



# Cycling Sport Update

December 2020

## About this Sport Update

Published in December 2020, the series of Sport Updates offer a summary of competition-related material about each sport at Tokyo 2020 and provide a variety of information to help teams in their planning and preparation for the Games.

General information such as accreditation, accommodation, transport, COVID-19 countermeasures, etc., is not included as it is still in the process of being finalised, but interim information relating to these areas is continually being published on Tokyo 2020 Connect as it is confirmed.

All information provided in this Sport Update was correct at the time of publication, but some details may have changed prior to the Games.

NOC representatives are advised to regularly check the IOC's NOCnet and Tokyo 2020 Connect for the latest updates, especially regarding competition schedules.

Team Leaders' Guides explaining Games-time plans for sports in greater detail will be distributed to NOCs in May 2021.

## WELCOME



On behalf of the Tokyo Organising Committee of the Olympic and Paralympic Games, I am delighted to present the Cycling Sport Update for the Games of the XXXII Olympiad.

We have been working diligently to provide facilities, services and protocols which will allow everyone involved in the Games to achieve all three of Tokyo 2020's core concepts: achieving personal bests, unity in diversity, and connecting to tomorrow.

Included is information about:

- processes relating to competition and training
- key dates and personnel
- competition schedule, format and rules
- venue facilities and services

We trust it will assist you with your planning for the Olympic Games Tokyo 2020. If you require any additional information that is not found in this guide, do not hesitate to check Tokyo 2020 Connect or contact the sport manager.

Please rest assured that the Olympic flame will not go out and will continue to burn in our hearts until the Olympic Games Tokyo 2020 next summer.

We look forward to welcoming you all with our unique Japanese hospitality when you arrive in Tokyo in July 2021.

Kind regards,

小谷 実可子

KOTANI Mikako  
Sport Director, Tokyo 2020

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# 1

## Cycling overview

### Cycling at the Olympic Games

Cycling was on the programme at the first modern Olympic Games in 1896 and is one of only five sports to have featured at every Olympic Games. There are currently five cycling disciplines on the Olympic programme.

BMX Racing began to take off in the late 1960s in California, USA, around the time that motocross became popular in the USA. The sport was integrated into the organisational framework of the International Cycling Union (UCI) in 1993, 15 years before BMX Racing made its first Olympic appearance at the Beijing 2008 Olympic Games.

At Tokyo 2020, the discipline of BMX Freestyle will make its debut on the Olympic programme. BMX Freestyle (Park) is a high action crowd-pleasing event, which takes place on a 'Park Course' consisting of ramps, embankments, walls and other obstacles of varying heights and sizes. Competitors are judged on tricks performed and their general movement throughout the course. Amongst other criteria, difficulty, originality, style and execution are all major factors in a riders' over-all impression score.

Mountain Bike originated in California in the 1970s when cyclists took old bikes out exploring the trails and tracks north of San Francisco. In 1976, these riders created a race that resulted in adaptations and modifications to existing bikes and from there the modern mountain bike was born. From its low-key beginnings, the sport quickly spread around the world. Cross-country Mountain Bike made its Olympic debut at Atlanta 1996 and has since featured at every Olympic Games.

Road Cycling emerged as a sport at the end of the 19th century. According to popular belief, the first ever bicycle race was held in Paris in 1868. The sport featured at the first modern Olympic Games in 1896 and since Stockholm 1912 has been included on every Olympic programme, with the individual time trial making its Olympic debut at Atlanta 1996.

Track Cycling has been around since at least 1870. When cycling was in its infancy, wooden indoor tracks were built, resembling the velodromes of today. With the exception of 1912, the discipline has been featured at every Olympic Games since Athens 1896.

# Key personnel

## Union Cycliste Internationale (UCI)

DISCIPLINE	IF TECHNICAL DELEGATE	ADVISOR
BMX Racing	Kevin MACCUISH (CAN)	Yvan LAPRAZ (SUI)
BMX Freestyle	Kevin MACCUISH (CAN)	Bart DE JONG (NED)
Mountain Bike	Simon BURNEY (GBR)	N/A
Road	Matt KNIGHT (CAN)	Steve PETERSON (AUS)
Track	TBD	TBD

## Tokyo 2020 competition management

Cycling Sport Manager		KATAYAMA Ukyo (JPN)	
Cycling Deputy Sport Manager		NISHIZAWA Mariko (JPN)	
Cycling Discipline	Discipline Manager	Services Manager	Technical Operations Manager
BMX Racing	Jorge VAZQUEZ MONROY (MEX)	HIRAWATA Kazuhiro (JPN)	TAKAHASHI Hiroshi (JPN)
BMX Freestyle	John 'Van' HOMAN (USA)	HIRAWATA Kazuhiro (JPN)	UEHARA Hiroshi (JPN)
Mountain Bike	Jorge VAZQUEZ MONROY (MEX)	NAKAO Miki (JPN)	Beatriz Akemi de REZENDE (BRA)
Road	William CLINCH (AUS)	KITTA Hajime (JPN)	KOJIMA Hiroki (JPN)
Track	Walter YUE (HKG)	OKABE Ayaka (JPN)	YAMADA Katsuhiko (JPN)



**KATAYAMA Ukyo**  
Cycling Sport Manager, Tokyo 2020

Born in Tokyo, Katayama Ukyo is a Japanese former racing driver and team manager, most notable for competing in Formula One for six years. He participated in 97 Grand Prix races after debuting in 1992 and scored a total of five championship points, all of them for the Tyrrell team in the 1994 season. Katayama also competed in the 24 Hours of Le Mans race in 1999, finishing second overall and first in the GTP class. In 2000 he founded Team UKYO which competed in the 500 class of the Japan Grand Touring Car series in 2001-2002 and took part in five Paris Dakar Rally races between 2002 and 2007. Katayama currently serves as the team manager for GOODSMILE Racing in the Super GT 300 class series and his Team UKYO Cycling team began competing on the UCI Continental circuit in 2012. Team UKYO has won numerous team and individual titles on the Japan Pro Tour as well as general classification victories in events such as the Tour of Japan, Tour de Taiwan and Tour de Kumano. Katayama joined the Tokyo 2020 sport management team in early 2019.



**Jorge VAZQUEZ MONROY (MEX)**  
**Cycling BMX Racing & Cycling Mountain Bike Discipline Manager**  
**Tokyo 2020**

Jorge Vazquez Monroy has extensive experience with Mountain Bike and BMX Racing events after working on various off-road cycling events for the UCI since 2008. His time at the UCI covers a range of roles from anti-doping to marketing, to event delivery and consultancy. It was while Vazquez Monroy was working for the UCI Urban Cycling World Championships in 2017 that he crossed paths with the World Curling Federation, which led to him helping the winter Olympic sport launch its first Curling World Cup in 2018/2019, held in the USA, Sweden and China. His sport management experience is not limited to Cycling and Curling – shortly after completing his master’s degree in sports administration in Switzerland, Vazquez Monroy worked in boxing and later worked at the UEFA Champions League between 2013 and 2014. Before working with international federations, the very first sport which captured Vazquez Monroy’s interest while growing up in Mexico was American football, which he previously played as a quarterback and running back. Prior to joining Tokyo 2020, Vazquez Monroy was a part of the Rio 2016 BMX Racing competition team. He completed a Manchester University doctorate in business administration focusing on sports organisations in late 2016.



**William CLINCH (AUS)**  
**Cycling Road Discipline Manager, Tokyo 2020**

William Clinch began cycling competitively at the age of 12 and became president of his local cycling club in Taree, New South Wales, Australia, when he was 19. A painter by trade, Clinch continued in the role for 13 years. While still regularly racing, he gained a Referee Certificate in 1982, qualified as a UCI Continental National Commissaire in 1990 and five years later became the first Australian to get an A pass in the course to become a UCI International Commissaire. He has officiated at events in many countries since then, and been employed in Cycling competition management roles at the Doha 2006 Asian Games as well as three consecutive Commonwealth Games - Delhi 2010, Glasgow 2014, and Gold Coast 2018. Clinch also worked as a Technical Official at the Sydney 2000 Olympic Games and the Melbourne 2006 Commonwealth Games, and in 2016 was awarded a Medal of the Order of Australia (OAM) for services to Cycling. He joined the Tokyo 2020 sport management team in April 2019.



**Walter YUE (HKG)**  
**Cycling Track Discipline Manager, Tokyo 2020**

Walter Yue started working in Cycling in 1992 and became an UCI International Commissaire of both Cycling Road and Cycling Track in 1995. He is the National Commissaire instructor for Cycling Road and Cycling Track in Hong Kong and was the Executive Director of the Cycling Federation of Hong Kong from 1999 to 2012. Yue has also been a race organiser for various major international cycling events in Hong Kong including Cycling Track World Cups and World Championships, and the Cycling Road Hammer Series. Apart from his background in Cycling he is a certified arborist in horticulture industry. Yue joined the Tokyo 2020 competition management team in early 2019.



**John 'Van' HOMAN (USA)**  
**Cycling BMX Freestyle Discipline Manager, Tokyo 2020**

John Homan, better known as 'Van', found his love for BMX in 1992 after entering his first BMX race when he was twelve years old. Eventually he went on to ride and compete professionally in BMX dirt, street and park events. In recent years Van has been active as a judge, head judge and consultant at many of today's major BMX Freestyle events including the UCI BMX Freestyle World Cup. He also hosts his own 'Uncovered' amateur series along with fellow BMX rider Brian Kachinsky which aims to help up-and-coming riders be discovered. Van joined the Tokyo 2020 competition management team in late 2018.



# Rules

All Cycling competitions will be held in accordance with the editions of the documents that are in force at the time of the Games.

## UCI Cycling Regulations

[www.uci.ch/inside-uci/rules-and-regulations/regulations](http://www.uci.ch/inside-uci/rules-and-regulations/regulations)

## The Olympic Charter

[www.olympic.org/documents/olympic-charter](http://www.olympic.org/documents/olympic-charter)

In accordance with Rule 46 of the IOC Olympic Charter, the UCI will be responsible for the technical control and direction of the Cycling competitions at the Tokyo 2020 Olympic Games.

# Clothing and equipment

Clothing and equipment used by athletes and other participants in all Cycling competitions at the Olympic Games must comply with the documents listed below.

## UCI Cycling Regulations

[www.uci.ch/inside-uci/rules-and-regulations/regulations](http://www.uci.ch/inside-uci/rules-and-regulations/regulations)

## The Olympic Charter

[www.olympic.org/documents/olympic-charter](http://www.olympic.org/documents/olympic-charter) with particular reference to Rule 50: Advertising, Demonstrations, Propaganda and Bye-law to Rule 50

## Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020 (distributed by the IOC to all NOCs)

The prohibition of any advertising and publicity in and above Olympic sites (as expressed in the Olympic Charter) is one of the aspects that differentiate the Olympic Games from other international events.

This is reflected in particular in Bye-law to Rule 50 of the Olympic Charter as follows:

*No form of publicity or propaganda, commercial or otherwise, may appear on persons, on sportswear, accessories or, more generally, on any article of clothing or equipment whatsoever worn or used by the athletes or other participants in the Olympic Games, except the identification [...] of the manufacturer of the article or equipment concerned, provided that such identification shall not be marked conspicuously for advertising purposes.*

*Placing the national and Olympic identity of athletes at the forefront helps to further distinguish the Olympic Games, whilst respecting the significant contribution that sporting goods manufacturers provide.*

# Athlete personal equipment transport - bikes

## Arrival

The Tokyo 2020 Logistics team will ensure athletes' luggage and equipment are delivered from Haneda or Narita international airports to the Olympic Cycling Village by bus or truck. Upon arrival at the Cycling Village, Tokyo 2020 Logistics staff will unload all athlete luggage and equipment in order for athletes to proceed to the Pedestrian Screening Area (PSA) checkpoint with their equipment. Once inside the Cycling Village, athletes will then be able to drop off their equipment at the Logistics counter.

## Cycling Village to venue (training and competition)

### Booking

Athletes or team officials will be required to book scheduled trucks at the Logistics Desk in the NOC Services Centre in the Olympic Village at least 24 hours in advance of their required departure.

### Check-in

TBC

### Reclaiming bikes at the venue

Outside of arrangements made with Tokyo 2020 Logistics, NOCs which intend to transport their own equipment and/or athletes and team officials between the Cycling Village and venue may use their own additional team vehicles.

## Cycling Track

On days of official training and competition, Tokyo 2020 Logistics will load bikes onto trucks for delivery to Izu Velodrome based on the agreed delivery plan with NOC equipment managers. Upon arrival at Izu Velodrome, Tokyo 2020 Logistics will unload bikes into the NOC storage area under the supervision of NOC equipment managers.

### After competition return

Athletes who want to transport their bikes from Izu Velodrome back the Cycling Village must check-in their bike with the Cycling Track team at the required time after competition. Once competition has concluded, Tokyo 2020 Logistics will load athletes' bikes onto trucks for transportation to the Cycling Village.

When departing the Cycling Village, Tokyo 2020 Logistics will transport athletes' baggage and bikes by buses or trucks to Haneda and/or Narita airport, or to the Olympic Village if required.

NOCs can choose to check-in their baggage and bikes for their departure flights at the Olympic Village or at the airport check-in counter.

Athletes participating in the Closing Ceremony on 23 July 2021 will be required to have their luggage and sport equipment delivered to the Olympic Village. Prior bookings with Tokyo 2020 Logistics are required for bike deliveries between the Cycling Village and the Olympic Village.

# Cycling competition

The sport of Cycling at the Olympic Games comprises Cycling BMX, Cycling Mountain Bike, Cycling Road and Cycling Track.

## BMX

BMX is made up of two medal disciplines - BMX Racing and the newly added BMX Freestyle event which will be part of the Olympic programme for the first time at Tokyo 2020. The Cycling BMX competition will consist of four medal events, summarised below:

### Medal events

Men (2)	Women (2)
BMX Racing	BMX Racing
BMX Freestyle	BMX Freestyle

## BMX Racing

The BMX Racing competition at Tokyo 2020 will be held on Thursday 29 July and Friday 30 July 2021 at the Ariake Urban Sports Park.

A total of 48 athletes will take part in the BMX Racing competition. This figure comprises 23 male and 23 female athletes, plus two places - one man and one woman - allocated to the host country.

## BMX Freestyle

The BMX Freestyle competition at Tokyo 2020 will be held on Saturday 31 July and Sunday 1 August 2021 at the Ariake Urban Sports Park.

A total of 18 athletes will take part in the BMX Freestyle competition. This figure comprises eight male and eight female athletes, plus two places - one man and one woman - allocated to the host country.

## Cycling Mountain Bike

The Cycling Mountain Bike competition at Tokyo 2020 will be held on Monday 26 July and Tuesday 27 July 2021 at the Izu MTB Course in Izu City, Shizuoka. The competition will consist of two medal events, summarised below:

### Medal events

Men (1)	Women (1)
Cross-country	Cross-country

A total of 76 athletes may take part in the Cycling Mountain Bike competition. This figure comprises 37 male and 37 female athletes, plus two places - one man and one woman - allocated to the host country.

