2003 - 2010)
		Skateboarding	26	36	TBC
16	Squash		27	60	Sub 23 (Born in 2003 or after)
17	Table Tennis		28	64	Sub 21 (Born in 2005 or after)
18	Taekwondo	Poomsae	29	20	Sub 22 (Born between 2004 - 2009)
		Kyorugui	30	64	Sub 22 (Born between 2004 - 2009)
19	Tennis		31	64	Sub 19 (Born between 2007 - 2011)
20	Triathlon		32	64	Born between 2004 - 2007
21	Weightlifting		33	80	Sub 21 (Born between 2005 - 2010)
22	Water Skiing / Wakeboard		34	48	Sub 22 (Born in 2004 or after)

## Team Sports

23	Basketball	3x3	35	96	Sub 23 (Born in 2003 or after)
		5v5	36	192	TBC
24	Handball		37	224	Sub 21 - Women (Born between 2005 - 2009) Sub 22 - Men (Born between 2004 - 2009)
25	Hockey		38	256	Born 2003 or after
26	Rugby Sevens		39	192	Sub 21 (Born in 2005 or after)
27	Volleyball	Beach	40	64	Sub 23 (Born in 2003 or after)
		Indoor	41	192	Sub 23 (Born in 2003 or after)

<b>Total athletes</b>	<b>4,062</b>
<b>Total Sports</b>	<b>27</b>
<b>Total Disciplines</b>	<b>41</b>