## Cycling Road

The Cycling Road competition at Tokyo 2020 will be held on Saturday 24 July, Sunday 25 July and Wednesday 28 July 2021. The competition will consist of four medal events, summarised below:

### Medal events

Men (2)	Women (2)
Road Race	Road Race
Individual Time Trial	Individual Time Trial

## Cycling Track

The Cycling Track competition at Tokyo 2020 will be held from Monday 2 August to Sunday 8 August 2021 at the Izu Velodrome in Izu City, Shizuoka. The competition will include 12 medal events, summarised below:

### Medal events

Men (6)	Women (6)
Team Sprint	Team Sprint
Sprint	Sprint
Keirin	Keirin
Team Pursuit	Team Pursuit
Omnium	Omnium
Madison	Madison

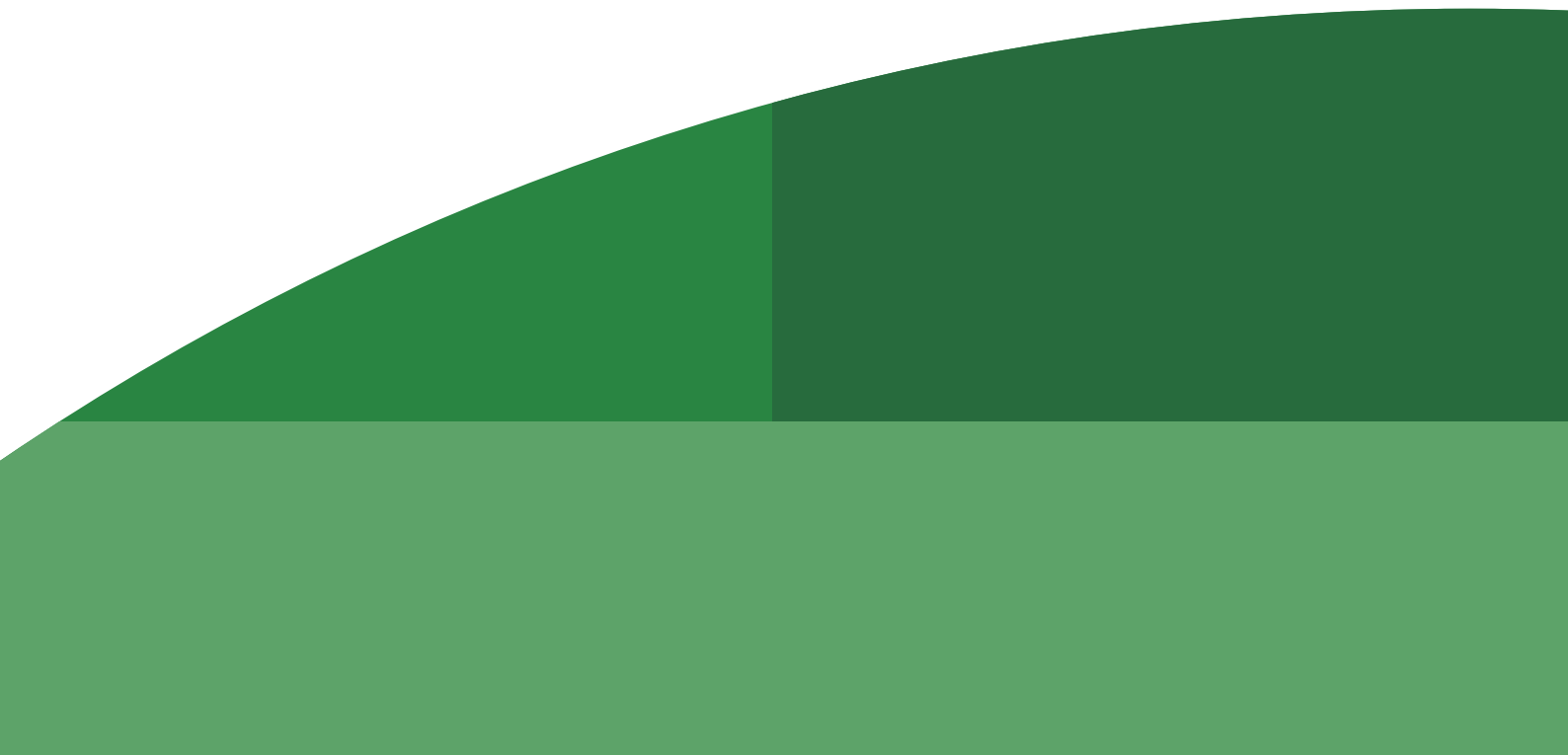
A total of 189 athletes (98 men and 91 women) may take part in Cycling Track competition.

## Key dates

<b>5 JULY 2021</b>	Sport entries final deadline (23:59 JST)
<b>13 JULY 2021</b>	Olympic Village official opening
<b>14 JULY 2021</b>	Start of official training
<b>23 JULY 2021 (DAY 0)</b>	Olympic Games Opening Ceremony
<b>24 JULY 2021 (DAY 1)</b>	Start of Cycling competition Start of Road competition
<b>26 JULY 2021 (DAY 3)</b>	Start of Mountain Bike competition
<b>27 JULY 2021 (DAY 4)</b>	End of Mountain Bike competition
<b>28 JULY 2021 (DAY 5)</b>	End of Road competition
<b>29 JULY 2021 (DAY 6)</b>	Start of BMX Racing competition
<b>30 JULY 2021 (DAY 7)</b>	End of BMX Racing competition
<b>31 JULY 2021 (DAY 8)</b>	Start of BMX Freestyle competition
<b>1 AUGUST 2021 (DAY 9)</b>	End of BMX Freestyle competition
<b>2 AUGUST 2021 (DAY 10)</b>	Start of Track competition
<b>8 AUGUST 2021 (DAY 16)</b>	End of Track competition End of Cycling competition Olympic Games Closing Ceremony
<b>11 AUGUST 2021</b>	Olympic Village closes

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# **BMX Racing**





## International Technical Officials (ITOs)

INTERNATIONAL TECHNICAL OFFICIALS (ITOs)	
President of the Commissaires Panel	Euan GOODMAN (GBR)
Race Secretary Commissaire	Norm MCCANN (IRL)
Assistant President of the Commissaires Panel	Michael DONOVAN (USA)
Start Commissaire	Tracey VINCE (AUS)
Member of the Commissaires Panel	Christine DECONCLOIS (FRA)

## National Technical Officials (NTOs)

[JPN unless otherwise stated]

NATIONAL TECHNICAL OFFICIALS (NTOs)	
National Commissaire	SHIBATA Yumiko
	SASATANI Yoshiaki
	AIBA Masayuki
	FURUYA Masakazu



# Cycling BMX

Competition Schedule Event Details

Version: 2.00

Day 6			Thu 29 Jul 2021	
<b>Session BMX01</b>		<b>Start 10:00 End: 12:00</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:00 - 10:15	0:15	Men's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4		
10:21 - 10:36	0:15	Women's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4		
10:42 - 10:57	0:15	Men's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4		
11:03 - 11:18	0:15	Women's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4		
11:24 - 11:39	0:15	Men's Racing Quarterfinals, Run 3 - Heat 1 to Heat 4		
11:45 - 12:00	0:15	Women's Racing Quarterfinals, Run 3 - Heat 1 to Heat 4		
Day 7			Fri 30 Jul 2021	
<b>Session BMX02</b>		<b>Start 10:00 End: 12:20</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:00 - 10:07	0:07	Men's Racing Semifinals, Run 1 - Heat 1 to Heat 2		
10:15 - 10:23	0:07	Women's Racing Semifinals, Run 1 - Heat 1 to Heat 2		
10:31 - 10:38	0:07	Men's Racing Semifinals, Run 2 - Heat 1 to Heat 2		
10:46 - 10:54	0:07	Women's Racing Semifinals, Run 2 - Heat 1 to Heat 2		
11:02 - 11:09	0:07	Men's Racing Semifinals, Run 3 - Heat 1 to Heat 2		
11:17 - 11:25	0:07	Women's Racing Semifinals, Run 3 - Heat 1 to Heat 2		
11:40 - 11:45	0:05	Men's Racing Final		
11:50 - 11:55	0:05	Women's Racing Final		
12:00 - 12:10	0:10	Men's Racing Victory Ceremony		
12:10 - 12:20	0:10	Women's Racing Victory Ceremony		
Day 8			Sat 31 Jul 2021	
<b>Session BMX03</b>		<b>Start 10:10 End: 12:20</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:10 - 11:10	1:00	Women's Freestyle Park Seeding Run		
11:20 - 12:20	1:00	Men's Freestyle Park Seeding Run		
Day 9			Sun 1 Aug 2021	
<b>Session BMX04</b>		<b>Start 10:10 End: 12:45</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:10 - 11:10	1:00	Women's Freestyle Park Final		
11:20 - 12:20	1:00	Men's Freestyle Park Final		
12:25 - 12:35	0:10	Women's Freestyle Park Victory Ceremony		
12:35 - 12:45	0:10	Men's Freestyle Park Victory Ceremony		

# BMX Racing competition format

Event	Event Phase	Progression	Competition Format
Men's BMX Racing	Quarterfinals Semifinals Final	Qualification	Bracket
Women's BMX Racing	Quarterfinals Semifinals Final	Qualification	Bracket

## Quarterfinals and semifinals

- Quarterfinals and semifinals are each held over three runs. There are four heats of a maximum six riders in the quarterfinals and two heats of a maximum eight riders in the semifinals. The quarterfinals are seeded using the latest UCI BMX Racing individual rankings
- For each run, points are awarded according to each rider's finish position (first scores 1 point, second scores 2 points, and so on)
- Scores of each run are added together and the four riders with the lowest total number of points in each heat qualify for the next phase
- Riders who 'Did Not Finish' (DNF) a run receive a score equal to the number of riders who started the run and remain eligible to qualify
- Riders who are 'Relegated' (REL) receive a score equal to the number of riders who started the run plus two points and remain eligible to qualify
- Riders who 'Did Not Start' (DNS) a run receive a score equal to the number of riders in the start list of the run plus two points
- Riders who fail to start more than one run within the same phase are not eligible to progress in the competition
- Riders who are 'Disqualified' (DSQ) are excluded from the competition and are not ranked

## Final

- The final is held over a single run. Every rider receives a rank, with the exception of disqualified riders
- If the photo-finish cannot break ties on the finish line, riders will share the same rank

## Gate selection order

- For each run, riders can select a preferred gate
- For the first run in the quarterfinals, the riders within each heat can select a gate start position in order of seeding within their heat
- The gate selection order for all other runs is determined by the time from the previous run
- If two or more riders have the same time in the previous run, ties are broken by the seeding order for the quarterfinals
- If two or more riders have received a results mark (i.e. DNF, REL, DNS) in the previous run, the gate selection order is DNF, REL, DNS
- If two or more riders have received the same results mark in the previous run, the gate selection order is decided by the seeding order for the quarterfinals

# Pre-competition procedures

## Track walk

**DATE:** 24 July 2021

**TIME:** 11:00 – 11:45

**LOCATION:** Field of play, Ariake Urban Sports Park

Team leaders will only be allowed access to the field of play during this designated session, during which they may walk the track. Athletes may also walk the track, but bikes are not allowed on the track during this session

## Team managers' meeting

**DATE:** 24 July 2021

**TIME:** 12:00 – 12:30

**LOCATION:** Athletes' Lounge, Ariake Urban Sports Park

The team managers' meetings will be held in accordance with the UCI regulations in the presence of the UCI technical delegate and BMX racing advisor, the ITOs, Tokyo 2020 BMX Racing manager and anti-doping officers. All team leaders are required to attend the meeting, which will cover information relating to the operation of the venue, training sessions and competition.

## Confirmation of riders, transponder and bike plates distribution

**DATE:** 24 July 2021

**TIME:** 12:30 – 13:30

**LOCATION:** Sport office, Ariake Urban Sports Park

All NOCs must present licences with the correct ID number, for all entered riders. The Late Athlete Replacement (LAR) process must be completed at the latest two hours before the confirmation of riders. NOCs must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-law to Rule 50 of the Olympic Charter and the IOC Manufacturer Identification Guidelines.

## Water bottles

Water bottles with a capacity of 500ml will be provided to BMX Racing athletes on 24 July 2021. Bottles will be distributed to a representative of each NOC. Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for Tokyo 2020 Olympic Games.

**DATE:** 24 July 2021

**TIME:** 12:30 – 13:30

**LOCATION:** Athletes' Lounge, Ariake Urban Sports Park

# Competition procedures

Athletes will be allowed to warm up on the competition track before each session begins in accordance with the timetable given below.

29 JULY 2021 (DAY 6)					
EVENT	PHASE	# RIDERS	MINUTES	START	FINISH
Men	Warm-up	24	00:30:00	08:45	09:15
Women	Warm-up	24	00:30:00	09:20	09:50
30 JULY 2021 (DAY 7)					
EVENT	PHASE	# RIDERS	MINUTES	START	FINISH
Men	Warm-up	16	00:30:00	08:45	09:15
Women	Warm-up	16	00:30:00	09:20	09:50

## Accredited/team seating

Accredited seating for same-sport athletes will be in the main stand.

## Technical filming

If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete or spectator seating areas using non-professional consumer video cameras. Teams may also film during training sessions using non-professional cameras.

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. Any requests for positions outside of this area must be submitted in writing to OBS.

For BMX Racing there will be a designated area at the second turn where teams can film. Allocation of places will be decided at the team managers' meeting.

# Post-competition procedures

## **Leaving the competition track**

After reaching the finish line, athletes will exit through the mixed zone.

## **Mixed zone**

TBC

## **Doping control**

TBC

## **Victory ceremonies**

TBC

# Competition venue

## Ariake Urban Sports Park

1-7 Ariake  
Koto-ku Tokyo  
Japan

The Ariake Urban Sports Park is one of the Tokyo Bay Zone venues and will have a gross capacity of 5,000 for BMX Racing competition at Tokyo 2020.

## Field of play (FOP)

The BMX Racing track will be between 400m and 450m long.

## Venue access

Ariake Urban Sports Park will open from Sunday 25 July 2021 to Wednesday 28 July 2021 for BMX Racing training and competition.

The venue will open two hours before competition commences and close one hour after competition concludes.

The athletes' load zone is located inside the competition venue, next to the team cabins. Access to Ariake Urban Sports Park will be limited to the official Tokyo 2020 transport system.

## Venue transport

Time/distance from Olympic Village using Tokyo 2020 transport services: 9min/3km

## Venue facilities and services

### Athletes' Lounge

The Athletes' Lounge is located on the second floor of the team area, on the east side of the field of play. The lounge will be equipped with chairs, tables, sofas and a television displaying the live OBS competition feed. Free-of-charge wireless and cabled internet access will also be available in the lounge. A refreshment station serving whole fruits, cold snacks, Coca-Cola drinks and hot drinks will be available for athletes and team officials.

### Food and beverage

Athlete Venue Meals (AVMs) in the form of cold-packed meals will be available at Ariake Urban Sports Park for athletes and team officials who spend more than 4 hours out of the Olympic Village for competition or official training.

AVMs must be ordered at the Sport Information Desk (SID) at the Olympic Village by 12:00 (midday), two days before the competition or official training day. In principle AVM orders will be available from 14 July until 8 August 2021. The AVMs will be delivered to the Athletes' Lounge. AVMs will include items such as sandwiches, salads, pieces of fruit, dessert, and yoghurt. A vegetarian option will also be available, but it must be requested at the time of ordering.

## **Changing rooms and showers**

Separate changing rooms with shower and toilet facilities for men and women are located on the east side of the field of play, next to the warm-up area.

## **Sport Information Desk (SID)**

The SID is located next to the warm-up area. The SID will open from 08:00 to 14:00 between 24 July and 30 July 2021.

## **Massage rooms**

The massage rooms are located on the first floor of the athlete area and will contain individual massage tables. NOCs must book massage rooms at the venue SID.

## **Team cabins**

One team cabin will be allocated per NOC. The cabins will be shared by BMX Racing and BMX Freestyle teams. The cabins are lockable with 24-hour security; it is safe to keep bikes and other equipment in the cabins overnight. All cabins are equipped with power and wireless internet.

## **Bike maintenance and repair**

Shimano Neutral Service is located near the warm-up area and will be available on all training and competition days.

## **Doping control station**

The doping control station is located in the same area as the changing rooms, near the warm-up area.

## **Medical services**

The athletes' medical station is located on the north side of the field of play, near the finish line. The Tokyo 2020 athlete medical team will provide services such as first aid, emergency care, sports medicine and physical therapy services to athletes, team officials and technical officials.

The medical team will consist of at least one doctor and one physiotherapist, and nurses. Ambulances will also be stationed at Ariake Urban Sports Park during medical services operational hours. Each ambulance is staffed with a crew of three trained medical personnel.



# Training

Training for BMX Racing will also take place at the Ariake Urban Sports Park, which will be open to athletes for training from Saturday 25 July to Wednesday 28 July 2021.

## Training schedule

Training for the BMX Racing competition will take place in accordance with the schedule given below. All equipment and clothing used in training must comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

25 JULY 2021			
START	FINISH	DURATION	PHASE
09:00	10:00	1 hour	Women's training - session 1
10:00	11:00	1 hour	Men's training - session 1
11:00	11:45	45 minutes	Women's training - session 2
11:45	12:30	45 minutes	Men's training - session 2

26 JULY 2021			
START	FINISH	DURATION	PHASE
09:00	10:00	1 hour	Men's training - session 3
10:00	11:00	1 hour	Women's training - session 3
11:00	11:45	45 minutes	Men's training - session 4
11:45	12:30	45 minutes	Women's training - session 4

27 JULY 2021			
START	FINISH	DURATION	PHASE
13:30	14:30	1 hour	Women's training - session 5
14:30	15:30	1 hour	Men's training - session 5
15:30	16:00	30 minutes	Women's training - session 6
16:00	16:30	30 minutes	Men's training - session 6

28 JULY 2021			
START	FINISH	DURATION	PHASE
09:00	09:45	45 minutes	Men's training - session 7
09:45	10:30	45 minutes	Women's training - session 7
10:30	11:00	30 minutes	Men's training - session 8
11:00	11:30	30 minutes	Women's training - session 8

## Training facilities

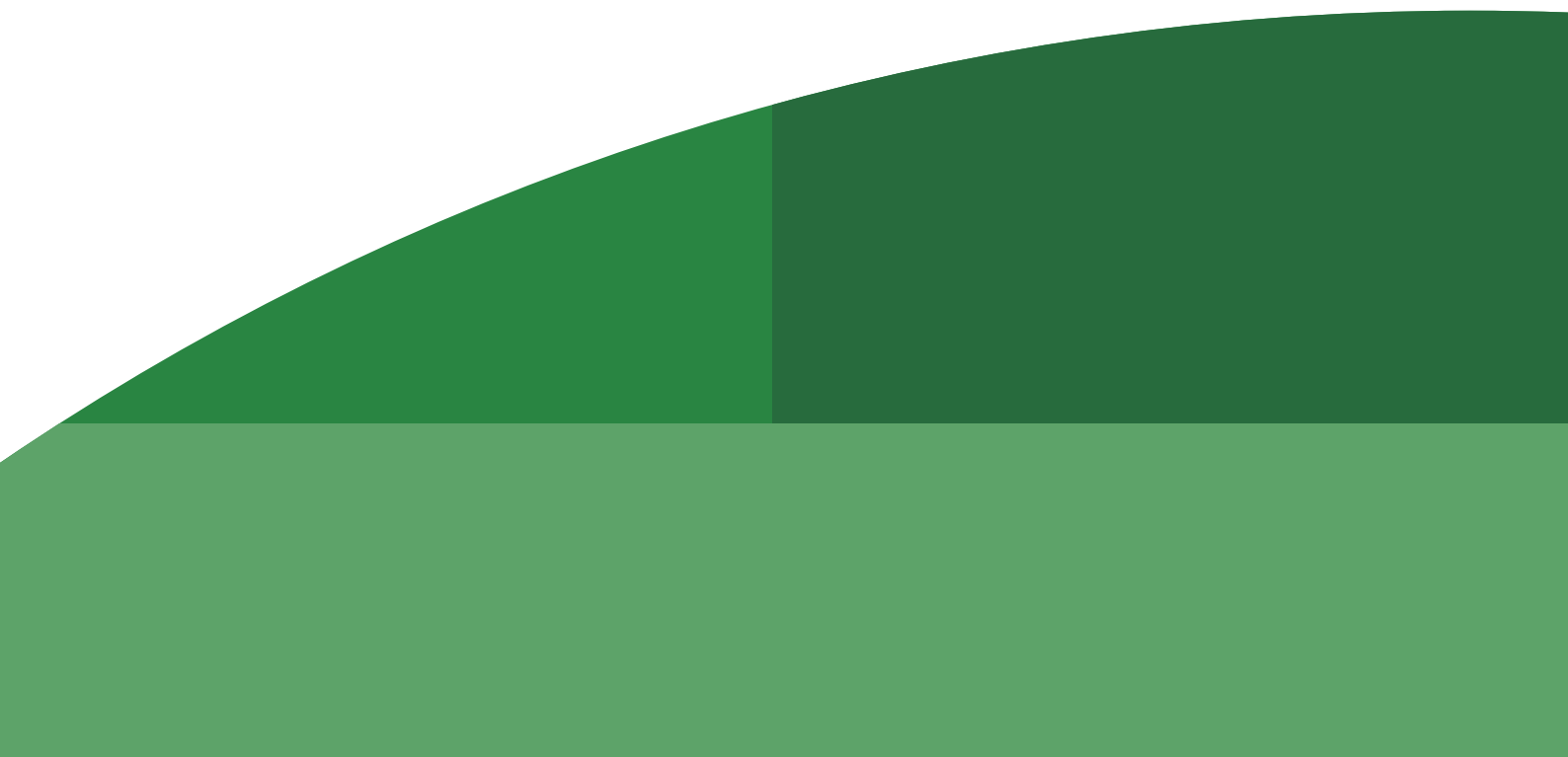
Training facilities will be the same as competition facilities. See [Venue facilities and services](#) on page 21 and 22 for details.

## Training Access Pass (TAP)

TBC

**3**

**BMX Freestyle**



## International Technical Officials (ITOs)

7 ITOs

## National Technical Officials (NTOs)

4 NTOs

# BMX Freestyle competition format

Event	Event Phase	Progression	Competition Format
Men's BMX Freestyle Park	Seeding Final	Seeding Single phase	In-line In-line
Women's BMX Freestyle Park	Seeding Final	Seeding Single phase	In-line In-line

The competition for each gender is divided into the following phases: Seeding and Final

There are five judges who score each rider between 0.00 and 99.99 points for a particular run. The official score for a run is calculated as the average of the scores given by each judge.

## Seeding

- The purpose of the Seeding phase is to determine the start order for the Final
- The start order for the Seeding is in reverse order of the latest UCI BMX Freestyle Park individual ranking (the higher ranked rider starting later)
- During the Seeding phase, each rider makes two runs of one minute
- All riders do their first run in seeding order, after which all riders go for their second run in the same order
- The total score for the Seeding phase is calculated as the average score from both runs (average of official score run 1 and official score run 2)
- Any rider not starting in both runs of the Seeding phase shall be scored as Did Not Start (DNS) and shall not advance to the Final phase, unless excused by the Official Doctor due to an injury suffered earlier during the Seeding phase. In that case, the rider shall receive a score based upon the riding completed, if any.

## Final

- During the Final each rider makes two runs of one minute
- All riders do their first run in reverse order of the results of the Seeding phase, after which all riders go for their second run in the same order
- The total score for the Final is calculated as the best score from both runs (highest of official scores for each run)



# Cycling BMX

Competition Schedule Event Details

Version: 2.00

Day 6			Thu 29 Jul 2021	
<b>Session BMX01</b>		<b>Start 10:00 End: 12:00</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:00 - 10:15	0:15	Men's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4		
10:21 - 10:36	0:15	Women's Racing Quarterfinals, Run 1 - Heat 1 to Heat 4		
10:42 - 10:57	0:15	Men's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4		
11:03 - 11:18	0:15	Women's Racing Quarterfinals, Run 2 - Heat 1 to Heat 4		
11:24 - 11:39	0:15	Men's Racing Quarterfinals, Run 3 - Heat 1 to Heat 4		
11:45 - 12:00	0:15	Women's Racing Quarterfinals, Run 3 - Heat 1 to Heat 4		
Day 7			Fri 30 Jul 2021	
<b>Session BMX02</b>		<b>Start 10:00 End: 12:20</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:00 - 10:07	0:07	Men's Racing Semifinals, Run 1 - Heat 1 to Heat 2		
10:15 - 10:23	0:07	Women's Racing Semifinals, Run 1 - Heat 1 to Heat 2		
10:31 - 10:38	0:07	Men's Racing Semifinals, Run 2 - Heat 1 to Heat 2		
10:46 - 10:54	0:07	Women's Racing Semifinals, Run 2 - Heat 1 to Heat 2		
11:02 - 11:09	0:07	Men's Racing Semifinals, Run 3 - Heat 1 to Heat 2		
11:17 - 11:25	0:07	Women's Racing Semifinals, Run 3 - Heat 1 to Heat 2		
11:40 - 11:45	0:05	Men's Racing Final		
11:50 - 11:55	0:05	Women's Racing Final		
12:00 - 12:10	0:10	Men's Racing Victory Ceremony		
12:10 - 12:20	0:10	Women's Racing Victory Ceremony		
Day 8			Sat 31 Jul 2021	
<b>Session BMX03</b>		<b>Start 10:10 End: 12:20</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:10 - 11:10	1:00	Women's Freestyle Park Seeding Run		
11:20 - 12:20	1:00	Men's Freestyle Park Seeding Run		
Day 9			Sun 1 Aug 2021	
<b>Session BMX04</b>		<b>Start 10:10 End: 12:45</b>	<b>Ariake Urban Sports Park</b>	
Time	Duration	Event name		
10:10 - 11:10	1:00	Women's Freestyle Park Final		
11:20 - 12:20	1:00	Men's Freestyle Park Final		
12:25 - 12:35	0:10	Women's Freestyle Park Victory Ceremony		
12:35 - 12:45	0:10	Men's Freestyle Park Victory Ceremony		

# Pre-competition procedures

## **BMX Freestyle back of house venue tour**

**DATE:** Monday 26 July 2021

**TIME:** 13:00 – 14:30

**LOCATION:** Ariake Urban Sports Park

## **BMX Freestyle field of play walk**

**DATE :**Monday 26 July 2021

**TIME:** 13:30 – 14:00

**LOCATION:** Ariake Urban Sports Park

## **BMX Freestyle team leaders meeting**

**DATE:** Monday 26 July 2021

**TIME:** 14:00 – 14:30

**LOCATION:** Ariake Urban Sports Park

## **BMX Freestyle rider confirmation**

**DATE:** Monday 26 July 2021

**TIME:** 14:30 – 15:30

**LOCATION:** Ariake Urban Sports Park

## **Venue orientation/familiarisation**

**DATE:** Monday 26 July 2021

**TIME:** 13:00 – 14:00

**LOCATION:** Ariake Urban Sports Park

# Competition procedures

## Staging

Athletes will stage in the elevated staging area connected to the field of play. A rider may locate their starting position one rider before their run assuming it does not create any interference.

## Warm-up procedures

During practice sessions, athletes will warm up at their own pace. During the men's and women's competition, athletes will be provided with 30 minutes to warm-up time as well as five to ten minutes two warm-up just before their heat begins.

BMX FREESTYLE – SATURDAY 31 JULY 2021	
WOMEN'S OFFICIAL PRACTICE	MEN'S OFFICIAL PRACTICE
08:45 – 09:15	09:15 – 09:45
WOMEN'S WARM-UP	MEN'S WARM-UP
10:00 – 10:10	11:10 – 11:20

BMX FREESTYLE – SUNDAY 1 AUGUST 2021	
WOMEN'S OFFICIAL PRACTICE	MEN'S OFFICIAL PRACTICE
08:45 – 09:15	09:15 – 09:45
WOMEN'S WARM-UP	MEN'S WARM-UP
10:00 – 10:10	11:10 – 11:20

# Post-competition procedures

## Leaving the field of play

After competition, riders will leave their bikes with team managers and move through the mixed zone.

## Victory ceremonies

TBC

## Doping control

TBC



# Competition venue

## Ariake Urban Sports Park

1-7 Ariake  
Koto-ku Tokyo  
Japan

The Ariake Urban Sports Park is one of the Tokyo Bay Zone venues and will have a gross capacity of 6600 for BMX Freestyle competition at Tokyo 2020. The field of play is a BMX Freestyle Park which is 35m wide and 50m long.

## Field of play (FOP)

The BMX Freestyle Park is 35m wide and 50m long.

## Venue access

Ariake Urban Sports Park will open from Tuesday 27 July 2021 until Sunday 1 August 2021 for BMX Freestyle training and competition.

The venue will open two hours before competition commences and close one hour after competition concludes.

The athletes' load zone is located inside the competition venue, next to the team cabins. Access to Ariake Urban Sports Park will be limited to the official Tokyo 2020 transport system.

## Venue transport

Time/distance from Olympic Village using Tokyo 2020 transport services: 9min/3km

## Venue facilities and services

### Athletes' Lounge

The Athletes' Lounge is located on the second floor of the team area, on the east side of the field of play. The lounge will be equipped with chairs, tables, sofas and a television displaying the live OBS competition feed. Free-of-charge wireless and cabled internet access will also be available in the lounge. A refreshment station serving whole fruits, cold snacks, Coca-Cola drinks and hot drinks will be available for athletes and team officials.

### Food and beverage

Athlete Venue Meals (AVMs) in the form of cold-packed meals will be available at Ariake Urban Sports Park for athletes and team officials who spend more than 4 hours out of the Olympic Village for competition or official training. AVMs must be ordered at the Sport Information Desk (SID) at the Olympic Village by 12:00 (midday), two days before the competition or official training day.

In principle, AVM orders will be available from 14 July until 8 August 2021. The AVMs will be delivered to the Athletes' Lounge. AVMs will include items such as sandwiches, salads, pieces of fruit, dessert, and yoghurt. A vegetarian option will also be available, but it must be requested at the time of ordering. A refreshment station is also available in the Athletes' Lounge.

### Changing rooms

Separate changing rooms for men and women containing toilets and showers are located adjacent the Athletes' Lounge.

### Bike maintenance and repair

Shimano neutral service will be available on all training and competition days.

### Doping control station

The doping control station is located in the same area as the changing rooms, near the warm-up area.

### Medical services

The athletes' medical station is located in the north side of the field of play. The Tokyo 2020 athlete medical team will provide services such as first aid, emergency care, sports medicine and physical therapy services to athletes, team officials and technical officials.

The medical team will consist of at least one doctor and one physiotherapist, and nurses. Ambulances will also be stationed at Ariake Urban Sports Park during medical services operational hours. Each ambulance is staffed with a crew of three trained medical personnel.

### Team cabins

One team cabin will be allocated per NOC. The cabins will be shared by BMX Racing and BMX Freestyle teams. The cabins are lockable with 24-hour security; it is safe to keep bikes and other equipment in the cabins overnight. All cabins are equipped with power and wireless internet.

## Heat countermeasures

During Games-time, the following countermeasures against heat will be taken to ensure the good health of athletes:

- Athletes' Lounge with air conditioner
- Water/ice to be provided
- Team cabin with air conditioner
- Staging tent (before entering the field of play)
- Cold spray

## Training

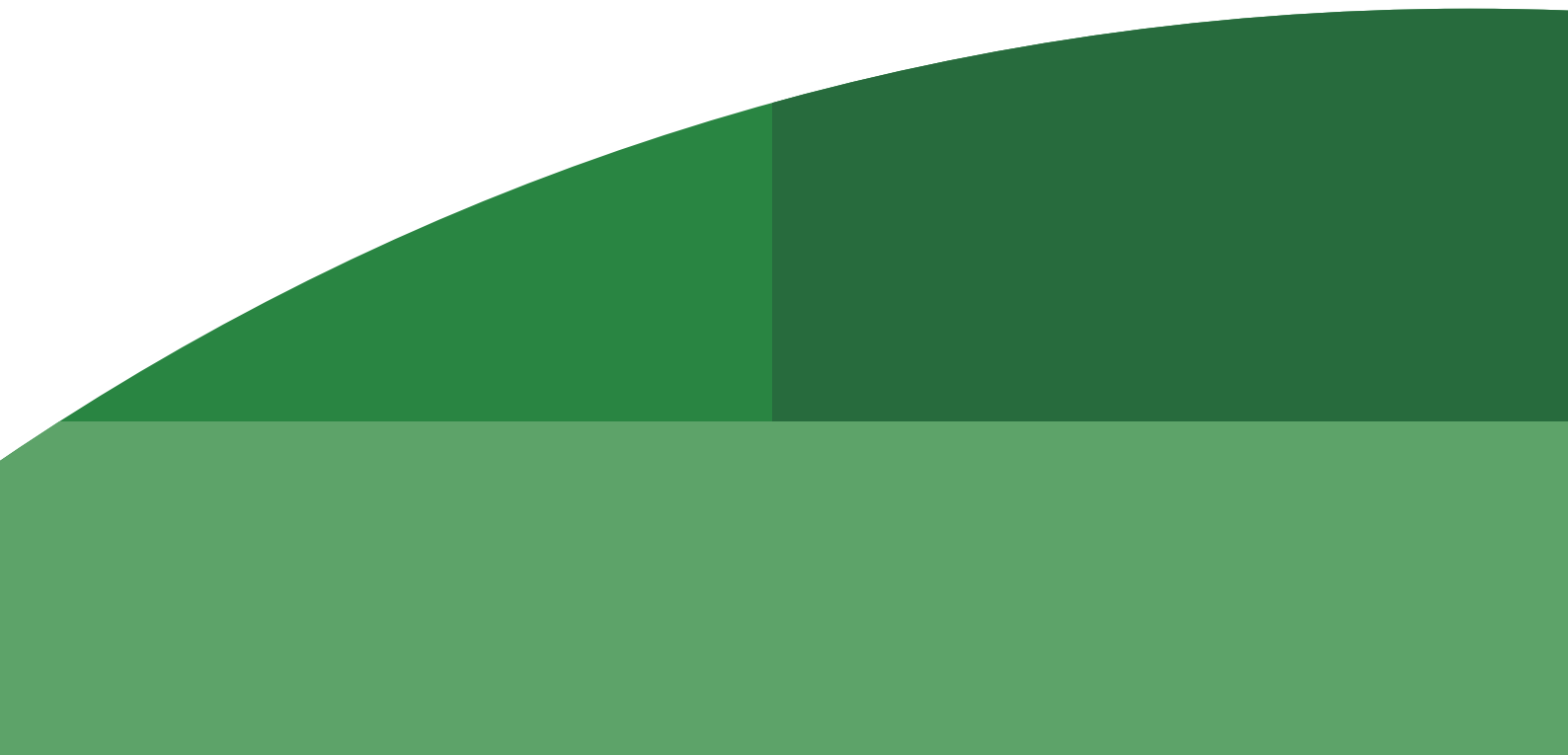
The competition venue Ariake Urban Sports Park will be open to athletes for BMX Freestyle Park training from Tuesday 27 July to Friday 30 July 2021. All BMX Freestyle competition facilities and services will also be available on training days.

### Training schedule

<b>TUESDAY 27 JULY 2021</b>	
Men's official practice	09:00 – 10:45
Women's official practice	10:45 – 12:30
<b>WEDNESDAY 28 JULY 2021</b>	
Women's official practice	12:30 – 14:15
Men's official practice	14:15 – 16:00
<b>THURSDAY 29 JULY 2021</b>	
Men's official practice	13:00 – 14:30
Women's official practice	14:30 – 16:00
<b>FRIDAY 30 JULY 2021</b>	
Women's official practice	13:30 – 15:00
Men's official practice	15:00 – 16:30

**4**

**Mountain Bike**



## International Technical Officials (ITOs)

President of the Commissaires Panel	Michaela NUSSBAUMER (AUT)
Race Secretary	Thierry NUNINGER (FRA)
	Michael DROLET (CAN)
	Federica GUARNIERO (ITA)
	Jeremy CHRISTMAS (NZL)

## National Technical Officials (NTOs)

(JPN unless otherwise stated)

NTOs
Ronizam ISMAIL (MAS)
Brittney ANANG (MAS)
MARUYAMA Yachiyo
TAKAHASHI Naoko



# Cycling Mountain Bike

Competition Schedule Event Details

Version: 2.00

## Day 3 Mon 26 Jul 2021

**Session MTB01 Start: 15:00 End: 17:00 Izu MTB Course**

Time	Duration	Event name
15:00 - 17:00	2:00	Men's Cross-country
		Men's Cross-country Victory Ceremony

Victory Ceremony will take place within 5 mins of the field of play being called clear and will last c.10mins

## Day 4 Tue 27 Jul 2021

**Session MTB02 Start: 15:00 End: 17:00 Izu MTB Course**

Time	Duration	Event name
15:00 - 17:00	2:00	Women's Cross-country
		Women's Cross-country Victory Ceremony

Victory Ceremony will take place within 5 mins of the field of play being called clear and will last c.10mins

# Mountain Bike competition format

The Mountain Bike events for both men and women are mass start events. Riders will be seeded into a starting grid according to their current UCI ranking and will then complete one start loop, plus a specified number of laps of the course.

The first rider across the line will be declared the winner. The number of laps for each event will be confirmed at the team managers' meeting in order to ensure a winning time of between 1hr 20mins and 1hr 40 mins. The number of laps may be changed up to two hours before the start of the race, depending on the track and weather conditions.

# Pre-competition procedures

## Equipment drop-off

**DATE:** 22 July 2021

**TIME:** 14:00 – 17:00

**LOCATION:** Athletes' area, Izu MTB Course

On Thursday 22 July 2021, NOCs with vehicles will be able to access the athletes' area in order to drop off their equipment. This will be the only opportunity to unload NOC equipment in this area as access to the venue will be limited to the official transport system after 22 July 2021.

Please note that this day is exclusively for dropping off sport equipment and access the course will not be possible. Between 23 July to 27 July 2021, any NOC vehicle coming from outside the venue to drop off equipment will need to park at the P6 parking area outside the venue and NOC team staff will then have to carry their items to the Pedestrian Screening Area (PSA) and be checked and screened before entering the competition venue.

## Training board issue and kit checks

**DATE:** 23 and 24 July 2021

**TIME:** 09:30 – 13:00

**LOCATION:** Technical Officials' room (next to the Athletes' Lounge), Izu MTB Course

Distribution of riders' and coaches' training boards will be done in accordance with the number of places each NOC has qualified.

## Confirmation of starters, licence and kit checks

**DATE:** 25 July 2021

**TIME:** 13:00 – 15:00

**LOCATION:** Technical Officials' room (next to the Athlete's Lounge), Izu MTB Course

Riders' licenses must be presented by all NOCs. Changes to riders can be made until two hours before the start of the respective men's and women's events. At this meeting, all NOCs must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter and the IOC Manufacturer Identification Guidelines.

## Mountain Bike team leaders' meeting

The Mountain Bike team leaders' meeting will be held in accordance with the UCI regulations in the presence of the Commissaire President, the UCI Technical Delegate, the UCI Secretary, ITOs, the Tokyo 2020 Cycling Sport Manager, the Tokyo 2020 Mountain Bike Discipline manager, and Doping Control officers.

All team leaders are required to attend this meeting, which is where race numbers and feed zone passes will be issued and where the final list of riders, as well as the number of laps, will be communicated to NOCs.

## Transponder pick-up

**DATES:** 26 – 27 July 2021

**TIME:** 12:00 – 14:00

**LOCATION:** Technical Officials' room (next to the Athletes' Lounge), Izu MTB Course

Transponders will be issued at Technical Official's room, overseen by representatives of Omega.



## Water bottles

Water bottles with a capacity of 500ml will be provided to Mountain Bike athletes. Bottles will be distributed to a representative of each NOC.

Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Tokyo 2020 Olympic Games.

# Competition procedures

MINUTES BEFORE COMPETITION	ACTIVITY
<b>35 minutes</b>	Course warm-up area opens: riders may warm up on the shortened start/finish loop.
<b>15 minutes</b>	Riders must proceed to the staging area, located in the area within the start/finish loop.
<b>3 to 6 minutes</b>	Athlete gridding begins. Riders ride a shortened start/finish loop in grid order to be presented to the line
<b>2 minutes</b>	All riders must be present on the start line to the start of the race.

## Technical filming

If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete or spectator seating areas using non-professional consumer video cameras. Teams may also film during training sessions using non-professional cameras.

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. Any requests for positions outside of this area must be submitted in writing to OBS.

# Post-competition procedures

## Leaving the race

Athletes that do not finish the race must leave the course through the 80 per cent area. All athletes, including those removed from the race under the 80 per cent rule, must pass through the mixed zone, which is located at the end of the finish straight.

## Mixed zone

TBC

## Doping control

TBC

## Victory ceremonies

TBC

## Press conferences

TBC

# Competition venue

## Izu MTB Course

1826 Ono  
Izu-shi Shizuoka  
Japan

The Cycling Mountain Bike competition will be held at the Izu MTB Course. The course is laid out over 150 hectares near Shuzenji in Izu City and is part of an existing cycling sports park with facilities suitable for all types of cyclists, ranging from professionals to families and young children. The Izu MTB Course will have a gross capacity of 11,500 for the Tokyo 2020 competition.

## Venue access

The Athlete Load Zone is located next to the Team Tents at Izu MTB course. Access to the venue will be limited to the official transport system. NOC vehicles with appropriate VAPP will be granted access to P6 parking area located outside of the venue's secure perimeter.

## Venue transport

Time/distance from Cycling Village using Tokyo 2020 transport services: 27min/21km

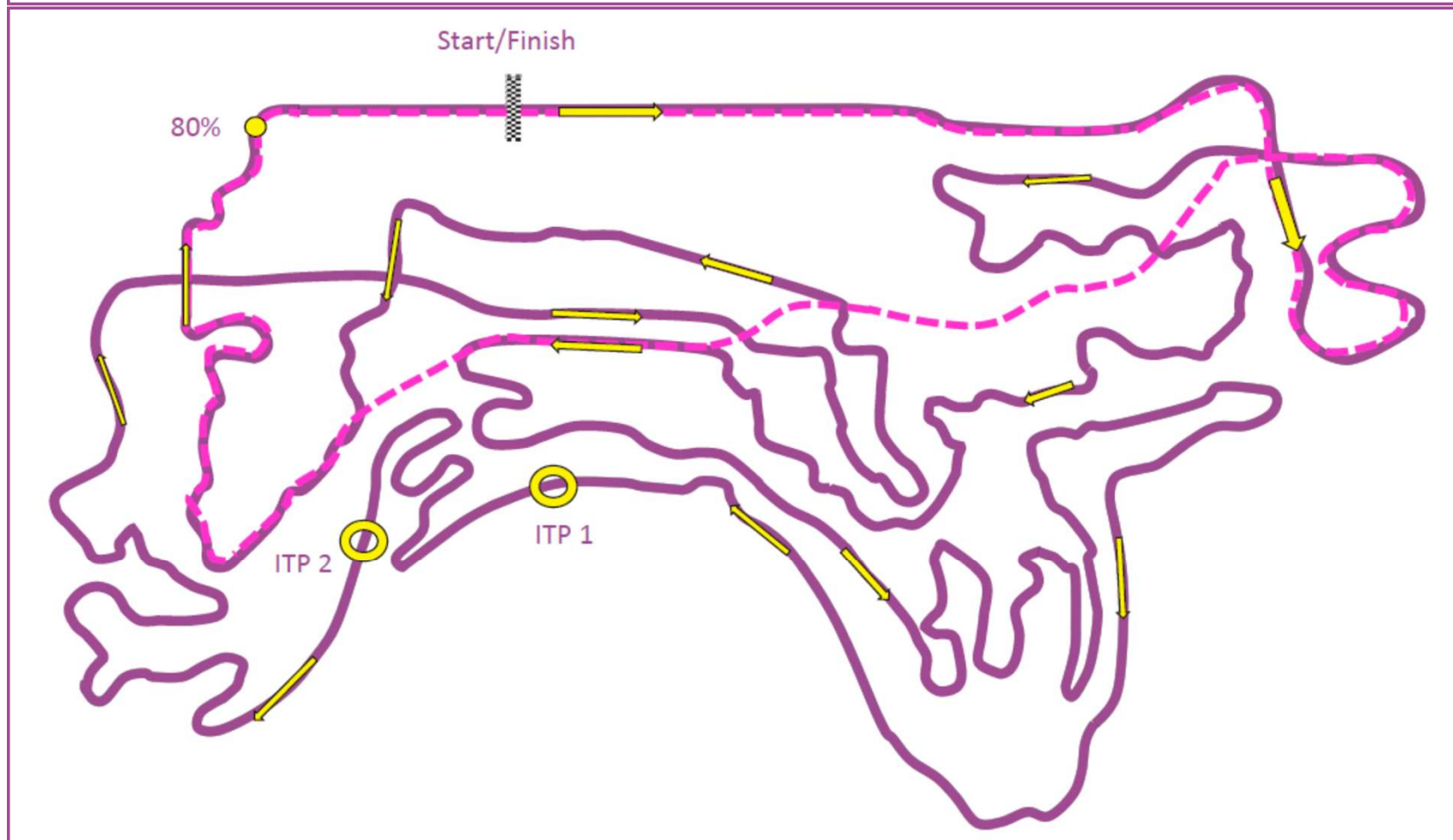
## Field of play (FOP)

The Izu MTB Course for Tokyo 2020 is 4.1 km long, including a 1.3 km start loop. The course will have a mix of some man-made rock features but will utilise the natural environment of trees and roots, and the undulating terrain. It has an elevation change of 85m, a maximum track width of 8m and a minimum track width of 1m.

# IZU MTB COURSE

26 – 27 July 2021

Distance: 4.1 km - Elevation: 150 m



ITP = Intermediate Timing Point

## Venue facilities and services

### Athletes' Lounge

The Athletes' Lounge at Izu MTB Course is located near the Sport Information Desk (SID) in the Athletes' area. The lounge is equipped with chairs, tables, sofas and a television with a live OBS feed of Olympic competition. Free wireless internet will also be available in the lounge.

A refreshment station serving whole fruits, cold snacks, Coca-Cola drinks and hot drinks will be available for accredited and competing athletes and team officials on competition and official training days. The Athletes' Lounge will be open according to the schedule below.

OPENING HOURS				
23 July 2021	24 July 2021	25 July 2021	26 July 2021	27 July 2021
09:00 – 17:30	09:00 – 17:30	09:00 – 17:00	10:00 – 17:30	10:30 – 17:30

### Food and beverage

Athlete Venue Meals (AVMs) in the form of cold packed meals will be available at Izu MTB Course for athletes and team officials who spend more than four hours out of the Cycling Village for competition or official training.

AVMs must be ordered at the Sport Information Desk (SID) at the Olympic Cycling Village by 12:00 (midday), two days before the competition or official training day. AVM orders will be available at Izu MTB Course from 23 July until 27 July 2021.

The AVMs will be delivered to the Athletes' Lounge. AVMs will include items such as sandwiches, salads, pieces of fruit, dessert, and yoghurt. A vegetarian option will also be available, but it must be requested at the time of ordering.

### Sport Information Desk (SID)

The SID at Izu MTB Course is located next to the Athletes' Lounge. The SID will be open on training and competition days according to the schedule below.

OPENING HOURS				
23 July 2021	24 July 2021	25 July 2021	26 July 2021	27 July 2021
09:00 – 17:30	09:00 – 17:30	09:00 – 17:00	10:00 – 17:30	10:30 – 17:30

### Lost and found

All reports of lost and found items at Izu MTB Course should be directed to the Sport Information Desk.

### Changing rooms and showers

Separate changing rooms for men and women with shower and toilet facilities are located inside the building close to the athletes' load zone.

### Bike wash

A bike wash with hoses and power washers is located in the athletes' area. Shimano neutral service will be available at no charge on all training and competition days.

## Team tents

Each NOC will be allocated a 5m by 5m lockable tent equipped with power, water, tables, and chairs.

## Rollers

A limited number of rollers will be available on a first-come, first-served basis at Sport Equipment Storage, located by the Athletes' Lounge, from the first day of training session until the last day of competition.

## Towels

One face towel and one bath towel will be provided for each athlete daily. The towels will be available at the Athletes' Lounge on training and competition days.

## Medical services

The athletes' medical room is located inside the building close to the athletes' load zone. The Tokyo 2020 athlete medical team at Izu MTB Course will provide services such as first aid, emergency care, sports medicine and physical therapy services to athletes, team officials and technical officials.

The medical team will consist of at least one doctor and one physiotherapist, and nurses. Ambulances will also be stationed at Izu MTB Course during medical services operational hours. Each ambulance is staffed with a crew of three trained medical personnel.

## Doping control station

The doping control station at Izu MTB Course is located at the velodrome.

## Other venue facilities

- mixed zone where accredited media interview athletes after competition
- Venue Media Centre (VMC) with press work area and press conference facilities
- Olympic Family Lounge

## Heat countermeasures

During Games-time, the following countermeasures against heat will be taken at Izu MTB Course to ensure the good health of athletes:

- Athletes' Lounge with air conditioner
- Water/ice to be provided
- Team cabins with air conditioner
- Cold sprays distributed to athletes

# Training

Training for the Cycling Mountain Bike competition will take place at the competition venue, the Izu MTB Course. The venue will be open for training from Thursday 23 July to Sunday 27 July 2021.

## Training schedule

Training on the competition course will take place according to the schedule below. Athletes must clear the course five minutes before the end of the training session. All training and warm-up sessions will be open to the media. Approved kit must be Olympic Charter Rule 50 compliant and worn at all times.

	23 JULY 2021	24 JULY 2021	25 JULY 2021	26 JULY 2021	27 JULY 2021
TRAINING	WOMEN 10:30 - 12:30	MEN 10:30 - 12:30	WOMEN 10:30 - 12:30	WOMEN 11:30 - 12:30	WOMEN 12:30 - 13:30
	ALL 12:30 - 14:30	ALL 12:30 - 14:30	ALL 12:30 - 14:30		
	MEN 14:30 - 16:30	WOMEN 14:30 - 16:30	MEN 14:30 - 16:30	MEN 12:30 - 13:30	

Please note that training times and dates are subject to change due to ongoing conversations between the UCI and NOCs. Any updates to the training schedule will be communicated to NOCs via the venue Sport Information Desk and on Info.

**5**

**Road**





## International Technical Officials (ITOs)

President Commissaire	Martijin SWINKLES (NED)
TV Commissaire	Didier SIMON (FRA)
Technical Commissaire	Bruno VALCIC (CRO)
Motor Commissaire	Jurgen DERYCKERE (BEL)
Motor Commissaire	Charles HODGE (USA)
Member Commissaire Panel	Rosella BONFANTI (ITA)
Member Commissaire panel	Louise JONES (GBR)
Member Commissaire Panel	Vicente Tortajada VILLARROYA (ESP)
Member Commissaire Panel	Majid Nasserri KHORRAM (IRI)

## National Technical Officials (NTOs)

[JPN unless otherwise stated]

Bike Check	IWASA Chiho
Assistance Secretary	FUJIMORI Asako
Broom Wagon, TT Holder	FUJITA Masashi
Assistant Finish Judge	SUMIKAMA Junichi
Feed Zone, TT Holder	IWAMA Mitsuteru
Feed Zone, Time Keeper	TOYA Yuka



# Cycling Road

Competition Schedule Event Details

Version: 2.00

## Day 1 Sat 24 Jul 2021

**Session CRD01 Start: 11:00 End 18:15 Fuji International Speedway**

Time	Duration	Event name
11:00 - 18:15	7:15	Men's Road Race
		Men's Road Race Victory Ceremony

Victory Ceremony will take place within 5 mins of the field of play being called clear.

## Day 2 Sun 25 Jul 2021

**Session CRD02 Start: 13:00 End 17:35 Fuji International Speedway**

Time	Duration	Event name
13:00 - 17:35	4:35	Women's Road Race
		Women's Road Race Victory Ceremony

Victory Ceremony will take place within 5 mins of the field of play being called clear.

## Day 5 Wed 28 Jul 2021

**Session CRD03 Start: 11:30 End 13:00 Fuji International Speedway**

Time	Duration	Event name
11:30 - 13:00	1:30	Women's Individual Time Trial
		Women's Ind. Time Trial Victory Ceremony

**Session CRD04 Start: 14:00 End 17:40 Fuji International Speedway**

Time	Duration	Event name
14:00 - 17:40	3:40	Men's Individual Time Trial
		Men's Ind. Time Trial Victory Ceremony

Victory Ceremonies will take place within 5 mins of the field of play being called clear.

# Cycling Road competition format

The Road Race is a mass start event, and the first rider in each event to cross the finish line will be declared the winner. For the Individual Time Trial, riders will start at fixed intervals, and the fastest rider over the course in each event will be declared the winner.

## Draw

The confirmation of riders and technical meetings will be held either two days before the Road Race or on the day before the first competition day. The same process will be followed for the Individual Time Trial competitions. There will be no separate meetings for Men and Women events, all meetings will include information for both events.

# Pre-competition procedures

## Team leaders' meeting

The team leaders' meetings will be held in accordance with the UCI regulations in the presence of the Commissaire president, the UCI technical delegate, the ITOs, the Tokyo 2020 Cycling Sports manager, the Tokyo 2020 Road Cycling manager and anti-doping officers. All team leaders are required to attend the meeting, which will provide critical information on subjects such as venue access, accreditation, protocols, radio frequencies, and feed zone operations.

## Road Race team leaders' meeting (men and women's events)

**DATE:** 23 July 2021

**TIME:** 10:45 – 11:45

**LOCATION:** Fuji International Speedway

## Road Time Trial team leaders' meeting (men and women's events)

**DATE:** 27 July 2021

**TIME:** 10:15 – 11:15

**LOCATION:** Fuji International Speedway

## Confirmation of starters and distribution of race numbers and transponders

A representative from each NOC must attend in order to confirm their starters. All NOCs must present licences for all entered riders, and support staff and must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter and the IOC Manufacturer Identification Guidelines.

Each rider will be issued two timing transponders that must be used during the road race events. The timing chip and GPS tracking device support will be issued for each rider during confirmation of starters. For more information, please refer to the Tokyo 2020 Cycling Road Race Manual.

### Road Race confirmation (men and women)

**DATE:** 23 July 2021

**TIME:** 09:00 – 10:30

**LOCATION:** Drivers Room on level 2, Fuji International speedway

### Road Time Trial confirmation (men and women)

**DATE:** 27 July 2021

**TIME:** 09:00 – 10:00

**LOCATION:** Drivers Room on level 2, Fuji International Speedway

### Start lists distribution

#### Road Race

**DATE:** 23 July 2021

**LOCATION:** Athletes' Lounge, Fuji International Speedway; and at the Sport Information Desk (SID) at the team hotel.

#### Time Trial

**DATE:** 27 July 2021

**LOCATION:** Athletes' Lounge, Fuji International Speedway; and at the Sport Information Desk (SID) at the team hotel.

### Course familiarisation

There is no course familiarisation for the Road Race event.

The Time Trial course familiarisation will be held on 27 July 2021 between 15:00 and 17:00.

## Feed zones

The feed zones for the Men's Road Race are located in:

- Feed zone A:** Asahigaoka at 96km and 210km
- Feed zone B:** Yeti Ski Pass at 138km
- Feed zone C:** Pit Lane FSW at 174km and 192km

The feed zones for the Women's Road Race are located in:

- Feed zone A:** Doshi Elementary School at 66km
- Feed zone B:** Asahigaoka at 96km
- Feed zone C:** Pit lane, Fuji International Speedway at 114km

Feed zone accreditation for personnel (wristbands) and vehicles (stickers) will be distributed with race numbers. Access to feed zone A will be limited to one vehicle per NOC team departing from the start at Musashinonomori Park.

If the NOC team has a second vehicle it may proceed to Fuji International Speedway feed zone C. Those accessing feed zone C via feed zone A must depart from the start at Musashinonomori Park, and those heading directly to Fuji International Speedway feed zone C will have to allow time to pass through the Vehicle Screening Area (VSA) at Fuji International Speedway.

An organised convoy will leave the start area at Musashinonomori Park 30 minutes before the start of the race and head to feed zone A travelling along the FOP with vehicles and motor escort. It will be limited to one vehicle per NOC (only those carrying the correct accreditation blue sticker), in accordance with the vehicle access restrictions.

To be considered "clean" – having already passed through Tokyo 2020 accreditation and security checkpoints – NOC teams must travel with the feed zone escort vehicles from the start at Musashinonomori Park to be allowed access the feed zones A and C.

## Feed zone bus operations

There will be three feed zone buses that will operate for NOC team staff.

### Men's Road Race

- 1.** The bus will go directly to feed zone A at Asahigaoka and will depart with the NOC team support vehicles from Musashinonomori Park 30 minutes before the race start and travel along the field of play. Estimated arrival time at feed zone A is 13:13. The peloton's estimated arrival time at feed zone A is 13:43.  
After the riders and convoy have passed feed zone A for the first time, some NOC team support vehicles may want to move to Fuji International Speedway feed zone C. They will be escorted in convoy by feed zone support vehicles to maintain consistency and to avoid any confusion for the field of play marshals.  
The bus will transport any NOC team staff who remain at feed zone A to Fuji International Speedway. After the last riders and broom wagon have passed the second time, the bus will follow the broom wagon.
- 2.** The bus will travel to feed zone B at Yeti Ski Pass with NOC team staff via the highway without needing to pass through accreditation and security check again (clean-to-clean) departing from the start at Musashinonomori Park at 11:30.  
Estimated arrival at feed zone B at Yeti Ski Pass is 14:00; the estimated time of the first rider's arrival is 15:05. After the broom wagon has passed, NOC team staff will board the bus, which will follow convoy to arrive at Fuji International Speedway.
- 3.** The bus will go directly to feed zone C at Fuji International Speedway with NOC team staff via the highway without needing to pass through accreditation and security check again (clean-to-clean), departing the start at 11:30. The estimated arrival a feed zone C is 13:30; the estimated arrival of the first rider on the first lap of Fuji International Speedway is 15:36.

## Women's road race

There will be three feed zone buses that will operate for NOC team staff:

1. The bus will go directly to feed zone A at Doshi Village Hall and will depart with the NOC team support vehicles 30 minutes before the race start. Estimated arrival at feed zone A is at 14:45; the estimated arrival of the riders is 15:15. After the riders and convoy have past the feed zone A the bus will depart and proceed to Fuji Speedway.
2. The bus will go directly to feed zone B at Asahigaoka with NOC team staff via the highway without needing to pass through accreditation and security check again (clean-to-clean), departing from the start at 12:30.
3. Estimated arrival at feed zone B is at 14:30; the estimated arrival of the riders is 16:00. After the last rider and broom wagon has passed, the bus will travel at the end of the convoy to Fuji International Speedway.
4. The bus will travel to feed zone C at Fuji International Speedway with NOC team staff using the highway without needing to pass through accreditation and security check again (clean-to-clean), departing from the start at 13:30.
5. Estimated arrival at feed zone C is 15:30; the estimated arrival of the first riders on the first lap is 16:30.

## Mechanical assistance area

From 17 July 2021 an area will be available at Fuji International Speedway for the Shimano neutral service team to assist NOC teams during the training period.

## Team cars

All NOCs will receive a cycling car with a roof rack. The model of the car is Toyota Corolla Touring wagon. Chantel roof rack with a capacity for six bikes and three sets of wheels will be fitted to 30 team cars that will be in the race convoy.

NOC team cars that will not be in the race convoy will be fitted with a Thule roof rack with a capacity of four bikes. The cars will be distributed at Fuji International Speedway and be available after the competition of the Delegation Registration Meeting from 8 July 2021 for any NOC teams that may arrive early.

The vehicles need to be returned to the same location the day after the last competition day of Cycling disciplines for each NOC at 20:00. More details will be provided in the Cycling Road Race Manual.

The cycling cars provided by Tokyo 2020 will be identified with a VAPP (denoting SCY) that will enable access to all the Cycling venues for competition and training.

For the Cycling Road competition days, NOCs can use a maximum of one extra car. The VAPPs for those extra cars (denoting FDZ P6) will be distributed on the days of the team leaders' meetings and enable access to the Cycling Road venues and feed zone parking. These VAPPs are only valid on Cycling Road competition days.

NOCs will need to inform the Tokyo 2020 Cycling Road vehicles supervisor Kobayashi Kiyoshi of the vehicle number plates by 22 July 2021 via email - [kiyoshi.kobayashi@tokyo2020.jp](mailto:kiyoshi.kobayashi@tokyo2020.jp) - or in person at race headquarters at Fuji International Speedway. In order to receive the VAPPs for the extra cars, NOCs will have to present the passport and driving license of the cars' drivers, who should have a Cycling License.

All cars used by NOCs should comply with Rule 50.

## Radios

Radio Tour will be installed in all NOC cycling vehicles used to follow the race convoy from 20 to 24 July 2021 at Fuji International Speedway. The radios will be uninstalled on 29 July and 30 July 2021 following the time trial.

Any NOC planning to use its own radio system must register their devices beforehand by contacting [spectrum@tokyo2020.jp](mailto:spectrum@tokyo2020.jp). Upon arrival and before use within any Tokyo 2020 venue, all radio equipment must be authorised by Tokyo 2020 Spectrum Management. Only tagged radio equipment may be operated within venues. Tokyo 2020 spectrum documents can be found at <https://tokyo2020.org/en/games/plan/environmental-arrangement/>.

## Radio tour installation and racks check

Radio installation and rack fitting will take place at Fuji International Speedway.

## Bike transport

Some aspects of Transport are still to be determined.

Tokyo 2020 will provide a transport service from the Cycling Road accommodation to the Olympic Village one day before competition is scheduled to start: 23 July 2021 for men and 24 July 2021 for women. In the morning of the Cycling Road Race competition days, athletes will be transported to Musashinonomori Park by bus.

On training days NOCs are responsible for transporting their own bikes and materials in their own vehicles. On competition days transport for bikes will only be available from the Olympic Village to Musashinonomori Park.

Transport from team hotels to Musashinonomori Park (Road Race start) and Fuji International Speedway (Time Trial finish) is still under consideration.

## Athletes/team officials' transport

Tokyo 2020 will organise the transportation of bikes, athletes and team officials to the Olympic Village on 23 July 2021 (men) and 24 July 2021 (women).

Other transport arrangements from team hotels to the Road Race start at Musashinonomori Park, and between Fuji International Speedway and team hotels after the Road Race finish, are still being finalised.

## Parking and access

Parking for NOC Cycling vehicles following the race convoy is available within the competition venue at Musashinonomori Park in the designated parking area. Access will be controlled with a Vehicle Screening Area (VSA) checkpoint at the PPO (Point de Passage Obligatoire). NOC teams will be asked to share vehicles during the race in accordance with directions given in the Cycling Road Race Manual and/or by the UCI in the team leaders' meeting.

Each NOC will be authorised to have its Tokyo 2020 provided cycling car inside the start venue at the designated parking area; these cars cannot leave the venue before the start of the race. Access stickers for cars not following the race will be distributed on the days of the team leaders' meetings.

NOC cars that will be used to travel to feed zone A must park in the designated parking area. These vehicles should assemble no later than 45 minutes before the race start and should depart 30 minutes before the scheduled start of the race. The convoy will then travel directly to feed zone A at Asahigaoka Crossing along the Road Race route (the field of play).

NOC team support personnel not using feed zone A must proceed to feed zone C. Tokyo 2020 will arrange a bus departing Musashinonomori Park to feed zone B. NOC team members travelling to feed zone B by bus will need to depart Musashinonomori Park by 10:00. This bus is only available for the men's road race and will not arrive at Fuji International Speedway before the race finish.

## Neutral service

Neutral service supplied by Shimano will be available at Fuji International Speedway during training from 17 July 2021. This service is available free of charge to all NOCs.

On Road Race competition days Shimano will supply four neutral cars and two neutral service motor bikes. The neutral service is offered in accordance with UCI technical regulations and managed by the Commissaire Panel.

## Rollers and turbo trainers

There will be available on a first-come, first-served basis at Musashinonomori Park and Fuji International Speedway from the sports equipment compound and will need to be signed in or out.

## Ice and water distribution

Ice will be available from the team hotel and in the venues (distributed from the Food and Beverage compound) on competition days.

Bottled water and sports drinks will be available in the Athletes' Lounge. Bottled water and sports drinks will also be distributed to a representative of each NOC on the days of the team leaders' meetings.

## Cycling bottles and feeding musettes

Cycling bottles and feeding musettes will be provided to all Cycling Road athletes. They will be distributed to a representative of each NOC at Fuji International Speedway on 23 July 2021.

Please note that all Cycling bottles and feeding musettes used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Tokyo 2020 Olympic Games.

## Distribution of bottled water, cycling bottles and feeding musettes

Musettes and cycling bidons will be distributed at Fuji International Speedway on 23 July 2021.



# Competition procedures

## Men's Road Race

TIME	ACTIVITY	LOCATION	PARTICIPANTS
TBD	Bike delivery for transportation in the trucks	Olympic Village	Team mechanics
TBD	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
07:30 – 8:00	Venue opens to team support vehicles for drop-off of material	Musashinonomori Park	Team mechanics
08:00	Team following cars start arriving to the venue and park in zone E	Musashinonomori Park	Team officials
09:00	Athletes inside the venue	Musashinonomori Park	Athletes and team officials
09:50 – 10:50	Signing on and teams' presentation. Teams are required to be present together to sign on for the race. Athletes must present themselves in teams according to the schedule.	Musashinonomori Park	Athletes
10:00 – 10:30	Ice pick-up for convoy cars	Musashinonomori Park	Team officials
10:15 – 10:30	Team cars radios check	Musashinonomori Park	Team officials
10:30	Team cars and the feed zone bus going to feed zone A depart	Musashinonomori Park	Team officials
10:50	Riders ready for call to start Call up will be NOC ranking	Musashinonomori Park	Athletes
11:30	Teams going to feed zone B and feed zone C via bus depart	Musashinonomori Park	Team officials

<b>10:50</b>	Final radios check (all drivers inside the vehicles)	Musashinonomori Park	Team officials
<b>10:55</b>	All riders on the start line	Musashinonomori Park	Athletes/team officials (with finish line access)
<b>10:58</b>	Start area clear	Musashinonomori Park	Athletes
<b>11:00</b>	Race start	Musashinonomori Park	Athletes and convoy cars

## Women's Road Race

TIME	ACTIVITY	LOCATION	PARTICIPANTS
TBD	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
TBD	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
10:00 – 10:30	Venue opens to team support vehicles for drop-off of material	Musashinonomori Park	Team mechanics
10:00	Team following cars arrive to the venue and park in zone E	Musashinonomori Park	Team officials
11:00	Athletes inside the venue	Musashinonomori Park	Athletes and team officials
11:50 – 12:50	Signing on and teams' presentation. Teams are required to present to sign on for the race. Athletes must present themselves in teams according to the schedule that will be distributed at the team leaders' meeting	Musashinonomori Park	Athletes
12:00 – 12:30	Ice pick-up for convoy cars	Musashinonomori Park	Team officials
12:30	Team cars and feed zone buses going to feed zones A and B depart	Musashinonomori Park	Team officials
12:30	Final radios check (all drivers inside the vehicles)	Musashinonomori Park	Team officials
12:50 – 12:55	NOCs called to start line in order of team ranking before the race start	Musashinonomori Park	Athletes/team officials (with finish line access)

<b>12:55</b>	All riders on the start line	Musashinonomori Park	Athletes/team officials (with finish line access)
<b>12:58</b>	Start area clear (team officials leave zone 3)	Musashinonomori Park	Athletes
<b>13:00</b>	Race start	Musashinonomori Park	Athletes and convoy cars
<b>13:30</b>	Bus going to Feed zone C Fuji Speedway depart	Musashinonomori Park	Team officials

# Post-competition procedures

## Men's and Women's Road Race

After the end of the Road Races, riders will leave the field of play on the right, passing through the mixed zone before returning to the athletes' area. Transponders will also be removed at this stage.

From the moment the first three riders cross the finish line, they will be guided by Tokyo 2020 representatives who will assist them with several procedures including the victory ceremony, the mixed zone, press conference, and anti-doping control. Tokyo 2020 representatives will indicate to the athletes the order to follow.

## Men's and Women's Time Trial

All athletes must pass through the mixed zone after their Time Trial event, before returning to the athletes' area. Transponders will also be removed at this stage.

Athletes who complete their Time Trial in one of the three fastest times recorded at that point in the competition are required to take a position on the 'hot seat' next to the mixed zone. If an athlete's time is subsequently beaten and he/she drops outside the top three, he/she will be replaced on the hot seat, at that time the rider shall pass through the mixed zone.

From the moment the first three riders cross the finish line, they will be guided by Tokyo 2020 representatives who will assist them with several procedures including the victory ceremony, the mixed zone, press conference, and anti-doping control. Tokyo 2020 representatives will indicate to the athletes the order to follow.

### Mixed zone

TBC

### Victory ceremonies

The first three riders from each event must attend the Victory Ceremony which will take place after the last rider crosses the finish line. Athletes must wear their NOC tracksuits (see [Clothing and equipment](#) on page 9 for more details).

### Doping control

TBC

# Competition venues

## Musashinonomori Park

3 Asahicho  
Fuchu-shi Tokyo  
Japan

Located west of central Tokyo, Musashinonomori Park will be the starting point of the Road Cycling road race events. The park is home to a large number of cherry and maple trees which provide magnificent displays of colour in spring and autumn in the Japanese capital.

## Fuji International Speedway

694 Nakahinata  
Oyama-cho Sunto-gun Shizuoka  
Japan

Fuji International Speedway is a motor racing circuit south-west of Tokyo, and is set in the shadows of the majestic Mt Fujiyama. The circuit, used by a number of international motorsport series, boasts the latest technology and facilities required at a world-class sporting event, and will serve as the venue of the Cycling Road time trial events and the finish of the Olympic road races. It will have a gross capacity of 22,000 for the Olympic Games Tokyo 2020. The venue will also be the site of the Cycling Road events for the Paralympic Games.

## Field of play (FOP)

### Individual Time Trial

**Men's:** distance 44.2km, elevation gain 846m (approx.)  
**Women's:** distance 22.1km, elevation gain 423m (approx.)  
**Start/Finish:** Fuji International Speedway

### Time Trial course description

**Fuji International Speedway circuit:** 22.1km  
**Start:** Start/Finish line of Fuji International Speedway

Start (elevation 591m); descent of 4.9km, exiting Fuji International Speedway track after 2.7km, until lowest point of 455m; 5.4km climb to highest point 676m; 5.2km descent to Fuji International Speedway track entrance at 15.5km mark; 2.0km climb to Pit Lane at 590m; slight 2.5km descent; slight 2.1km climb to finish (elevation 591m).

**Finish:** Start/Finish line of Fuji International Speedway

## Venue facilities and services

### Sport Information Desk (SID)

There is no SID at Musashinonomori Park, however SIDs will be available at Hotel Clad and Fuji Lake Hotel and will operate from 14 July to 29 July 2021 between 07:00 and 21:00.

### Medical services

Medical facilities will be provided at competition, training, and other official venues. Athlete and spectator medical facility services will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical staff. Ambulance units will be stationed at all official Tokyo 2020 competition venues and some training venues. Ambulance teams will comprise of three staff. One or more paramedics must be on hand and all ambulance teams in Japan are ALS (Advanced Life Support) compliant according to the law.

### Musashinonomori Park (Road Race start)

There is no Athletes' Lounge at Musashinonomori Park.

### Sign on stage

A sign on stage will be set up near the start line at Musashinonomori Park. Riders will attend the sign on stage according to UCI regulations in NOC teams as advised during the team leaders meeting. Sign on will open at 09:50 and close at 10:50 for men; and open at 11:50 and close at 12:50 for women.

### Food and beverage

Athlete Venue Meals (AVMs) consisting of a cold packed meal must be ordered by 18:00 three days before the day they are required (TBC).

For the Road Race days, meals for 24 men and 25 women will be delivered to teams upon their arrival at Musashinonomori Park by Tokyo 2020 volunteers.

### Team tents

Team tents will be available at Musashinonomori Park but they will have limited power facilities; NOC teams are advised to ensure they have the proper equipment for their needs.

## Fuji International Speedway (Time Trial start/finish)

### Changing rooms

Changing room and toilet facilities for men and women are located within the team pits area.

### Athletes' Lounge

The Athletes' Lounge at Fuji International Speedway will be equipped with seats, a television showing the live competition footage, a refreshment station and the Sport Information Desk (SID).

### Internet access

Free wi-fi internet access will be available in the Athletes' Lounge at Fuji International Speedway. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the self-service internet portal on their personal device and creating a login and password.

## Sport Information Desk (SID)

The SID in the Athletes' Lounge at Fuji International Speedway will be open according to the hours below:

DATE	OPERATING HOURS
14 - 23 July 2021	09:00 - 17:00
24 July 2021	14:00 - 18:30
25 July 2021	15:00 - 18:30
26 July 2021	09:30 - 17:00
27 July 2021	09:30 - 17:00
28 July 2021	09:00 - 18:00

The SID at Hotel Clad and Fuji Lake Hotel will be open according to the hours below:

DATE	OPERATING HOURS
13 July 2021	14:00 - 21:00
14 - 28 July 2021	07:00 - 21:00
29 July 2021	04:00 - 10:00
29 July 2021	10:00 - 16:00

## Towels

Towels will be available from sport equipment storage at Fuji International Speedway during training and on competition days.

## Food and beverage

Athlete Venue Meals (AVMs) are available for athletes and NOC teams who are away from their team hotel for competition or official training. The AVMs consist of a cold packed meal must be ordered by 18:00 three days before the day they are required (TBC).

For the Time Trial events at Fuji International Speedway on 28 July 2021, cold packed meals will be available from the Athletes' Lounge.

## Ice and water distribution

Ice will be available in the Village and in venues (distributed in the sport equipment storage area) on competition days. Bottled water and Powerade will be available in the Athletes' Lounge as well as near the finish line after the race on competition days. Bottled water and Powerade will also be distributed to a representative of each NOC on the days of the team leaders' meetings.



## **Bicycle repair services**

Shimano will be located in the team pits area at Fuji International Speedway and will be open for repairs from 17 July 2021.

## **Team tents and preparation areas**

At Fuji International Speedway NOC teams will utilise the garage areas as team pits. Several NOC teams will share a pit area which will be equipped with power outlets. Please note the area is not secure and NOC teams are advised to take care of any equipment during their stay. Toilet facilities will be shared in these areas and access to the Athletes' Lounge will be via stairs. The pit lane where the feed zone will be situated to ensure it is easy for teams with limited staff. NOC team vehicle parking will be available nearby.

## **Warm-up area with rollers**

Rollers will not be distributed but athletes can use them inside this area. For the Time Trial events, Tokyo 2020 will provide rollers for athletes in the bike weighing area. The rollers may be collected from sport equipment storage where they will need to be signed in and out. NOCs will be charged for any equipment that is not returned or is returned in poor or damaged condition. A warm-up area with rollers will also be available at the bike checking area and start.

## **Accredited/team seating**

At Fuji International Speedway, there will be a seating area available within the grandstand. Athletes and team officials will need venue accreditation to access this area but due to limited capacity, access is not guaranteed.

## **Victory ceremonies preparation tent**

A room will be available for the preparation of athletes for the victory ceremony. Access to this area will be limited to one person per NOC with a finish area bracelet.

## **Medical services**

TBC

## **Doping control station**

TBC

## **Heat countermeasures**

During Games-time, the following countermeasures against heat will be taken to ensure the good health of Cycling Road athletes:

- Athletes' Lounge with air conditioner
- Water/ice to be provided
- Team tent with mist fan and portable cooler
- Team car/neutral car with cold drinks
- Water motorbikes
- Ice baths at Fuji International Speedway

# Training

## Fuji International Speedway

694 Nakahinata  
Oyama Shizuoka  
Japan

## Training sessions

Training is available at the venue from Tuesday 14 July to Friday 23 July 2021 for the Road Race, and on Monday 26 July to Tuesday 27 July 2021 for the Time Trial.

Teams are free to train at times and days suitable to their needs.

For the Time Trial, teams will have access to the full circuit on Tuesday 27 July 2021 between 15:00 to 17:00.

6

Track



## International Technical Officials (ITOs)

<b>COMMISSAIRES PANEL</b>	<b>President of the Commissaires Panel</b>	Noreen LANDIS-TYSON (USA)
	<b>Starter</b>	Christian MAGIERA (GER)
	<b>Judge – Referee</b>	David MENZIES (GBR)
	<b>Secretary</b>	Sanz MARTIN (ESP)
	<b>Panel Members</b>	Luc HERPELINCK (BEL)
Svetlana DENISENKO (RUS)		
Zachary PRENDERGAST (NZL)		
Antonio Michele PAGLIARA (ITA)		

## National Technical Officials (ITOs)

(JPN unless otherwise stated)

<b>NTOs</b>
IWASA Chiho
FUJIMORI Asako
SUMIKAMA Junichi
IWAMA Mitsuteru
TOYA Yuka
FUJIMORI Nobuyuki
MATSUKURA Nobuhiro
SAITO Koichiro
Nuthapong LOHITNAVY (THA)
LEONG Hong Ian (CHN)
PARK Sung Woong Edward (KOR)
HO Shek Yan Sheen (HKG)
WONG Tsz Chin Woody (HKG)



# Cycling Track

Competition Schedule Event Details

Version: 2.00

## Day 10 Mon 2 Aug 2021

Session	CTR01	Start: 15:30	End: 18:30	Izu Velodrome
Time	Duration	Event name		
15:30 - 15:54	0:24	Women's Team Sprint Qualifying		
15:54 - 16:50	0:56	Women's Team Pursuit Qualifying		
16:50 - 16:53	0:03	Women's Team Sprint First Round - Heat 1		
16:53 - 16:56	0:03	Women's Team Sprint First Round - Heat 2		
16:56 - 16:59	0:03	Women's Team Sprint First Round - Heat 3		
16:59 - 17:02	0:03	Women's Team Sprint First Round - Heat 4		
17:02 - 17:58	0:56	Men's Team Pursuit Qualifying		
18:00 - 18:03	0:03	Women's Team Sprint Finals - Places 7-8		
18:03 - 18:06	0:03	Women's Team Sprint Finals - Places 5-6		
18:06 - 18:09	0:03	Women's Team Sprint Finals - Bronze		
18:09 - 18:12	0:03	Women's Team Sprint Finals - Gold		
18:20 - 18:28	0:08	Women's Team Sprint Victory Ceremony		

## Day 11 Tue 3 Aug 2021

Session	CTR02	Start: 15:30	End: 18:10	Izu Velodrome
Time	Duration	Event name		
15:30 - 15:37	0:07	Women's Team Pursuit First Round Heat 1		
15:37 - 15:44	0:07	Women's Team Pursuit First Round Heat 2		
15:44 - 15:51	0:07	Women's Team Pursuit First Round Heat 3		
15:51 - 15:58	0:07	Women's Team Pursuit First Round Heat 4		
15:58 - 16:22	0:24	Men's Team Sprint Qualifying		
16:22 - 16:29	0:07	Men's Team Pursuit First Round - Heat 1		
16:29 - 16:36	0:07	Men's Team Pursuit First Round - Heat 2		
16:36 - 16:43	0:07	Men's Team Pursuit First Round - Heat 3		
16:43 - 16:50	0:07	Men's Team Pursuit First Round - Heat 4		
16:50 - 16:53	0:03	Men's Team Sprint First Round - Heat 1		
16:53 - 16:56	0:03	Men's Team Sprint First Round - Heat 2		
16:56 - 16:59	0:03	Men's Team Sprint First Round - Heat 3		
16:59 - 17:02	0:03	Men's Team Sprint First Round - Heat 4		
17:05 - 17:12	0:07	Women's Team Pursuit Finals 7-8		
17:12 - 17:19	0:07	Women's Team Pursuit Finals 5-6		
17:19 - 17:26	0:07	Women's Team Pursuit Finals - Bronze		
17:26 - 17:33	0:07	Women's Team Pursuit Finals - Gold		
17:35 - 17:38	0:03	Men's Team Sprint Finals - Places 7-8		
17:38 - 17:41	0:03	Men's Team Sprint Finals - Places 5-6		
17:41 - 17:44	0:03	Men's Team Sprint Finals - Bronze		
17:44 - 17:47	0:03	Men's Team Sprint Finals - Gold		
17:47 - 17:57	0:10	Women's Team Pursuit Victory Ceremony		
17:57 - 18:07	0:10	Men's Team Sprint Victory Ceremony		

**Day 12** **Wed 4 Aug 2021**

<b>Session CTR03</b>		<b>Start: 15:30 End: 19:00</b>		<b>Izu Velodrome</b>
Time	Duration	Event name		
15:30 - 16:10	0:40	Men's Sprint Qualifying		
16:10 - 16:15	0:05	Women's Keirin First Round - Heat 1		
16:15 - 16:20	0:05	Women's Keirin First Round - Heat 2		
16:20 - 16:25	0:05	Women's Keirin First Round - Heat 3		
16:25 - 16:30	0:05	Women's Keirin First Round - Heat 4		
16:30 - 16:35	0:05	Women's Keirin First Round - Heat 5		
16:35 - 16:38	0:03	Men's Sprint 1/32 Finals - Heat 1		
16:38 - 16:41	0:03	Men's Sprint 1/32 Finals - Heat 2		
16:41 - 16:44	0:03	Men's Sprint 1/32 Finals - Heat 3		
16:44 - 16:47	0:03	Men's Sprint 1/32 Finals - Heat 4		
16:47 - 16:50	0:03	Men's Sprint 1/32 Finals - Heat 5		
16:50 - 16:53	0:03	Men's Sprint 1/32 Finals - Heat 6		
16:53 - 16:56	0:03	Men's Sprint 1/32 Finals - Heat 7		
16:56 - 16:59	0:03	Men's Sprint 1/32 Finals - Heat 8		
16:59 - 17:02	0:03	Men's Sprint 1/32 Finals - Heat 9		
17:02 - 17:05	0:03	Men's Sprint 1/32 Finals - Heat 10		
17:05 - 17:08	0:03	Men's Sprint 1/32 Finals - Heat 11		
17:08 - 17:11	0:03	Men's Sprint 1/32 Finals - Heat 12		
17:11 - 17:16	0:05	Women's Keirin Repechages - Heat 1		
17:16 - 17:21	0:05	Women's Keirin Repechages - Heat 2		
17:21 - 17:26	0:05	Women's Keirin Repechages - Heat 3		
17:26 - 17:31	0:05	Women's Keirin Repechages - Heat 4		
17:31 - 17:34	0:03	Men's Sprint 1/32 Finals Repechages - Heat 1		
17:34 - 17:37	0:03	Men's Sprint 1/32 Finals Repechages - Heat 2		
17:37 - 17:40	0:03	Men's Sprint 1/32 Finals Repechages - Heat 3		
17:40 - 17:43	0:03	Men's Sprint 1/32 Finals Repechages - Heat 4		
17:45 - 17:52	0:07	Men's Team Pursuit Finals 7-8		
17:52 - 17:59	0:07	Men's Team Pursuit Finals 5-6		
17:59 - 18:06	0:07	Men's Team Pursuit Finals - Bronze		
18:06 - 18:13	0:07	Men's Team Pursuit Finals - Gold		
18:13 - 18:16	0:03	Men's Sprint 1/16 Finals - Heat 1		
18:16 - 18:19	0:03	Men's Sprint 1/16 Finals - Heat 2		
18:19 - 18:22	0:03	Men's Sprint 1/16 Finals - Heat 3		
18:22 - 18:25	0:03	Men's Sprint 1/16 Finals - Heat 4		
18:25 - 18:28	0:03	Men's Sprint 1/16 Finals - Heat 5		
18:28 - 18:31	0:03	Men's Sprint 1/16 Finals - Heat 6		
18:31 - 18:34	0:03	Men's Sprint 1/16 Finals - Heat 7		
18:34 - 18:37	0:03	Men's Sprint 1/16 Finals - Heat 8		
18:37 - 18:47	0:10	Men's Team Pursuit Victory Ceremony		
18:47 - 18:50	0:03	Men's Sprint 1/16 Finals Repechages - Heat 1		
18:50 - 18:53	0:03	Men's Sprint 1/16 Finals Repechages - Heat 2		
18:53 - 18:56	0:03	Men's Sprint 1/16 Finals Repechages - Heat 3		
18:56 - 18:59	0:03	Men's Sprint 1/16 Finals Repechages - Heat 4		

**Day 13** **Thu 5 Aug 2021**

<b>Session CTR04</b>		<b>Start: 15:30 End: 18:50</b>		<b>Izu Velodrome</b>
Time	Duration	Event name		
15:30 - 15:48	0:18	Men's Omnium Scratch Race 1/4		
15:48 - 15:51	0:03	Men's Sprint 1/8 Finals - Heat 1		
15:51 - 15:54	0:03	Men's Sprint 1/8 Finals - Heat 2		
15:54 - 15:57	0:03	Men's Sprint 1/8 Finals - Heat 3		
15:57 - 16:00	0:03	Men's Sprint 1/8 Finals - Heat 4		
16:00 - 16:03	0:03	Men's Sprint 1/8 Finals - Heat 5		
16:03 - 16:06	0:03	Men's Sprint 1/8 Finals - Heat 6		
16:06 - 16:11	0:05	Women's Keirin Quarterfinals - Heat 1		
16:11 - 16:16	0:05	Women's Keirin Quarterfinals - Heat 2		
16:16 - 16:21	0:05	Women's Keirin Quarterfinals - Heat 3		
16:21 - 16:24	0:03	Men's Sprint 1/8 Finals Repechages - Heat 1		
16:24 - 16:27	0:03	Men's Sprint 1/8 Finals Repechages - Heat 2		
16:27 - 16:45	0:18	Men's Omnium Tempo Race 2/4		
16:45 - 16:48	0:03	Men's Sprint Quarterfinals - Heat 1 Race 1		
16:45 - 16:51	0:03	Men's Sprint Quarterfinals - Heat 2 Race 1		
16:48 - 16:54	0:03	Men's Sprint Quarterfinals - Heat 3 Race 1		
16:54 - 16:57	0:03	Men's Sprint Quarterfinals - Heat 4 Race 1		
16:57 - 17:02	0:05	Women's Keirin Semifinals - Heat 1		
17:02 - 17:07	0:05	Women's Keirin Semifinals - Heat 2		
17:07 - 17:25	0:18	Men's Omnium Elimination Race 3/4		
17:25 - 17:28	0:03	Men's Sprint Quarterfinals - Heat 1 Race 2		
17:28 - 17:31	0:03	Men's Sprint Quarterfinals - Heat 2 Race 2		
17:31 - 17:34	0:03	Men's Sprint Quarterfinals - Heat 3 Race 2		
17:34 - 17:37	0:03	Men's Sprint Quarterfinals - Heat 4 Race 2		
17:37 - 17:42	0:05	Women's Keirin Final 7-12		
17:45 - 17:50	0:05	Women's Keirin Final 1-6		
17:50 - 17:53	0:03	Men's Sprint Quarterfinals - Decider		
17:55 - 18:27	0:32	Men's Omnium Points race 4/4		
18:27 - 18:30	0:03	Men's Sprint Race for 5th-8th Places		
18:30 - 18:38	0:08	Women's Keirin Victory Ceremony		
18:38 - 18:46	0:08	Men's Omnium Victory Ceremony		

Day 14		Fri 6 Aug 2021		
Session	CTR05	Start:	15:30	End: 19:15
				Izu Velodrome
Time		Duration	Event name	
15:30	- 16:10	0:40	Women's Sprint Qualifying	
16:10	- 16:13	0:03	Men's Sprint Semifinals - Heat 1 Race 1	
16:13	- 16:16	0:03	Men's Sprint Semifinals - Heat 2 Race 1	
16:16	- 16:19	0:03	Women's Sprint 1/32 Finals - Heat 1	
16:19	- 16:22	0:03	Women's Sprint 1/32 Finals - Heat 2	
16:22	- 16:25	0:03	Women's Sprint 1/32 Finals - Heat 3	
16:25	- 16:28	0:03	Women's Sprint 1/32 Finals - Heat 4	
16:28	- 16:31	0:03	Women's Sprint 1/32 Finals - Heat 5	
16:31	- 16:34	0:03	Women's Sprint 1/32 Finals - Heat 6	
16:34	- 16:37	0:03	Women's Sprint 1/32 Finals - Heat 7	
16:37	- 16:40	0:03	Women's Sprint 1/32 Finals - Heat 8	
16:40	- 16:43	0:03	Women's Sprint 1/32 Finals - Heat 9	
16:43	- 16:46	0:03	Women's Sprint 1/32 Finals - Heat 10	
16:46	- 16:49	0:03	Women's Sprint 1/32 Finals - Heat 11	
16:49	- 16:52	0:03	Women's Sprint 1/32 Finals - Heat 12	
16:52	- 16:55	0:03	Men's Sprint Semifinals - Heat 1 Race 2	
16:55	- 16:58	0:03	Men's Sprint Semifinals - Heat 2 Race 2	
16:58	- 17:01	0:03	Women's Sprint 1/32 Finals Rep. - Heat 1	
17:01	- 17:04	0:03	Women's Sprint 1/32 Finals Rep. - Heat 2	
17:04	- 17:07	0:03	Women's Sprint 1/32 Finals Rep. - Heat 3	
17:07	- 17:10	0:03	Women's Sprint 1/32 Finals Rep. - Heat 4	
17:10	- 17:13	0:03	Men's Sprint Semifinals - Decider	
17:15	- 17:57	0:42	Women's Madison Final	
18:00	- 18:03	0:03	Men's Sprint Finals - Bronze - Race 1	
18:03	- 18:06	0:03	Men's Sprint Finals - Gold - Race 1	
18:06	- 18:09	0:03	Women's Sprint 1/16 Finals - Heat 1	
18:09	- 18:12	0:03	Women's Sprint 1/16 Finals - Heat 2	
18:12	- 18:15	0:03	Women's Sprint 1/16 Finals - Heat 3	
18:15	- 18:18	0:03	Women's Sprint 1/16 Finals - Heat 4	
18:18	- 18:21	0:03	Women's Sprint 1/16 Finals - Heat 5	
18:21	- 18:24	0:03	Women's Sprint 1/16 Finals - Heat 6	
18:24	- 18:27	0:03	Women's Sprint 1/16 Finals - Heat 7	
18:27	- 18:30	0:03	Women's Sprint 1/16 Finals - Heat 8	
18:35	- 18:38	0:03	Men's Sprint Finals - Bronze - Race 2	
18:38	- 18:41	0:03	Men's Sprint Finals - Gold - Race 2	
18:41	- 18:49	0:08	Women's Madison Victory Ceremony	
18:50	- 18:53	0:03	Men's Sprint Finals - Decider	
18:53	- 18:56	0:03	Women's Sprint 1/16 Finals Rep. - Heat 1	
18:56	- 18:59	0:03	Women's Sprint 1/16 Finals Rep. - Heat 2	
18:59	- 19:02	0:03	Women's Sprint 1/16 Finals Rep. - Heat 3	
19:02	- 19:05	0:03	Women's Sprint 1/16 Finals Rep. - Heat 4	
19:05	- 19:13	0:08	Men's Sprint Victory Ceremony	

Day 15		Sat 7 Aug 2021		
Session	CTR06	Start:	15:30	End: 18:25
				Izu Velodrome
Time		Duration	Event name	
15:30	- 15:33	0:03	Women's Sprint 1/8 Finals - Heat 1	
15:33	- 15:36	0:03	Women's Sprint 1/8 Finals - Heat 2	
15:36	- 15:39	0:03	Women's Sprint 1/8 Finals - Heat 3	
15:39	- 15:42	0:03	Women's Sprint 1/8 Finals - Heat 4	
15:42	- 15:45	0:03	Women's Sprint 1/8 Finals - Heat 5	
15:45	- 15:48	0:03	Women's Sprint 1/8 Finals - Heat 6	
15:48	- 15:53	0:05	Men's Keirin First Round - Heat 1	
15:53	- 15:58	0:05	Men's Keirin First Round - Heat 2	
15:58	- 16:03	0:05	Men's Keirin First Round - Heat 3	
16:03	- 16:08	0:05	Men's Keirin First Round - Heat 4	
16:08	- 16:13	0:05	Men's Keirin First Round - Heat 5	
16:13	- 16:16	0:03	Women's Sprint 1/8 Finals Repechages - Heat 1	
16:16	- 16:19	0:03	Women's Sprint 1/8 Finals Repechages - Heat 2	
16:19	- 16:24	0:05	Men's Keirin Repechages - Heat 1	
16:24	- 16:29	0:05	Men's Keirin Repechages - Heat 2	
16:29	- 16:34	0:05	Men's Keirin Repechages - Heat 3	
16:34	- 16:39	0:05	Men's Keirin Repechages - Heat 4	
16:39	- 16:42	0:03	Women's Sprint Quarterfinals - Heat 1 Race 1	
16:42	- 16:45	0:03	Women's Sprint Quarterfinals - Heat 2 Race 1	
16:45	- 16:48	0:03	Women's Sprint Quarterfinals - Heat 3 Race 1	
16:48	- 16:51	0:03	Women's Sprint Quarterfinals - Heat 4 Race 1	
16:55	- 17:55	1:00	Men's Madison Final	
17:55	- 17:58	0:03	Women's Sprint Quarterfinals - Heat 1 Race 2	
17:58	- 18:01	0:03	Women's Sprint Quarterfinals - Heat 2 Race 2	
18:01	- 18:04	0:03	Women's Sprint Quarterfinals - Heat 3 Race 2	
18:04	- 18:07	0:03	Women's Sprint Quarterfinals - Heat 4 Race 2	
18:07	- 18:15	0:08	Men's Madison Victory Ceremony	
18:15	- 18:21	0:06	Women's Sprint Quarterfinals - Decider	

Day 16		Sun 8 Aug 2021		
Session	CTR07	Start:	10:00	End: 13:15
				Izu Velodrome
Time		Duration	Event name	
10:00	- 10:18	0:18	Women's Omnium Scratch Race 1/4	
10:18	- 10:21	0:03	Women's Sprint Semifinals - Heat 1 Race 1	
10:21	- 10:24	0:03	Women's Sprint Semifinals - Heat 2 Race 1	
10:24	- 10:29	0:05	Men's Keirin Quarterfinals - Heat 1	
10:29	- 10:34	0:05	Men's Keirin Quarterfinals - Heat 2	
10:34	- 10:39	0:05	Men's Keirin Quarterfinals - Heat 3	
10:39	- 10:42	0:03	Women's Sprint Semifinals - Heat 1 Race 2	
10:42	- 10:45	0:03	Women's Sprint Semifinals - Heat 2 Race 2	
10:45	- 11:03	0:18	Women's Omnium Tempo Race 2/4	
11:03	- 11:06	0:03	Women's Sprint Semifinals - Decider	
11:06	- 11:09	0:03	Women's Sprint Race for 5th-8th Places	
11:09	- 11:14	0:05	Men's Keirin Semifinals - Heat 1	
11:14	- 11:19	0:05	Men's Keirin Semifinals - Heat 2	
11:20	- 11:23	0:03	Women's Sprint Finals - Bronze - Race 1	
11:23	- 11:26	0:03	Women's Sprint Finals - Gold - Race 1	
11:26	- 11:44	0:18	Women's Omnium Elimination Race 3/4	
11:45	- 11:48	0:03	Women's Sprint Finals - Bronze - Race 2	
11:48	- 11:51	0:03	Women's Sprint Finals - Gold - Race 2	
11:51	- 11:56	0:05	Men's Keirin Final 7-12	
12:00	- 12:05	0:05	Men's Keirin Final 1-6	
12:05	- 12:08	0:03	Women's Sprint Finals - Decider	
12:15	- 12:23	0:08	Men's Keirin Victory ceremony	
12:25	- 12:55	0:30	Women's Omnium Points Race 4/4	
12:55	- 13:03	0:08	Women's Sprint Victory Ceremony	
13:05	- 13:13	0:08	Women's Omnium Victory Ceremony	

Scheduled times for each event are a guide only and may be subject to change. Changes to the competition schedule will be communicated to NOCs through the Sport Information Desk (SID) at Izu Velodrome and the SID at the Cycling Village.



# Cycling Track competition format

The Olympic Cycling Track programme features six (6) events each for men and women, contested separately. The competition format for all events is the same for each gender unless stated otherwise.

## Team Sprint

The Team Sprint event consists of three phases: qualifying, first round and finals. For men the qualifying round is run over three laps by teams of three, who must each lead for one lap of the race. For women it is run over two laps by teams of two, who must each lead for one lap of the race.

The qualifying round determines the eight best teams based on times, and these times are used to set the start lists for the first round. The four winning teams in the first round will qualify for the finals. The teams with the two best times ride the final for gold, and the other two teams compete for bronze.

The four losing teams from the first competition round shall dispute the finals for places 5-8. The teams having made the 5th and 6th fastest time shall ride the final for places 5-6 and the other two teams shall ride the final for places 7-8.

In case of a tie (to the closest one-thousandth of a second), the team with the fastest time over the last lap will be declared the winner.

## Keirin

The Keirin event consists of five stages: first round, first round repechages, quarterfinals, semifinals and finals.

The Keirin is a race in which riders complete a three lap sprint after first riding three laps in a bunch behind a motorcycle pacer in order to progressively reach a specific speed. The pacer starts at 30km/h and gradually increases to 50km/h before leaving the track with three laps remaining.

There are 30 riders in five heats of six riders, with ten athletes (the first two from each heat) qualifying for the quarterfinals. The 20 riders who do not qualify from the first round are divided into four heats of five riders for the first round repechage. The first two of each heat join the other ten riders in the quarterfinals.

In the quarterfinals, the 18 riders are divided into three heats of six each. The first four athletes of each heat proceed to the semifinals.

The 12 riders in the semifinals are divided into two heats of six. The first three athletes of each heat proceed to the final and the six losers compete for places 7-12.

## Sprint

The Sprint competition consists of 10 phases: qualifying, 1/32 finals, 1/32 finals repechages, 1/16 finals, 1/16 finals repechages, 1/8 finals, 1/8 finals repechages, quarterfinals, semifinals and finals.

During the qualifying phase all riders will complete a 200m flying start (time trial after two-and-a-half build-up laps) to determine the fastest 24 riders for the Sprint competition and the seeding order for the 1/32 finals.

From the 1/32 finals onwards it is a head-to-head competition. The winners proceed to the 1/16 finals while losers go to the 1/32 repechages for a second chance to compete in the next phase.

In the 1/16 finals, the winners of the eight heats qualify for the 1/8 finals. The four remaining 1/8 final places will be filled by the winners of the 1/16 repechages.

In the 1/8 finals, the winners of the six heats qualify for the quarterfinals. The two remaining quarterfinal places will be filled by the winners of two 1/8 final repechages which will have three riders each.

From the quarterfinals onwards, two-up matches over two races (with a third deciding race, if necessary) will be held. Winners of the quarterfinals advance to the semifinals while losers ride for places 5-8.

Winners of the semifinals will compete for the gold medal while the losers ride for bronze.

In the case of a tie (to the closest one-thousandth of a second) in the 200m flying start, the riders concerned will be classified according to the best time in the last 100m. If the last 100m time cannot be recorded or if the riders are still tied, the riders concerned will be classified by drawing lots.

## Team Pursuit

The Team Pursuit is raced by men and women over 4000m.

The Team Pursuit will begin with a qualifying round. The eight teams that record the best times in the qualifying rounds will be matched up in the first round as follows:

- heat 1: sixth fastest against seventh fastest
- heat 2: fifth fastest against eighth fastest
- heat 3: second fastest against third fastest
- heat 4: first fastest against fourth fastest

The winners of heats three and four in the first round then race in the final for the gold medal.

The remaining six teams are ranked by times in the first round and paired as follows:

- two fastest teams ride for the bronze medal
- next two fastest teams ride for fifth and sixth places
- last two teams ride for seventh and eighth places

## Omnium

The Omnium is a combined competition in which riders must compete in four races in the following order: scratch race, tempo race, elimination race and points race.

For the first three races, the winner of each race scores 40 points, the second 38, third 36 and so on. Riders start the fourth race (the points race) with all points gained over the first three events. In addition, they have all points accrued in sprints or by taking laps during the points race also considered. The winner of the Omnium is the rider who has accumulated the most points overall.

### Scratch

A bunch race run over 10km for men and 7.5km for women.

### Tempo race

Men cover 10km and women cover 7.5km. The placing is determined according to accumulated points won by riders:

- After the first 4 laps, sprints shall be conducted every lap. The first rider in each sprint shall be awarded 1 point, including for the final sprint.
- Any rider that gains a lap on the main field is awarded 20 points.
- Any rider that loses a lap on the main field is deducted 20 points.

### Elimination race

A bunch race during which the last rider crossing the line at each intermediate sprint (every 2 laps) is eliminated.

### Points race

Men cover 25km and women cover 20km. The final placing is determined according to accumulated points won by riders:

- Sprints occur every 10 laps, with points awarded as follows: five points for first, three points for second, two points for third and one point for fourth. Points awarded in the last sprint after the full distance are doubled (10 points, 6 points, 4 points, 2 points).
- Any rider that gains a lap on the main field will be awarded 20 points.
- Any rider that loses a lap on the main field will have 20 points deducted.

In the event of a tie in the final ranking, the places in the final sprint of the points race shall break the tie.

## Madison

A relay race for teams of two riders compete over 50km (200 laps) for men and 30km (120 laps) for women. While one team member races, the other slows down, recovers and continues to circle above the uppermost blue marking on the track known as the stayer's line.

The riders take turns to join hands and sling their teammate into the race. Teams score points in intermediate sprints held every 10 laps. The first team in each intermediate sprint is awarded 5 points, second 3 points, third 2 points, and fourth 1 point. Final sprints are awarded double points. Teams gain 20 points for taking a lap and are deducted 20 points for losing a lap. The team with the most points accumulated at the finish wins.

# Pre-competition procedures

## Confirmation of starters and licence control

**DATE:** 1 August 2021

**TIME:** 10:00 – 12:00

**LOCATION:** Technical Officials Room, Izu Velodrome

Confirmation of starters and licence control will be held in accordance with the UCI Regulations. Team leaders must confirm all starters and present all licences and racing attire.

## Team leaders' meeting

**DATE:** 1 August 2021

**TIME:** 18:00

**LOCATION:** Athletes' Lounge at the Izu MTB Course, located 0.8km from Izu Velodrome

The team leaders' meeting will be held in accordance with the UCI regulations in the presence of the Commissaire President, the UCI Technical Delegate, the UCI Commissaires, the Tokyo 2020 Cycling Manager, the Tokyo 2020 Track Cycling Manager and Anti-Doping Officers. All team leaders are required to attend. The meeting will provide critical information required for the athletes during competition, including information on regulations, track-centre operations and protocols.

## Distribution of riders' numbers and transponders

**DATE:** 1 August 2021

**TIME:** After the team leaders' meeting

**LOCATION:** Athletes' Lounge at the Izu MTB Course, located 0.8km from Izu Velodrome

A representative from each NOC must attend in order to collect their riders' numbers and transponders.

## Water bottles

Water bottles with a capacity of 500ml will be provided to Track Cycling athletes. Bottles will be distributed to a representative of each NOC after the team leaders' meeting at the Athletes' Lounge at Izu MTB course. Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Tokyo 2020 Olympic Games.

# Competition procedures

## Warm-up

The track will be open for warm-up from two hours before the start and until 10 minutes before the start of each competition session for riders competing in that session only.

## Bike weighing/measuring procedure

All bicycles must conform to the principles and design parameters stated in the UCI Cycling Regulations. For track races, any equipment used at the Olympic Games must have been commercially available – in accordance with article 1.3.006 – at the latest on 1 January of the year of the Olympic Games and may therefore not be in development phase (prototype). In addition, the equipment must have been used in the year preceding the Olympic Games in an event included in the list as defined in the UCI Track Equipment Registration Procedure.

In particular, the commissaires will be measuring and weighing all bicycles used in competition before the riders enter the track. All bicycles must be presented to the commissaires in reasonable time for them to carry out these checks. It should also be noted that further checks may be carried out at any time during and after competition.

## Access to the track

During racing, each team/rider is allowed one coach on the track safety zone. Spectating from the track access gate landings or ramps is not allowed.

## Rider waiting area

All riders must wait in the designated waiting area before their race. All riders are requested to arrive at this area in good time, and to access the track from these seats when directed.

## Accredited/team seating

Same Discipline Athletes seating is available behind the Sports Scientists Platform. All athletes and team officials must wear their accreditation to access these seats.

## Technical filming

If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete or spectator seating areas using non-professional consumer video cameras. Teams may also film during training sessions using non-professional cameras.

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. Any requests for positions outside of this area must be submitted in writing to OBS.

There will be 15 filming positions available on the Sport Scientists Platform, a dedicated platform located in the spectator stands near the home straight. The filming positions must be booked in advance prior to the Games.

# Post-competition procedures

## Leaving the track

All athletes must leave the track from the home straight access gate and follow the exit route through the mixed zone. Athlete chaperones will direct riders through the mixed zone. After each final, medallists will be directed to the victory ceremonies waiting area unless otherwise instructed.

## Doping control

TBC

## Press conferences

TBC

## Victory ceremonies

TBC

# Competition venue

## Izu Velodrome

1826 Oono  
Izu-shi Shizuoka  
Japan

The Izu Velodrome will host the Cycling Track events at Tokyo 2020. The venue is part of an extensive cycling sports park near Shuzenji in Izu City and the gross capacity for Tokyo 2020 competition will be 3600.

The track and all equipment will be presented in accordance with the UCI Cycling Regulations.

## Field of play (FOP)

Characteristics of the track	
Length	250 metres
Width	7.56 metres
Surface	Siberian pine
Bend	45°
Straight	14°

## Venue access

Izu Velodrome will open 60 minutes before official training or pre-competition is scheduled to start and close one hour after competition finishes between 14 July and 8 August 2021.

The TA transport load zone is located on the north side of Izu Velodrome. Tokyo 2020 strongly recommends the use of the TA transport service for travel between the Cycling Village and Izu Velodrome. Athletes travelling in VAPP-accredited vehicles can be dropped off at the spectator bus zone 90 minutes (TBC) before the race starts. VAPP-accredited vehicles can pick up athletes from the same area 60 minutes (TBC) after competition finishes.

Outside of this period, athletes travelling in VAPP-accredited vehicles can only be dropped off at the team vehicle parking area located 500 metres from Izu Velodrome. Please note that parking for VAPP-accredited vehicles is located separately to the team vehicle parking area.

VAPP-accredited vehicles can also use the spectator bus zone at Izu Velodrome to load and unload their equipment. The spectator bus zone is located outside of Izu Velodrome, a short walking distance from the north-west entrance of Izu Velodrome. Signs will direct athletes from the spectator bus zone to the north-west entrance.

Athletes and team officials who do not use TA services to travel to Izu Velodrome must pass through the Pedestrian Screening Area (PSA) before entering the venue.

## Venue transport

Regular TA transport services will be provided for athletes travelling between the Cycling Village and Izu Velodrome. The schedule of TA transport services will be available at the Sport Information Desk (SID) at the Cycling Village and at the venue SID at Izu Velodrome.

Every NOC will be responsible for its equipment and riders' safety in case any athlete decides to ride the route between the Cycling Village and the Velodrome. Riders should not ride to and from the venue on 26 July and 27 July 2021 because the venue access will have special traffic arrangements in place for spectators attending the Mountain Bike competition.

## Venue facilities and services

### Athletes' Lounge

The Athletes' Lounge is located on the first basement floor (B1). The lounge will be equipped with chairs, tables, sofas and a television displaying the live OBS competition feed. A refreshment station serving whole fruits, cold snacks, Coca-Cola drinks and hot drinks will be available for athletes and team officials. The Athletes' Lounge will be open from 09:00 between 14 July to 7 August 2021, and from 08:00 on 8 August 2021. The lounge will close 30 minutes after competition or training is completed.

### Sport Information Desk (SID)

The SID at Izu Velodrome is located in the field of play, next to the Finish Judge Podium. On competition days the SID will be open from 09:00 until 30 minutes after competition concludes.

### Changing rooms and showers

Separate changing rooms for men and women with toilet and shower facilities are located on the first basement floor (B1), on a different floor to the field of play. The changing rooms will contain ice freezers.

### Food and beverage

Athlete Venue Meals (AVMs) in the form of cold packed meals will be available in the Athletes' Lounge at Izu Velodrome for athletes and team officials who spend more than four hours out of the Cycling Village for competition or official training. AVMs must be ordered at the Sport Information Desk (SID) at the Cycling Village by 10:00 two days before the competition or official training day. In principle, AVMs will be available from 14 July until 8 August 2021. The AVMs will be delivered to the Athletes' Lounge. AVMs will include items such as sandwiches, salads, pieces of fruit, dessert, and yoghurt. A vegetarian option will also be available, but it must be requested at the time of ordering.

### Bike maintenance and repair

Shimano Neutral Service will be available at no charge for competing athletes on all training and competition days. The repair area is located on the same floor as the field of play.

### Doping control station

The doping control station is located on the first basement floor (B1), outside of the velodrome.

### Medical services

In addition to the field of play medical post, the athletes' medical station at Izu Velodrome is located outside of the velodrome, next to the athletes' entrance. The Tokyo 2020 athlete medical team will provide services such as first aid, emergency care, sports medicine and physical therapy services to athletes, team officials and technical officials. The medical team will consist of at least one doctor and one physiotherapist, and nurses. Ambulances will also be stationed at Izu Velodrome during medical services operational hours. Each ambulance is staffed with a crew of three trained medical personnel.

### Team cabins

Storage containers for bikes and equipment will be allocated to teams according to the numbers of riders entered for each team. The containers are located outside of Izu Velodrome near the athletes' entrance to Izu Velodrome. Each container is equipped with power and air conditioning. The area containing the storage containers will be guarded by security 24 hours a day. On arrival at Izu Velodrome, teams should report to Tokyo 2020 competition management to collect their cabin key. All keys must be signed for upon collection; NOCs will be charged USD 100 for each unreturned key. Teams may only use the cabin(s) that has been allocated to them.



## **Team pens**

Each team will be allocated a box within the track centre, the size of which will be determined by the number of riders entered for each team. Team pens will be equipped with chairs and a 100V power socket. Power sockets in Japan require a two-pin A-type plugs that have identical sized parallel prongs. No third earth pin is provided on this type of outlet. Kettles and fans will not be allowed in team pens in order to avoid power outages.

## **Rollers and bike racks**

A limited number of rollers and bike racks will be available for teams to use on loan if required. The rollers and bike racks will be available from sport equipment storage. Rollers should be used in the warm-up area and removed from this area after use. NOCs will be charged USD 200 for any equipment that is not returned or is returned in a badly damaged condition.

## **Sport Scientists Platform**

There will be 15 filming positions available on the Sport Scientists Platform, a dedicated platform located in the spectator stands, near the home straight. The filming positions must be booked in advance through NOC Services prior to the Games. One team member per NOC will be allowed to access the platform for filming. Blue Zone and SACD accreditation are required to access this area. LAN cabled internet will be available through the Rate Card programme.

# Training

## Izu Velodrome

1826 Oono  
Izu-shi Shizuoka  
Japan

Training for the Cycling Track competition will also take place at Izu Velodrome, which will be open for training from Wednesday 14 July to Sunday 8 August 2021.

## Training sessions

Between 14 July and 18 July 2021, training at Izu Velodrome will only be possible for NOCs and teams who have made advance reservations with Tokyo 2020 Cycling Track competition management by emailing [cycling-track@tokyo2020.jp](mailto:cycling-track@tokyo2020.jp) before 31 March 2021. Allocated training sessions will be communicated to NOCs by email. Teams with advance reservations will be allocated a training session of up to two hours between 10:00 and 18:00. NOCs will be able to book more than one slot per day if there are no requests from other NOCs. However, if Tokyo 2020 receive requests from multiple NOCs, NOCs will be required to share their training session.

From 19 July to 1 August 2021, Izu Velodrome will be open for scheduled training every day. During this period, teams will be allocated daily training sessions and divided into two-hours slots between 09:00 and 19:00, except on 23 July 2021, the day of the Opening Ceremony, when training will end at 13:30 and session times will be adjusted accordingly. Training slots will be shared with other NOCs based on the size of each team, with sessions allocated on a strict rotational basis. Several teams will share the track during each session.

On competition days (2 to 7 August 2021) the track will be available for training from 9:00 to 13:30, when teams will be allocated sessions on a strict rotational basis. After this period, the track will open two hours before competition starts and close 10 minutes before the start of the race to allow athletes competing that day to warm-up.

On 8 August 2021 there will be no training sessions. Instead there will be warm-up session from 08:00 to 09:50 for athletes who are competing that day.

Please note that training times and dates are subject to change due to ongoing conversations between UCI and the NOCs. Any updates to the schedule will be communicated to the NOCs via the Sport Information Desk (SID) at the Cycling Village and the venue SID at Izu Velodrome.

## Training schedule

Training allocations for the reservation-only period will be communicated directly to NOCs by Tokyo 2020 competition management via email on 31 March 2021.

IZU VELODROME TRAINING SCHEDULE		
DATE	TIME	NOTES
14 – 18 July 2021	10:00 - 18:00	By advance reservation
19 – 22 July 2021	09:00 - 19:00	Scheduled training
23 July (Opening Ceremony)	09:00 - 13:30	Scheduled training
24 July – 1 August 2021	09:00 - 19:00	Scheduled training
2 – 7 August 2021	09:00 - 13:30	Scheduled training
	13:30 - 15:20	Warm-up for riders competing in same-day session
8 August 2021	08:00 - 09:50	Warm-up for riders competing in same-day session

# 7

## Directory

### The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020)

Tokyo won the right to stage the Games of the XXXII Olympiad on 7 September 2013. The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020) is a private, not-for-profit sports association that was officially formed on 24 January 2014. Spearheaded by former prime minister of Japan, Yoshiro Mori, as president, the organising committee is composed of members from various organisations including the Japanese Olympic Committee (JOC), Japanese Paralympic Committee (JPC), Tokyo Metropolitan Government (TMG) and the national government of Japan.

Tokyo 2020 was assigned its mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Japanese law.

Tokyo 2020 works in cooperation with Olympic and Paralympic Worldwide Partners, Gold Partners, Official Partners and Official Supporters.

#### Tokyo 2020

Harumi Triton Square  
1-8-11 Harumi  
Chuo-ku 104-0053 Tokyo  
Japan

Tel: +81-(0)570-09-2020 (general enquiries)

Online enquiries: [https://enquiry.tokyo2020.org/CPR\\_Enquiry](https://enquiry.tokyo2020.org/CPR_Enquiry)

URL: <https://tokyo2020.org>

**President:**  
MORI Yoshiro

**Chief Executive Officer:**  
MUTO Toshiro

**Chief Operations Officer:**  
NUNOMURA Yukihiko

**Games Delivery Officer:**  
NAKAMURA Hidemasa

**Sports Director:**  
KOTANI Mikako

**Olympic & Paralympic Village Director:**  
YASHIMA Kazuhiko

**NOC/NPC Relations & Services Director:**  
KOBAYASHI Toru  
email: [noc.svc@tokyo2020.jp](mailto:noc.svc@tokyo2020.jp)

**Cycling Sport Manager:**  
KATAYAMA Ukyo  
email: [ukyo.katayama@tokyo2020.jp](mailto:ukyo.katayama@tokyo2020.jp)

# International Olympic Committee (IOC)

The International Olympic Committee was created on 23 June 1894. Less than two years later, on 6 April 1896, the first Olympic Games of the modern era opened in Athens, and the Olympic Movement has not stopped growing ever since. The Olympic Movement encompasses organisations, athletes and other persons who agree to be guided by the principles of the Olympic Charter. The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport practised without discrimination of any kind, in a spirit of friendship, solidarity and fair play.

## International Olympic Committee

Chateau de Vidy  
CH-1007 Lausanne  
Switzerland  
Tel: +41 21 621 6111  
Fax: +41 21 621 6216  
URL: [www.olympic.org](http://www.olympic.org)

**President:**  
Thomas BACH

**Chairman of the Coordination  
Commission for the Games of  
the XXXII Olympiad:**  
John COATES

**Olympic Games Executive  
Director:**  
Christophe DUBI

**Sports Director:**  
Kit McCONNELL

**NOC Relations Director:**  
James MACLEOD

# Union Cycliste Internationale (UCI)

The Union Cycliste Internationale was founded in Paris in 1900 and is the international governing body for all Cycling sports, counting with 194 national federations. The UCI administers and promotes all nine Cycling disciplines, including the Olympic disciplines of BMX, Mountain Bike, Road and Track, with a mission to develop and promote Cycling at all levels, including competitive racing, healthy recreation and a means of transport.

## Union Cycliste Internationale

Chemin de la Mêlée 12  
CH-1860 Aigle  
Switzerland  
Tel: +41 24 468 5811  
Fax: +41 24 468 5812  
email: [admin@uci.ch](mailto:admin@uci.ch)  
URL: [www.uci.ch](http://www.uci.ch)

**President:**  
David LAPPARTIENT

**Vice President:**  
Dr Mohamed Wagih AZZAM

**Vice President:**  
Renato DI ROCCO

**Vice President:**  
José Manuel PELAEZ

# Japan Cycling Federation (JCF)

In 1995 the former amateur and professional cycling federations in Japan merged to form the Japan Cycling Federation (JCF). The JCF promote bicycle sport by holding All Japan Championships and sending representative teams abroad to international competitions. The JCF is a member of the Japan Olympic Committee (JOC) and has been represented by Japanese athletes since the Helsinki 1952 Olympic Games.

## Japan Cycling Federation

Bicycle Comprehensive Building 5F  
3-3-1 Kamiosaki  
Shinagawa-ku Tokyo  
Japan  
Tel: +81 3 6277 2690  
Fax: +81 3 6277 2691  
email: [info@jcf.or.jp](mailto:info@jcf.or.jp)  
URL: <https://jcf.or.jp>

**President:**  
SAKUMA Shigemitsu

**1st Vice President:**  
HAYASHI Tatsuo



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